

# Improv for PD

*Northwestern Medicine, in partnership with  
The Second City, is happy to bring you Improv for PD.*

**Next Session: Spring 2021**

**Location: Zoom**

**Cost: \$10/class; \$80 for all 8 sessions**

Join us for our improvisational group for persons with Parkinson's and their care partners. You don't have to be a professional performer or comedian to learn improv games and have fun!

In this class, you will learn improvisational theatre exercises that benefit emotional, physical, and spiritual wellbeing. We hope that participants find their stress levels decreased and their laugh life increased!

Please contact Erin at [erin.cecchi@nm.org](mailto:erin.cecchi@nm.org), if you are  
interested in joining.

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