



# Monday Morning Life/Career Development Discussion Series

## Overcoming Obstacles You Didn't Expect and Discovering Possibilities You Never Imagined

### January 2023 Topic Schedule:

**A five-part series on implementing your mission.**

<b>Jan. 2</b> <b>Focus</b>	<b>Target Your Attention to Maximize Impact</b> With limited time, energy, and attention, it is critical to focus your efforts where they matter most. Discover tools to help you focus!
<b>Jan. 9</b> <b>Group Support</b>	<b>Build Your Personal Brain Trust</b> Mastermind group, success team, or brain trust – whatever you call it – you need a small group of trusted “others” to keep you on course and help advance your mission.
<b>Jan. 16</b> <b>Habits</b>	<b>The Power of Rituals</b> First, we build habits. Then our habits build us. Learn how to structure habits to drive powerful results!
<b>Jan. 23</b> <b>Networks</b>	<b>Build Your Professional Network</b> Learn how to nurture and maintain a powerful career network by connecting with people who can build bridges to new opportunities.
<b>Jan. 30</b> <b>Act Now</b>	<b>Make It Real</b> Share how you will implement the lessons learned this month to advance your career mission.

**Day:** Every Monday morning – (holidays excepted)

**Time:**

- 8:20 a.m. Login
- 8:30 a.m. Fishing Lines (Introductions)
- 9:00 a.m. Topic and Discussion
- 10:00 a.m. Check-ins
- 10:30 a.m. Close

**Location:** **ONLINE:** Find the Zoom link on our website at [encoreneo.org](http://encoreneo.org)