Fifth Sunday after Pentecost
June 28, 2026 – 10:00am
Holy Eucharist - Combined Worship in the Great Hall
This worship service is livestreamed and published on social media.

Prelude

The Star Spangled Banner Hymnal #720 (vs. 1)

O say can you see, by the dawn's early light,
what so proudly we hailed at the twilight's last gleaming,
whose broad stripes and bright stars,
through the perilous fight,
o'er the ramparts we watched,
were so gallantly streaming?
And the rockets' red glare, the bombs bursting in air,
gave proof through the night that our flag was still there.
O say does that star-spangled banner yet wave
o'er the land of the free and the home of the brave?

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Opening Hymn

Love divine all loves excelling Hymnal #657

Love divine, all loves excelling,
joy of heaven, to earth come down,
fix in us thy humble dwelling,
all thy faithful mercies crown.
Jesus, thou art all compassion,
pure, unbounded love thou art;
visit us with thy salvation,
enter every trembling heart.

Come, almighty to deliver,
let us all thy life receive;
suddenly return, and never,
nevermore thy temples leave.
Thee we would be alway blessing,
serve thee as thy hosts above,
pray, and praise thee without ceasing,
glory in thy perfect love.

Finish then thy new creation;
pure and spotless let us be;
let us see thy great salvation
perfectly restored in thee:
changed from glory into glory,
till in heaven we take our place,
till we cast our crowns before thee,
lost in wonder, love, and praise.

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Opening Acclamation BCP 355

Celebrant: Blessed be God: Father, Son, and Holy Spirit.

All: And blessed be God's kingdom, now and for ever. Amen.

All: Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

During the hymn, young children follow the crucifer to Children's Chapel.

Hymn of Praise

Morning has broken Hymnal #8

Morning has broken like the first morning,
blackbird has spoken like the first bird.
Praise for the singing! Praise for the morning!
Praise for them, springing fresh from the Word!

Sweet the rain's new fall sunlit from heaven,
like the first dewfall on the first grass.
Praise for the sweetness of the wet garden,
sprung in completeness where his feet pass.

Mine is the sunlight! Mine is the morning
born of the one light Eden saw play!
Praise with elation, praise every morning,
God's re-creation of the new day!

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The Liturgy of the Word

Celebrant: The Lord be with you.

All: And also with you.

Celebrant: Let us pray.

Collect

O God, you have taught us to keep all your commandments by loving you and our neighbor: Grant us the grace of your Holy Spirit, that we may be devoted to you with our whole heart, and united to one another with pure affection; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

First Reading: Zechariah 9:9-12

Rejoice greatly, O daughter Zion!
Shout aloud, O daughter Jerusalem!
Lo, your king comes to you;
triumphant and victorious is he,
humble and riding on a donkey,
on a colt, the foal of a donkey.
He will cut off the chariot from Ephraim
and the war horse from Jerusalem;
and the battle bow shall be cut off,
and he shall command peace to the nations;
his dominion shall be from sea to sea,
and from the River to the ends of the earth.

As for you also, because of the blood of my covenant with you,
I will set your prisoners free from the waterless pit.
Return to your stronghold, O prisoners of hope;
today I declare that I will restore to you double.

Lector: Hear what the Spirit is saying to God's people.
All: Thanks be to God.

Psalm 145:8-15

8 The Lord is gracious and full of compassion, *
slow to anger and of great kindness.
9 The Lord is loving to everyone *
and his compassion is over all his works.
10 All your works praise you, O Lord, *
and your faithful servants bless you.
11 They make known the glory of your kingdom *
and speak of your power;
12 That the peoples may know of your power *
and the glorious splendor of your kingdom.
13 Your kingdom is an everlasting kingdom; *
your dominion endures throughout all ages.
14 The Lord is faithful in all his words *
and merciful in all his deeds.
15 The Lord upholds all those who fall; *
he lifts up those who are bowed down.

Second Reading: Romans 7:15-25a

I do not understand my own actions. For I do not do what I want, but I do the very thing I hate. Now if I do what I do not want, I agree that the law is good. But in fact it is no longer I that do it, but sin that dwells within me. For I know that nothing good dwells within me, that is, in my flesh. I can will what is right, but I cannot do it. For I do not do the good I want, but the evil I do not want is what I do. Now if I do what I do not want, it is no longer I that do it, but sin that dwells within me.

So I find it to be a law that when I want to do what is good, evil lies close at hand. For I delight in the law of God in my inmost self, but I see in my members another law at war with the law of my mind, making me captive to the law of sin that dwells in my members. Wretched man that I am! Who will rescue me from this body of death? Thanks be to God through Jesus Christ our Lord!

Lector: Hear what the Spirit is saying to God's people.
All: Thanks be to God.

Sequence Hymn

Lord of all hopefulness Hymnal 482 (vs. 1, 3, 4)

Lord of all hopefulness, Lord of all joy,
whose trust, ever childlike, no care could destroy,
be there at our waking, and give us, we pray,
your bliss in our hearts, Lord, at the break of the day.

Lord of all kindliness, Lord of all grace,
your hands swift to welcome, your arms to embrace,
be there at our homing, and give us, we pray,
your love in our hearts, Lord, at the eve of the day.

Lord of all gentleness, Lord of all calm,
whose voice is contentment, whose presence is balm,
be there at our sleeping, and give us, we pray,
your peace in our hearts, Lord, at the end of the day.

Words: Jan Struther. Music: trad. Irish melody; adapt. The Church Hymnary 1927; harm. ©1982 The Hymnal. OneLicense Song #80443.

The Gospel

Celebrant: The Holy Gospel of our Lord Jesus Christ, according to Matthew.
All: Glory to you, Lord Christ.

The Gospel: Matthew 11:16-19, 25-30
Jesus said to the crowd, "To what will I compare this generation? It is like children sitting in the marketplaces and calling to one another,

'We played the flute for you, and you did not dance; we wailed, and you did not mourn.'

For John came neither eating nor drinking, and they say, 'He has a demon'; the Son of Man came eating and drinking, and they say, 'Look, a glutton and a drunkard, a friend of tax collectors and sinners!' Yet wisdom is vindicated by her deeds."

At that time Jesus said, "I thank you, Father, Lord of heaven and earth, because you have hidden these things from the wise and the intelligent and have revealed them to infants; yes, Father, for such was your gracious will. All things have been handed over to me by my Father; and no one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom the Son chooses to reveal him.

"Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light."

Celebrant: The Gospel of the Lord.
All: Praise to you, Lord Christ.

Sermon The Rev. Mimi Lacey

The Nicene Creed BCP 358

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

Prayers of the People, Form I BCP 383

Leader: With all our heart and with all our mind, let us pray to the Lord, saying, "Lord, have mercy."

For the peace from above, for the loving-kindness of God, and for the salvation of our souls, let us pray to the Lord.
Lord, have mercy.

For the peace of the world, for the welfare of the holy Church of God, and for the unity of all peoples, let us pray to the Lord.
Lord, have mercy.

For Sarah, the Archbishop of Canterbury, Sean, our presiding bishop, Susan our bishop, for Nelson, our priest, let us pray to the Lord.
Lord, have mercy.

For our president Donald, our Congress, our governor Abigail, our mayors Bobby & Kenny, for the leaders of all nations, and for all in authority, let us pray to the Lord.
Lord, have mercy.

For this city of Virginia Beach, for every city and community, and for all those who live in them, let us pray to the Lord.
Lord, have mercy.

For the good earth, which God has given us, and for the wisdom and will to conserve it, let us pray to the Lord.
Lord, have mercy.

For the aged and infirm, for the widowed and orphans, and for the sick and suffering, let us pray to the Lord.
Lord, have mercy.

Give your heavenly grace to those whose lives have been diminished by attitudes and actions of racial and ethnic discrimination, and grant to your people courage to repair the breach which exists between peoples, that we may truly live into the dream of becoming beloved community.

For the poor and the oppressed, for the unemployed and the destitute, for prisoners and captives, and for all who remember and care for them, let us pray to the Lord.
Lord, have mercy.

For all who have died in the hope of the resurrection, and for all the departed, let us pray to the Lord.
Lord, have mercy.

For deliverance from all danger, violence, oppressions, and degradation, let us pray to the Lord.
Lord, have mercy.

For the special needs and concerns of this congregation including those on our prayer list. Your prayers and intercessions are invited silently or aloud.
Silence
Let us pray to the Lord.
Lord, have mercy.

For the absolution and remission of our sins and offenses, let us pray to the Lord.
Lord, have mercy.

That we may end our lives in faith and hope, without suffering and without reproach, let us pray to the Lord.
Lord, have mercy.

Defend us, deliver us, and in thy compassion protect us. O Lord by thy grace.
Lord, have mercy.

In the communion of all the saints, let us commend ourselves, and one another, and all our life, to Christ, our God.
To thee, O Lord, our God.

Celebrant: O Lord our God, accept the fervent prayers of your people; in the multitude of your mercies, look with compassion upon us and all who turn to you for help; for you are gracious, O lover of souls, and to you we give glory, Father, Son, and Holy Spirit, now and for ever. **Amen.**

Celebrant: Let us confess our sins against God and our neighbor.

All: Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

Celebrant: Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

The Peace

Celebrant: The peace of the Lord be always with you.
All: And also with you.

The Holy Communion

Offertory Anthem *Praise the Lord* St. Cecilia Choir

Doxology Hymnal #380 (vs. 3)
Praise God, from whom all blessings flow;
praise Him, all creatures here below;
praise Him above, ye heav'nly host:
praise Father, Son, and Holy Ghost.
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Eucharist Prayer C BCP 369

Celebrant: The Lord be with you.
All: And also with you.

Celebrant: Lift up your hearts.
All: We lift them to the Lord.

Celebrant: Let us give thanks to the Lord our God.
All: It is right to give God thanks and praise.

God of all power, Ruler of the Universe, you are worthy of glory and praise.
Glory to you for ever and ever.

At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.
By your will they were created and have their being.

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.
Have mercy, Lord, for we are sinners in your sight.

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.
By his blood, he reconciled us.
By his wounds, we are healed.

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

Sanctus – (Gathering Version)
Holy, Holy, Holy, Lord
God of power, of power and might.
Heaven and earth are full of your glory.
Holy, Holy, Holy Lord.
God of power, of power and might.
Heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
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And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,
We celebrate his death and resurrection,
as we await the day of his coming.

Lord God of our Fathers: God of Abraham, Isaac, and Jacob; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.
Risen Lord, be known to us in the breaking of the Bread.

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. **AMEN.**

And now, as our Savior Christ has taught us, we are bold to say:

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

The Breaking of the Bread
Celebrant: Alleluia. Christ our Passover is sacrificed for us;
All: Therefore let us keep the feast. Alleluia.

Celebrant: The gifts of God for the people of God. Take them in remembrance that Christ died for you and feed on him in your hearts by faith with thanksgiving.

Communion Hymns
Turn Back, O Man
Turn back, O man, forswear thy foolish ways.
Old now is earth, and none may count her days,
Yet thou, her child, whose head is crowned with flame,
Still wilt not hear thine inner God proclaim,
"Turn back, O man, forswear they foolish ways."

Earth might be fair, and all men glad and wise.
Age after age their tragic empires rise,
Built while they dream, and in that dreaming weep:
Would man but wake from out his haunted sleep,
Earth might be fair, and all men glad and wise.

Earth shall be fair, and all her people one:
Nor till that hour shall God's whole will be done.
Now, even now, once more from earth to sky
Peals forth in joy man's old, undaunted cry,
"Earth shall be fair, and all her folk be one!"
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What a Friend I've Found
What a Friend I've found, closer than a brother;
I have felt Your touch, more intimate than lovers.

Refrain: Jesus, Jesus, Jesus, Friend forever.

What a hope I've found, more faithful than a mother.
It would break my heart
to ever lose each other. *Refrain x2*
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The Post Communion Prayer BCP 365
Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. **Amen.**

Blessing
Celebrant: The peace of God, which passes all understanding keep your hearts and minds in the knowledge and love of God, and of his Son, Jesus Christ our Lord. And the blessing of the God Almighty, the Father, the Son, and the Holy Spirit, be with you now and remain with you always. **Amen.**

Closing Hymn

Blessed Assurance LEVAS #184

Blessed assurance, Jesus is mine!
O what a foretaste of glory divine!
Heir of salvation, purchase of God,
Born of His spirit, washed in His blood.

Refrain: This is my story, this is my song,
praising my savior all the day long;
this is my story, this is my song,
praising my savior all the day long.

Perfect submission, perfect delight,
Visions of rapture now burst on my sight;
Angels descending, bring from above
Echoes of mercy, whispers of love. *Refrain*

Perfect submission, all is at rest,
I in my savior am happy and blest;
Watching and waiting, looking above,
Filled with His goodness, lost in His love. *Refrain*

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Dismissal

Celebrant: Alleluia. Alleluia. Let us bless the Lord.
All: Thanks be to God. Alleluia. Alleluia.

Postlude *This Land Is Your Land* Gathering Band