



MCA Athletic Summer Camps and Activities Update

The MCA Athletic Department is working diligently to provide accurate and up to date communications to you regarding plans for this summer's camps and activities. Our desire is to confidently communicate information without creating more questions than answers. As you can well imagine, it has been challenging to navigate the daily information received from the numerous entities below that dictate how and when we make decisions. At this point, we are making plans to offer camps and activities contingent upon any guidelines or limitations as directed by Governor Stitt's and Mayor Bynum's offices, as well as, any developing guidelines from the CDC and the TCHD that we would be following beginning June 1st. We also have to incorporate recommendations from the Oklahoma Secondary Schools Activities Association (OSSAA) and the National Federation of High School Sports (NFHS) Sports Medicine Advisory Committee (SMAC), which include a Phase 1,2 and 3 approach to safely begin the process that will hopefully lead to cautious but unrestricted athletic participation when school begins in August. While we continue to work on the protocols and procedures for conducting camps and activities, we would like to give you some preparedness information and some anticipated dates for the beginning of our camps and related activities.

May 27th - June 7th No camps, tryouts or strength and conditioning allowed.

June 8th Strength/Speed/Agility camps begin.

June 11th School-wide physicals will be held at Tulsa ER and Hospital (Tulsa Hills). Appointments will be made via Sign-up Genius.

June 12th MS/HS Volleyball Tryouts

June 15th Individual sports camps begin.

Look for our fully revised camp offerings, protocols, and details regarding the above dates to be published by June 2nd on mcapatriots.com under the "Links" tab.