

# Baby Mirror Activity



1  
Infant  
6 weeks - 2 years

Having different types of mirrors will allow infants and toddlers to explore face expressions and socialize with their own reflections as well as explore the different emotions with guides of photographs.

## Learning Outcomes

### Domain:

Emotional

### Indicator:

Mirroring adult actions.

### Skills:

Responding

Responding with facial expressions and noises.



## Materials

- Mirrors of various sizes and for various levels of development.
- Photographs of face expressions
- Family photographs of infants in class



## Instructions

**Step 1:** Have various types of mirrors available to infants and toddlers for various areas of development. Some can be handheld, some can be part of tummy time mats, some can be inside of books, and some can be on the wall close to the floor that they can climb up to.

**Step 2:** Have photographs of family members near the wall mirror as well as photographs of different babies making different faces. (Bonus if you can use photos of the infants in your class with the different expressions!)

**Step 3:** Sit with the infant in your lap as you both face the mirror. Make different expressions and see if the infant reacts. Sing songs, say rhymes, play peek-a-boo, etc. to get them used to using the mirror.

**Step 4:** Point to the different expressions on the wall and then say the emotion as you make the face. (i.e.- point to "angry" photo, say the word "angry," and then make a face in the mirror that looks angry. Repeat this with different emotions.

## Playful Questions

- What parts of my face are being covered when I play peek-a-boo?
- What makes me giggle?
- What animals like to hide?
- Where is my favorite hiding place?
- What games do I love to play?



