**Safe Bird Food**

Materials Needed: Store bought refrigerator rolls, bird seed, yarn (or string or ribbon). Have the children make a hole in the middle of the UNCOOKED refrigerator roll. They should then press the roll (both sides) into the birdseed.

Place them on a cookie sheet and bake as directed.

When done, tie a ribbon, string, or piece of yarn through the hole! They've now made a bird feeder that is safe for the birds.

Many activities still call for peanut butter to be used to make bird feeders. We don't use peanut butter or peanuts at all in the classroom for several reasons:

1. There are high incidents of preschoolers developing peanut allergies during these years.
2. The birdseed itself is made from crushed peanut shells.
3. It has been reported that peanut butter is a difficult texture for birds (especially baby birds) to swallow and to digest