



## UPDATED HALF MARATHON WAVE START SCHEDULE

Due to the current county regulations and structures in place from the recent Long Beach Grand Prix weekend, the schedule for the half marathon will be adjusted to allow for a more controlled start line.

The first wave of the half marathon will be released at **7:00 am**. **ELITE and COMPETITIVE RUNNERS** should plan to arrive early to enter the first wave. The start corral for Wave 1 will open at 6:30am. Elite and competitive runners can access via Linden Ave. Once the corral fills up, it will close.

Runners can then enter the second corral that will load in at Linden Ave. After the second wave is released at 7:10 am, the next wave will follow. A third wave will be released at 7:20am. At 7:30am, the start line will then move to an "Open Start Line" meaning that runners can enter the start line area on their own and start their race beginning at 7:30am. The start line will stay open until 7:50am.

**We strongly urge all runners to practice runner etiquette and seed themselves based on their projected finish times and pace.** Long Beach Marathon has a competitive division, and the cooperation of all runners will ensure the changes to the start line will run smoothly.

WAVE	WAVE START TIME	DESCRIPTION
<b>Wave 1 (Competitive Wave)</b>	<b>7:00 am</b>	For elite and competitive runners only. Corral will open at 6:30am and will close promptly at 6:50am. Please enter the start chute at Linden Avenue and be in place by 6:50am to ensure your start in Wave 1.
<b>Wave 2</b>	<b>7:10 am</b>	This wave will be held until 7:10am at which point the wave will be released. Plan to enter the start chute at Linden Avenue by 7:00am to start in Wave 2.
<b>Wave 3</b>	<b>7:20 am</b>	This wave will be held until 7:20am at which point the wave will be released. Plan to enter the start chute at Linden Avenue by 7:10am to start in Wave 3.
<b>Open Start</b>	<b>7:30 am</b>	The start line will revert to a rolling start. You can start the race at any time from 7:30am – 7:50am.