

## Basic Human Rights

1. All individuals have the right to learn what their rights are.
2. All individuals have the right to exercise their rights.
3. All individuals have the right to accept or refuse services.
4. All individuals have the right to decline or participate in research.
5. All individuals have the right to be free from abuse, neglect, or mistreatment.
6. All individuals have the right to be free of unnecessary drugs.
7. All individuals have the right to attractive, age-appropriate, and seasonally appropriate attire that is individually owned.
8. All individuals have the right to select doctors and therapists of choice.
9. All individuals have the right to choose where and with whom to live.
10. All individuals have the right to move to a new home if they are dissatisfied.
11. All individuals have the right to associate with friends and family of choice.
12. All individuals have the right to send and receive personal mail.
13. All individuals have the right to make and receive personal phone calls.
14. All individuals have the right to manage funds.
15. All individuals have the right to file a complaint and receive an appropriate response to it.
16. All individuals have the right to fully participate in developing their Individual Support Plans.
17. All individuals have the right to religious practice, or to choose not to participate.
18. All individuals have the right to receive results from exams, evaluations, and treatments.
19. All individuals have the right to vote.
20. All individuals have the right to privacy.

21. All individuals have the right to be free of the use of physical restraint, unless an incident that results in substantial risk of physical harm to self or others, or actual physical harm to self or others, occurs. All individuals who are physically restrained in an emergency situation have the right to the least intrusive intervention utilized to protect self and others. They also have the right to communicate after the incident about how they feel about it, and to have the incident appropriately documented and reviewed by the agency's Human Rights Committee and the Department of Developmental Services as a safeguard.
22. All individuals have the right to be free of chemical and mechanical restraint under all circumstances.
23. All individuals have the right to be free of seclusion.
24. All individuals have the right to change their minds regarding decisions made.
25. All individuals have the right to be paid for work performed at a wage that is traditional for the work performed.
26. All individuals who have been evaluated by the appropriate professionals to be unable to make informed decisions have the right to have the probate court assign the least restrictive form of guardianship necessary to assist with decision making. All individuals under guardianship have the right to be consulted by their guardian before decisions are made.