

ANNAPOLIS **STRIDERS**

A stylized yellow silhouette of a runner in mid-stride, positioned to the right of the main title text.

**ANNUAL REPORT
2025**

Annapolis Striders, Inc.

www.annapolisstriders.org

P.O. Box 187
Annapolis, MD 21404

TABLE OF CONTENTS

PRESIDENT'S MESSAGE	3
TREASURER'S REPORT	4
ADMINISTRATION	5
NOMINATION AND BOARD DEVELOPMENT	6
TRAINING PROGRAMS	7
RACES	8
ANNAPOLIS 10 MILE RUN	10
B&A TRAIL MARATHON & HALF MARATHON	12
FINANCE COMMITTEE	13
CHARITABLE CONTRIBUTIONS	14
THE STREAK	15
SOCIAL COMMITTEE	16
NON-STRIDERS RACE SUPPORT	17

PRESIDENT'S MESSAGE

A Year of Growth, Continued Improvement, and Renewed Energy

As we close out 2025, I want to take a moment to reflect on what has been a year of growth, transition, and renewed energy for the Annapolis Striders. Our club has shown what a dedicated, resilient, and community-driven organization can accomplish.

I was humbled and honored to be asked to step into the role of president in April 2025, following three years of steady guidance from Casey Rayburg. I'm grateful for the support I've received from our board, race directors, volunteers, and members as we've worked together to strengthen our operations and explore new ideas.

We launched three new special committees—Race Improvement, Membership Enhancement, and Volunteer Appreciation—each designed to help us modernize, grow, and better serve our running community. Membership exceeded 1,000 for the first time in years, and our training programs expanded with new coaches, new participants, and renewed enthusiasm. Towards the end of the year, the board adopted a formal Race Scoring and Timing Policy, to ensure that club follows uniform and consistent rules for race scoring and timing of all club races.

Our races continued to be the heartbeat of the club. The B&A Trail Marathon and Half Marathon saw its highest finisher count in years. The A-10 sold out for the first time since 2010, drawing more than 4,800 registrants and earning front-page coverage in The Capital - Gazette newspaper. Our smaller races like the John Wall Mile, Dog Days 8K, and Women's Distance Festival saw increased participation and positive feedback. We also navigated challenges—venue changes, rising police costs, weather disruptions, and the occasional logistical curveball—but each time, our volunteers and race directors rose to the occasion.

"I'm grateful for the support I've received from our board, race directors, volunteers, and members, as we've worked together to strengthen our operations and explore new ideas."

Looking ahead, we have exciting opportunities in front of us: strengthening membership benefits, improving race experiences, refining our training programs, and continuing to modernize our operations. None of this would be possible without the passion and generosity of our volunteers, board members, race directors, coaches, and members—to make this club what it is.

Thank you for being part of the Annapolis Striders. Here's to a strong, connected, and inspiring 2026!

Darrell Mak, President
March 31, 2026

TREASURER'S REPORT

A Strong Financial Year with Strategic Growth

By Dan Morrissey, Treasurer

The past year was a strong one financially for the Striders, and it reflects the continued energy and participation of our community. We closed the year with total revenue of \$620,783—up significantly from about \$446,737 the year before—while expenses came in at \$478,741. That left us with a surplus of \$142,041. In short, we grew our income while keeping our costs in check, which puts the club in a very healthy position.

Most of our revenue continues to come from what we do best: putting on races and running programs. Program service revenue accounted for roughly \$471,368, with membership dues and gifts contributing about \$22,614 and investment income adding another \$34,500. Nearly 90% of everything we bring in is tied directly to our events, which is exactly how our operating model is designed to work. Strong participation translates directly into financial strength. On the expense side, the majority of our spending also goes right back into delivering those events. Race-related costs make up the largest share of our expenses at about \$421,968. We also invested in training programs, the annual meeting, and a variety of smaller operational needs and grants. The pattern is clear: most of what we spend directly supports our mission and the experiences we offer members and the broader running community.

Looking ahead to 2026, we have a few key operational priorities. We'll be completing race budgets, integrating our M&T bank accounts into Quicken, and finalizing the transition of responsibilities to our new treasurer. With a strong team in place, we're well positioned to keep things running smoothly.

All of this puts us in an excellent spot as we move into the next year. Our reserves are healthy, giving us the flexibility to support future races, navigate uncertainties, and make thoughtful investments in the club. Our volunteer-driven, event-based model continues to serve us well, and this year's surplus opens the door to enhancing race quality, expanding programs, and increasing our impact through community support and grants.

ADMINISTRATION

Membership Growth & Operational Stability

By Jim Falvey, Vice President of Administration



In just the last few years, membership has gone from 829 members to currently over 1,050 members. We continue to focus on growing our membership through our major races, training programs, and other club benefits and activities.

We have been using discounts on the A-10 and the B&A to encourage membership. The Champ Series continues to be a strong draw and we continued the Shorter Races Bundle, both of which require membership to participate. We continue to offer free training programs with Bob Mosely handing off the baton as VP of Training to Elizabeth Nabors next year.

Karsten Brown has been pumping up Club events through social media and we will continue to pursue new ideas to grow Striders membership further in the coming year. We are also focusing on expanding membership benefits and finding ways to make our 16 annual races more attractive to Club members.

NOMINATION AND BOARD DEVELOPMENT

By Jim Falvey, Vice President for Administration

The club's membership voted 24-0 in support of the new Officers and Directors listed below. Thanks again for all the hard work of Bob Mosely, Eva Coale and Mark Hamilton, who are stepping down off the Board at the end of this term.

New Board for 2026:

President - Darrell Mak
Vice President of Administration - Jim Falvey
Vice President of Races - Tom Lyden
Vice President of Training and Education - Elizabeth Nabors
Treasurer - Dan Morrissey
Secretary - Lauren Colvin
Annapolis 10 Mile Run Race Director - Rose Dziedzic
B&A Half Marathon/Marathon Race Director - Tom Lyden

Directors, Term Expiring 2027 - Delia Edelmänn, Larry Puglisi, Ted Logothetti, Eva Henry, Eamon Devine

Directors, Term Expiring 2028 - Dan Mandeville, Laura Amin, Justin Peake, Peter Cooper

TRAINING PROGRAMS

A Busy, Growing, and Energized Training Portfolio

By Bob Moseley, Vice President of Training

This past year reflected a busy, steadily growing, and increasingly complex training program portfolio. Early in the year, we launched the Half marathon training group, which began with 66-74 registrants and consistently drew 30-40 runners each week. Despite weather challenges—including snow and icy trails—coaches adapted routes and maintained strong attendance. We recruited new coaches for The Winter Warriors 5K program (Laura Amin and Jessica Fleming), noting that longtime coach Paul Thorn planned to step back.



As the year progressed, we coordinated multiple simultaneous programs, including 5K, 10K, A-10, and marathon training groups, each with 30-70+ participants. We also emphasized and encouraged RRCA certification for members to become coaches. The positive energy and reliability of the training community remains one of the club's strongest engagement drivers.

The club has started to address some important strategic concerns about

training program structure and runner support, particularly for beginning and returning runners. Feedback indicated that some participants struggled with the difficulty level of the marathon program and felt unsupported at the end of long runs. To that end, some of the higher-mileage training programs have reinstituted a former model of separate beginner and advanced programs, and the board discussed ways to improve post-run support, meeting locations, and amenities to keep groups together longer.

RACES

By Tom Lyden, Vice President of Races

16 Events

**6,951
Finishers**

**Record-Setting
Year**

For the 2025 calendar year, the club hosted 16 discrete racing events, and, in my opinion, each one was a success. We had 6,951 runners cross our finish lines in 2025, and that number is exclusive of the runners who participated in our revived All Comers Track series. We had 4,974 finishers in 2024. The significant increase is largely due to the huge uptick in the number of finishers in the A-10: 4,160 in 2025 as compared to 2,253 in 2024. Overall, we experienced a slight decrease in our Champ Series races, partially due to our cancellation of the Anniversary 15K due to inclement weather.

Although we had to cancel the Anniversary 15K this year, we had a very generous offer from Jason Chance, at REV3, a company that he owns that sponsors various racing events. When he realized we had to cancel our Anniversary 15K, he created a 15K race within his Naptown Running Event (which comprised a half marathon, a 10K, and a 5K) solely for Annapolis Striders. Of the 35 Striders to finish this make-up race, Maksym Petrenko was first. The race was free to Striders; all we had to do in return was staff a water stop, which several of our fellow Striders did in fact do.

We had some new race directors this year. Darrell Mak stepped up to take over for John Curly as race director for the Eternal Winter 6-Hour Run. The 2025 version of that event drew only 17 runners on a rather wet and dreary day. I commend Darrell for taking this race on in addition to all the other roles he plays in the club.

Karsten Brown and Jim Falvey took the reins of the John Wall Mile this year, which was once again held at Severn Park High School. We had 156 runners sprint to the finish line this year in what is always a fun event. Great job, Karsten and Jim.

Marjorie Fioravante took over from long time strider Kathy Hanson as race director of the Women's Distance Festival/Run After the Women (RATW) event. Marjorie had volunteered to take over the Eternal Winter 6-hour Run, but I explained that Darrell had already agreed to take that one. In a classic bait-and-switch move, I offered up the WDF/RAW event and she graciously accepted. Marjorie did a great job on her maiden voyage, in which 140 women crossed the line in the WDF, and 47 men did so in the RATW. Thank you, Marjorie.

Laura Amin is also a new race director and is almost solely responsible for reviving our All Comers Track Meets. Although the first of the three scheduled meets had to be cancelled due to inclement weather, the remaining two were a resounding success. It was fun to participate and entertaining to watch. I want to particularly commend Laura for her efforts in restoring the All Comers Track Meets to our race calendar. I have often heard my fellow Striders make

suggestions or recommendations for improving the club; she not only made a recommendation, she seized the initiative and made the track meets happen.



(although he is a youngster compared to Dan Symancyk - Dog Days 8K - and Will Myers - Metric Marathon).

The club is very fortunate to have several race directors who have continued year after year to provide our club members and others with quality racing opportunities. At some point, however, these folks are going to want to step down and let one of their fellow Striders take over. For instance, Delia Edelmänn has been doing double duty directing both the Father's Day 10K and the Valentine's Day 5K, the two most popular Champ Series races. Another example, Ross Heisman has been directing the Down's Park 5-Miler for at least 10 years, and he is not getting younger

My point is, we need to recruit younger Striders to step up and serve as understudies to those currently in race director positions. This year, I recruited two striders to serve as co-directors for this year's Cherry Pit 10-Miler: Ted Logothetti and Jacob Garber. My goal for 2026 is to recruit more people to fill race director roles. Sometimes you just ask people to step forward.

ANNAPOLIS 10 MILE RUN

By Rose Dziedzic, A-10 Race Director

50th
Anniversary

4,160
Finishers

National
Championship

The 50th edition of the Annapolis 10 Mile Run (A-10) was held on August 24, 2025. It had 4,160 official finishers, an 85% increase over 2024 and our largest race since 2010. The race served as the 2025 RRCA National 10 Mile Championship, attracting runners from 45 states and 6 countries.

We were fortunate to have exceptionally good weather (for August) and we received high ratings from runners in the post-race survey. Each finisher received a custom jacket, a running hat, a towel, free pictures, and a medal. The awards were hand-made mugs from Annapolis Pottery, a popular item among all the runners. We welcomed 11 runners from Athletes Serving Athletes. Elite runners were well represented, many drawn from further locations than normal by our National Championship status.

The race yielded a funding surplus of over \$13,000. There were 5,000+ unique registrants. Despite increased costs associated with hosting the event, I strive to keep the entry fee as economical as possible.

Over 600 tremendous volunteers helped on race weekend. I extend a club-wide “thank you” to the entire race committee and the volunteers. I am especially grateful to Dan Symancyk, Will Myers, and Ross Heisman who went above and beyond to support our celebrations of the 50th anniversary.





To celebrate our milestone year, Dan Symancyk compiled a comprehensive history of the race. This [document](#)—which can be found on our website—contains details of each year from 1976 through the present, and even includes a copy of the Maryland state bill that legalized road racing, written and introduced by Delegate John Astle, a finisher of the inaugural A-10. Dan organized a display celebrating the A-10's history for the runners to enjoy at the pre- and post-

race festivities. He collected race paraphernalia from current and former Striders, some scattered across the country, and found photos from the early runs. Four of the original seven runners—John Astle, Phyllis Beardmore, Debbie Fox, and Donna Jay—served as Honorary Starters for this year's race. Previous A-10 Race Directors were invited to the race as our Honorary Guests, and eight were able to attend. They mingled with runners at the A-10 History display before the race, and assisted in handing out the awards. FOX5DC highlighted the race on the morning news, interviewing Will Myers with runners streaming through the background.



Through the proceeds from this race and our other races, we donated to many worthwhile local charities, and all the food left over from the race was donated to various charities.

Next year's edition of the A-10 will be on August 30, 2026, and is the RRCA Maryland State 10 Mile Championship, which includes free RRCA awards, bibs, Gatorade, and Gatorade cups.

B&A TRAIL MARATHON & HALF MARATHON

By Tom Lyden, Race Director

We held the 2025 edition of the Baltimore-Annapolis (B&A) Trail Marathon and Half Marathon on Sunday, March 30, 2025. We had 312 runners complete the marathon course (26 more than the year before). The first marathoner across the finish line was Michael Mbagu, with a winning time of 2:42:01. This was Michael's third B&A Marathon in a row, having finished 6th in 2023 and 3rd in 2024. Allisha Zespy was the first woman to cross the marathon finish with a time of 3:13:27.

Of the 556 finishers in the half marathon, Jack Mantel came in first with a time of 1:14:42. Caroline Bauer was the first woman to cross the finish line at 1:22:36.



Over a thousand people registered online for the race (1031), and we had 12 registered at Saturday packet pick up. This means we had a 17% fall out rate: people who registered but did not run. This is about the same as last year.

The race day started out with moderate temperatures and a lot of cloud cover. Once the clouds blew off, it became rather warm, and I congratulate the marathoners who endured the heat to finish the race.

As with any race, it wouldn't have happened without the generous support of my fellow striders who volunteered and helped make the race a success. In particular, I want to mention the efforts of Stephen Hord and Maksym Petrenko for their efforts on truck duty. They went above and beyond, and I truly appreciated their efforts as well as those of all my fellow Striders who pitched in. Appreciation also to Ashleigh Cirilla for all her hard work as co-director of the race this year.

There were two snafus in the 2025 edition of the race. First, although I had been promised the use of the school cafeteria at Severna Park H.S. on the Saturday before the race for use in packet pick up, we ended up having to use the area in front of the school on Saturday. Fortunately, we had nice weather. Second, only a portion of the race premiums (gym bags) arrived in time for the race. The remaining portion of the shipment was lost in transit. Tim Ritchie ordered another run of bags to make up for those that had been lost and mailed bags to all runners who did not receive one at packet pick up. All's well that ends well.

FINANCE COMMITTEE

By Dan Morrissey, Finance Committee Chair

The club's investments had a solid year, continuing to strengthen our overall financial footing. Our main investment account—which makes up about 71% of the club's total assets—posted a gain of roughly 14.2% in 2025, tracking closely with the broader stock market. The rest of our assets were moved into higher-yield Certificates of Deposit and money market funds, giving us a stable and well-balanced mix of growth and secure returns.

As we look ahead to 2026, the Finance Committee plans to revisit and update our Investment Policy Statement. It's a good moment to make sure our approach still reflects the club's goals, risk tolerance, and long-term needs, especially as our reserves continue to grow.

Overall, the club remains very well capitalized. We're in a strong position to weather any unexpected downturns and ready to take advantage of opportunities that support our mission and our members.

CHARITABLE CONTRIBUTIONS

Supporting Community Partners & Race-Aligned Organizations

By Laura Amin, Charitable Contributions Committee Chair

One of the most consistent themes of the Charitable Contributions committee was the club's practice of donating to organizations that support Striders races, such as CERT, local high schools, the Annapolis Police Department, the Naval Academy track/cross-country teams and Marathon Club, and local communities through which our race routes are run. Early in the year, the club issued \$9,000 in charitable donations, and later approved targeted contributions to non-profits including the Semper Fi Fund, Anne Arundel Library Foundation, and the Community Foundation of Anne Arundel County. The committee also coordinated with the board on the Evan Thomas memorialization project, which involved funding both a commemorative brick and a bulletin board along the B&A Trail.

As the year progressed, the committee's responsibilities expanded slightly as more race directors submitted donation requests tied to their events. The Rosaryville 50K/20K team, for example, proposed donations to a veteran-focused charity, prompting the committee to request additional details before making a recommendation. By late fall, the committee was tasked with finalizing the annual charitable contributions list, ensuring that all approved donations were issued before year end and that the list was published in the e-Streak and on the website for transparency. All told, the committee awarded \$18,450 in total contributions in 2025.

THE STREAK

A Successful Return to Print

By Lauren Colvin, Editor



After several years without printing an issue, we were thrilled to once again deliver The Streak to members' mailboxes in 2025.

As we neared completion of the issue in the spring, we learned that our longtime designer had retired since our previous publication. This prompted a search for a new design partner. We evaluated several vendors, comparing cost structures, turnaround times, and formatting capabilities. Ultimately, we selected Frances Marketing Group, whose predictable per-issue pricing and template-based approach best met our needs.

With a new process in place, we made steady progress throughout the spring and produced a redesigned issue that went to print in late summer. The updated The Streak was well received, and we expect future issues to

come together more efficiently.

This publication would not be possible without the contributions of many volunteers. Special thanks to Karsten Brown and Jon Valentine for continuing to capture race photos, and to Denise Hyde for her dual role as photographer and photo editor, curating the images that appear in print. I am also grateful to Laura Amin, who served as editor and helped bring the issue to completion.

Looking ahead, it's time to begin gathering content for the next issue. Race Directors, please start preparing your reports. Runners, your stories are what make The Streak special, so we encourage you to share them.

SOCIAL COMMITTEE

Rebuilding Momentum & Community Connection

By Ted Logothetti, Social Committee Chair

As the year progressed, the Social committee continued to schedule smaller socials, including an April gathering at Miller's Ale House and plans for additional meet-ups later in the summer. However, by mid-year, several committee members stepped down, prompting a hiatus and a need for new volunteers. The board discussed and partnered with other local groups—such as the Annapolis Tri Club—to co-host events and maintain momentum while the committee rebuilt.



Since that time, we have had three events:

- December Holiday Lights Group Fun Run with a Happy Hour at Broadneck Grille (December 7)
- February Social/Fundraiser for the Annapolis County Food Bank, at Julep Kitchen and Bar (raised \$114.50)
- March Social/Fundraiser for Lighthouse held at Ram's Head on March 24, 2026.



The committee is looking forward to holding social events more regularly over the upcoming year, and anyone with other ideas or interest in helping with the committee, please let us know!

NON-STRIDERS RACE SUPPORT

By Dan Symancyk



Throughout the year, the Annapolis Striders recoups part of the costs of its race timing equipment by renting the equipment to other community, non-profit groups hosting races.

During 2025, we provided support to 9 community non-profit events which is an increase of 1 event over 2024.

I want to thank Deb Francisco, Marv Solberg, and Mary Lang for their help with finish line support. In addition, I want to thank the following people who helped out at our strider finish lines and/or provided assistance in compiling awards on race days: Michael Malone, Mary Lou Lyden, Lisa Zamostny, Deb Saltz, Darrell Mak, Charlie Muskin, and Will Myers.

