

**ALZHEIMER'S ASSOCIATION GREATER RICHMOND CHAPTER TO OFFER EDUCATION PROGRAMS AND SUPPORT
GROUP MEETINGS IN SEPTEMBER 2019**

TRI-CITIES EDUCATION PROGRAMS SEPTEMBER 2019

Wednesday, September 11, 12:30-2:30 p.m.

Understanding Alzheimer's

Dockside Restaurant

700 Jordan Point Road, Hopewell, VA 23860

<http://bit.ly/2Kw4Su4>

Thursday, September 19, 8:30 a.m.-4:30 p.m.

Conference on Dementia – Living Well with Dementia

Mt Gilead Full Gospel International Ministries

2501 Mt. Gilead Boulevard, North Chesterfield, VA 23235

<http://bit.ly/2XDNsEe>

Thursday, September 19, 11 a.m.-1 p.m.

Memory Café

Great Hope Baptist Church

2101 Venable Street, Richmond, VA 23223

Please call 804.967.2580 for more information.

Friday, September 20, 2-4 p.m.

Know the Ten Signs

Chester Village

11701 Chester Village Drive, Chester, VA 23831

<http://bit.ly/2OHgX4L>

SUPPORT GROUPS SEPTEMBER 2019

Each month, the Alzheimer's Association Greater Richmond Chapter conducts Support Group meetings to provide the community with an opportunity to meet for mutual support and to share coping skills. These groups provide the opportunity for participants to maintain their own health and well-being, while enhancing their ability to care for their loved one with Alzheimer's or dementia.

SPECIALTY SUPPORT GROUPS SEPTEMBER 2019

Monday, September 2, 4:30 p.m.

For Caregivers and Persons with Dementia

Rappahannock Westminster-Canterbury,

132 Lancaster Drive, Irvington, VA 22480

Separate, concurrent groups for family members are available. Prescreening is required. For information on this group, please call 804.967.2580.

Tuesday, September 3 and 17, 4:30 p.m.

Younger Onset – Newly Diagnosed

Support group for individual with Alzheimer's and their care partner. Pre-screening is required.

Please call 804.967.2580 for more information.

SPECIALTY SUPPORT GROUPS SEPTEMBER 2019 - CONTINUED

Wednesday, September 4, 9:30–11 a.m.

Millennial Caregivers Support Group

Shady Grove United Methodist Church

4703 Shady Grove Road, Glen Allen, VA 23059

Please call 804.967.2580 for more information.

Tuesday, September 10, 4:30 p.m.

For Caregivers and Persons with Dementia

Separate, concurrent groups for family members are available. Pre-screening is required. For information on this group, please call 804.967.2592.

Thursday, September 19, 3:00-4:30 p.m.

Frontotemporal Dementia Caregiver Support

Covenant Woods

7090 Covenant Woods Drive, Mechanicsville, VA 23111

Please call 804.967.2580 for more information.

Friday, September 27, 2-3:30 p.m.

TOAD - Rare Dementia Support Group – For Caregivers and Individuals with Other Dementias

The REC Room

4116 West Broad Street, Richmond, VA 23230

Please call 804.967.2580 for more information.

SUPPORT GROUPS FOR CAREGIVERS SEPTEMBER 2019

Tuesday, September 3, 10:30 a.m.

Second Branch Baptist Church

12217 Second Branch Road, Chesterfield, VA 23838

Please call 804.967.2580 for more information.

Wednesday, September 11, 4 p.m.

Petersburg Public Library

201 W. Washington Street, Petersburg, VA 23803

Please call 804.967.2580 for more information.

Tuesday, September 17, 2 p.m.

Bon Air Methodist Church

1645 Buford Road, N. Chesterfield, VA 23235

Please call 804.967.2580 for more information.

Tuesday, September 17, 7 p.m.

Brandermill Woods Health Care Center

2100 Brandermill Parkway, Midlothian, VA 23112

Please call 804.967.2580 for more information.

Thursday, September 19, 7 p.m.

Lucy Corr Village

6800 Lucy Corr Court, Chesterfield, VA 23832

Please call 804.967.2580 for more information.

MEMORY CAFÉS

The Alzheimer's Association's Memory Cafés offer a fun and relaxed way for people living with early-stage memory loss to get connected with one another through social events that promote interaction and companionship. This is a place where the care partner can receive information while connecting and sharing with other people in similar situations. The bonds formed in Memory Cafés often last throughout the continuum of the disease and become an additional support for those involved.

Thursday, September 19, 11:00 a.m.
Great Hope Baptist Church
2101 Venable Street
Richmond, VA 23223
Please call 804.967.2580 for more information.

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ABOUT THE ALZHEIMER'S ASSOCIATION GREATER RICHMOND CHAPTER

The Alzheimer's Association Greater Richmond Chapter was established in 1981. Its mission is to eliminate Alzheimer's disease through the advancement of research; to provide and enhance care and support for all affected; and to reduce the risk of Alzheimer's and other dementias through the promotion of brain health. In Virginia, 140,000 individuals live with Alzheimer's, including 26,000 in the 24 counties and 5 cities served by the Greater Richmond Chapter. The chapter serves persons with any dementia disease, not just individuals with Alzheimer's, and one hundred percent of our programs and services are offered free of charge. Last year, the Greater Richmond Chapter assisted more than 6,000 neighbors and answered over 2,100 Helpline calls from individuals seeking information and resources, wanting tips for caregiving, or those just needing someone to listen.