

DUNLOP HOUSE PRESENTS

Survival Skills for Healthy Aging

AN EDUCATIONAL SERIES FOR SENIORS



AUGUST TOPIC:

Making Moving Easier

Thursday, August 29 from 3:30 to 5 pm at Dunlop House

Presented by the experts from Door to Door Solutions, A WayForth Company.

Moving can be a difficult change, particularly for a senior adult who may have lived in the same residence for years or even decades. It can be an extremely overwhelming process for many, but Door to Door Solutions is focused on making this easier for individuals and their families by providing expert moving and downsizing help. Join us to learn more.

Light refreshments provided.



Dunlop House
Assisted Living & Memory Care

**RSVP BY CALLING
804-520-0050.**

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