



**American Red Cross**  
Capital Virginia

# Turn Compassion Into Action!

## Become a Red Cross Volunteer Today!

Volunteers carry out 90% of the humanitarian work of the Red Cross. Whether helping one displaced family or thousands, providing care and comfort to an ill or injured service member or veteran, or teaching others how to respond in emergencies, it's through the efforts of ordinary people that we can do extraordinary things. The Red Cross responds to an emergency every 8 minutes, and our vital work is only possible because of people like you.



### Volunteers Urgently Needed for the Following Positions in Your Community:

#### Blood Transportation Specialist

Deliver life-saving blood products from collection sites to processing lab and/or to hospital.

Preferred commitment:  
2-4 shifts (4 hour shifts) per month

#### Blood Donor Ambassador

Help Save lives in your community by supporting blood collection at a local blood drive.

Preferred commitment:  
1 shift (4-5 hour shifts) per month

**To learn more, visit [redcross.org/volunteer](http://redcross.org/volunteer) or contact:**

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