



PRESS RELEASE

January 1, 2019

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THE BRAINS BEHIND SAVING YOURS.™

ALZHEIMER'S ASSOCIATION GREATER RICHMOND CHAPTER TO OFFER EDUCATION PROGRAMS AND SUPPORT GROUP MEETINGS IN JANUARY 2019

TRI-CITIES EDUCATION PROGRAMS

Tuesday, Jan 15, 2-6:00 p.m.

Health Fair/ Know the Ten Signs

Magnolias of Chesterfield – Meridian Senior Living
6701 Court Yard Road
Chester, VA 23831
Call 804.967.2580 for more information

Tuesday, Jan 22, 3:30-5:00 p.m.

Healthy Living for Your Brain and Body

Dunlop House
235 Dunlop Farms Boulevard
Colonial Heights, VA 23834
<https://action.alz.org/PersonifyEbusiness/Events/alz/MeetingRegistration.aspx?productId=42093981>

Friday, Feb 1, 9:00 a.m. – 4:00 p.m.

Prince George County Wellness Fair

Prince George Wellness Center
11033 Prince George Drive
Disputanta, VA 23842, USA
Call 804.967.2580 for more information

SUPPORT GROUPS JANUARY 2019

Each month, the Alzheimer's Association Greater Richmond Chapter conducts Support Group meetings to provide the community with an opportunity to meet for mutual support and to exchange coping skills. These groups provide the opportunity for participants to maintain their own health and well-being, while enhancing their ability to care for their loved one with Alzheimer's or dementia.

SUPPORT GROUPS FOR CAREGIVERS JANUARY 2019

Tuesday, January 1, 10:30 a.m. – **Will not meet in January**

Second Branch Baptist Church
12217 Second Branch Road
Chesterfield, VA 23838
Please call 804-967-2580 for more information.

Wednesday, January 9, 10:00 a.m.

New Life United Methodist Church
900 Old Hundred Road
Midlothian, VA 23114
Please call 804-967-2580 for more information.

SUPPORT GROUPS FOR CAREGIVERS JANUARY 2019 – CONT.

Wednesday, January 9, 4:00 p.m.
Petersburg Public Library
201 W. Washington Street
Petersburg, VA 23803
Please call 804-446-5860 for more information.

Tuesday, January 15, 2:00 p.m.
Bon Air Methodist Church
1645 Buford Road
N. Chesterfield, VA 23235
Please call 804-967-2580 for more information.

Thursday, January 17, 7:00 p.m.
Lucy Corr Village
6800 Lucy Corr Court
Chesterfield, VA 23832
Please call 804-967-2580 for more information

Tuesday, January 15, 7:00 p.m.
Brandermill Woods Health Care Center
2100 Brandermill Parkway
Midlothian, VA 23112
Please call 804-967-2580 for more information.

Thursday, January 24, 5:30 p.m.
Day Breaks Adult Day Care
2405 Dovercourt Drive
Midlothian, VA 23113
Please call 804-967-2580 for more information.

SPECIALTY SUPPORT GROUPS JANUARY 2019

Wednesday, January 2, 9:30–11:30 a.m.
Millennial Caregivers Support Group
Shady Grove United Methodist Church
4703 Shady Grove Road
Glen Allen, VA 23059
Please call 804-446-5860 for more information.

Tuesday, January 8, 4:30 p.m.
For Caregivers and Persons with Dementia
Separate, concurrent groups for family members are available. Prescreening is required. For information on this group, please call 804-967-2592.

Tuesday, January 15, 4:30 p.m.
Younger Onset – Newly Diagnosed
Support group for individual with Alzheimer's and their care partner. Pre-screening is required.
Please call 804-967-2580 for more information.

Thursday, January 17, 3:00 p.m.
Frontotemporal Dementia Support Group
Covenant Woods
7090 Covenant Woods Drive
Mechanicsville, VA 23111
Please call 804-967-2580 for more information.

SPECIALTY SUPPORT GROUPS JANUARY 2019 - CONT

Thursday, January 24, 1:30 p.m.

Early Stage Support Group

Support group for individual with Alzheimer's and their care partner. Pre-screening is required. Please call 804-967-2580 for more information.

Friday, January 25, 2:00-3:30 p.m.

TOAD - Rare Dementia Support Group – For Caregivers and Individuals with Other Dementias

The Rec Room

4116 West Broad Street

Richmond, VA 23230

Please call 804-967-2580 for more information.

MEMORY CAFÉ

The Alzheimer's Association's Memory Cafés offer a fun and relaxed way for people living with early-stage memory loss to get connected with one another through social events that promote interaction and companionship. This is a place where the care partner can receive information while connecting and sharing with other people in similar situations. The bonds formed in Memory Cafés often last throughout the continuum of the disease and become an additional support for those involved.

Thursday, January 17, 11:00 a.m.

Great Hope Baptist Church

2101 Venable Street

Richmond, VA 23223

Please call 804-967-2580 for more information.

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ABOUT THE ALZHEIMER'S ASSOCIATION GREATER RICHMOND CHAPTER

The Alzheimer's Association Greater Richmond Chapter was established in 1981 and its mission is to eliminate Alzheimer's disease through the advancement of research; to provide and enhance care and support for all affected; and to reduce the risk of Alzheimer's and other dementias through the promotion of brain health. In Virginia, 140,000 individuals live with Alzheimer's, including 26,000 in the 24 counties and 5 cities served by the Greater Richmond Chapter. The chapter serves persons with any dementia disease, not just individuals with Alzheimer's, and ninety-percent of our programs and services are offered free of charge. Last year, the Greater Richmond Chapter assisted more than 11,000 neighbors and answered over 2,100 Helpline calls from individuals seeking information and resources, wanting tips for caregiving, or those just needing someone to listen.