

**FOR RELEASE: June 1, 2019**

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**ALZHEIMER'S ASSOCIATION GREATER RICHMOND CHAPTER/TRI-CITIES OFFICE TO OFFER EDUCATION PROGRAMS AND SUPPORT GROUP MEETINGS IN JUNE 2019**

**TRI-CITIES EDUCATION PROGRAMS JUNE 2019**

Tuesday, June 25, 4:30-5:30 p.m.

**Healthy Living for Your Brain & Body**

Spring Arbor Cottage of Salisbury  
14020 Steeplestone Drive, Midlothian, VA 23113  
<https://bit.ly/2JcgV1x>

Tuesday, June 25, 5:30-6:30 p.m.

**Alzheimer's: The Caregivers Perspective**

Movie and Discussion  
Dunlop House  
235 Dunlop Farms Boulevard, Colonial Heights, VA 23834  
<https://bit.ly/2HI6CVo>

Wednesday, June 26, 2-3:30 p.m.

**Know the Ten Signs/Community Tea and Chat**

Spring Oak Assisted Living  
590 Flank Road, Petersburg, VA 23805  
<https://bit.ly/2Vuv7Vn>

**SUPPORT GROUPS JUNE 2019**

Each month, the Alzheimer's Association Greater Richmond Chapter conducts Support Group meetings to provide the community with an opportunity to meet for mutual support and to share coping skills. These groups provide the opportunity for participants to maintain their own health and well-being, while enhancing their ability to care for their loved one with Alzheimer's or dementia.

**SPECIALTY SUPPORT GROUPS JUNE 2019**

Tuesday, June 4 and 18, 4:30 p.m.

**Younger Onset – Newly Diagnosed**

Support group for individual with Alzheimer's and their care partner. Pre-screening is required.  
Please call 804.967.2580 for more information.

Wednesday, June 5, 9:30–11 a.m.

**Millennial Caregivers Support Group**

Shady Grove United Methodist Church  
4703 Shady Grove Road  
Glen Allen, VA 23059  
Please call 804.967.2580 for more information.

## **SPECIALTY SUPPORT GROUPS JUNE 2019 – CONTINUED**

Tuesday, June 11, 4:30 p.m.

### **For Caregivers and Persons with Dementia**

Separate, concurrent groups for family members are available. Prescreening is required. For information on this group, please call 804.967.2592.

Thursday, June 20, 3 p.m.

### **Frontotemporal Dementia Support Group**

Covenant Woods

7090 Covenant Woods Drive

Mechanicsville, VA 23111

Please call 804.967.2580 for more information.

Friday, June 24, 2-3:30 p.m.

### **TOAD - Rare Dementia Support Group – For Caregivers and Individuals with Other Dementias**

The REC

Room

4116 West Broad Street

Richmond, VA 23230

Please call 804.967.2580 for more information.

## **TRI-CITIES SUPPORT GROUPS FOR CAREGIVERS JUNE 2019**

Tuesday, June 4, 10:30 a.m.

Second Branch Baptist Church

12217 Second Branch Road

Chesterfield, VA 23838

Please call 804.967.2580 for more information.

Wednesday, June 12, 10 a.m.

New Life United Methodist Church

900 Old Hundred Road

Midlothian, VA 23114

Please call 804.967.2580 for more information.

Wednesday, June 12, 4 p.m.

Petersburg Public Library

201 W. Washington Street, Petersburg, VA 23803

Please call 804.967.2580 for more information.

Tuesday, June 18, 2 p.m.

Bon Air Methodist Church

1645 Buford Road

N. Chesterfield, VA 23235

Please call 804.967.2580 for more information.

Tuesday, June 18, 7 p.m.

Brandermill Woods Health Care Center

2100 Brandermill Parkway

Midlothian, VA 23112

Please call 804.967.2580 for more information.

## **TRI-CITIES SUPPORT GROUPS FOR CAREGIVERS JUNE 2019 - CONTINUED**

Thursday, June 20, 7 p.m.

Lucy Corr Village  
6800 Lucy Corr Court  
Chesterfield, VA 23832

Please call 804.967.2580 for more information.

### **MEMORY CAFÉS**

The Alzheimer's Association's Memory Cafés offer a fun and relaxed way for people living with early-stage memory loss to get connected with one another through social events that promote interaction and companionship. This is a place where the care partner can receive information while connecting and sharing with other people in similar situations. The bonds formed in Memory Cafés often last throughout the continuum of the disease and become an additional support for those involved.

Thursday, June 20, 11:00 a.m.

Great Hope Baptist Church  
2101 Venable Street  
Richmond, VA 23223

Please call 804.967.2580 for more information.

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### **ABOUT THE ALZHEIMER'S ASSOCIATION GREATER RICHMOND CHAPTER**

The Alzheimer's Association Greater Richmond Chapter was established in 1981. Its mission is to eliminate Alzheimer's disease through the advancement of research; to provide and enhance care and support for all affected; and to reduce the risk of Alzheimer's and other dementias through the promotion of brain health. In Virginia, 140,000 individuals live with Alzheimer's, including 26,000 in the 24 counties and 5 cities served by the Greater Richmond Chapter. The chapter serves persons with any dementia disease, not just individuals with Alzheimer's, and one hundred percent of our programs and services are offered free of charge. Last year, the Greater Richmond Chapter assisted more than 6,000 neighbors and answered over 2,100 Helpline calls from individuals seeking information and resources, wanting tips for caregiving, or those just needing someone to listen.