



Southside Regional Medical Center is owned in part by physicians.

FOR IMMEDIATE RELEASE

June 28, 2019

Contact: Brandon Seier
System Director of Marketing and Public Relations
(804) 894-4273

Southside Physicians Network Offers Relief from Foot and Ankle Pain in Petersburg

Petersburg, VA – Starting Monday July 1, Tri-Cities residents have a new place to get a fix for their feet! Dr. Justin Phillingane joins Southside Physicians Network (SPN) at 3335 S. Crater Rd, Suite 500, Petersburg VA 23805.

Dr. Phillingane was born and raised in Prince George, Virginia. The first of his family to graduate from college, he decided to pursue a career in medicine and attended Barry University School of Podiatric Medicine in Miami, Florida. He completed a 3 year intensive surgical residency at Mount Sinai Medical Center in Miami Beach. While at Mount Sinai, he served as the Chief Resident and gained experience in trauma, sports medicine, elective surgery and complex reconstructive surgery.

During medical school, he received multiple scholarships for his clinical judgment and leadership, including the Outstanding Clinical Skills Scholarship in 2014 and the Podiatric Medical Student Merit Scholarship in 2015. He was given the honor of being named Resident of the Year by the Barry University School of Podiatric Medicine in 2018, as well as, the Resident of the Year by Mount Sinai Medical Center in 2018.

His areas of special interest include: small joint replacement, ankle arthroscopy, endoscopic plantar fasciotomy, foot and ankle fracture repair, minimally invasive procedures, hammer toe and bunion surgery and sports medicine.

Dr. Phillingane is excited to be home, living and working in the Tri-Cities. In his free time, he enjoys spending time with his wife and their 2 children. He also enjoys playing golf, boating and vacations to the Outer Banks.

Areas of practice include:

- Diabetic foot care
- Plantar fasciitis
- Heel and arch pain
- Warts
- Neuromas
- Ingrown and fungal nails
- Acute trauma and fracture care
- Biopsies for skin lesions
- Sports medicine
- Pediatric deformities

Procedures include:

- Small joint replacement
- Foot and ankle fracture repair
- Ankle arthroscopy
- Minimally invasive procedures
- Hammer toe surgery
- Biomechanical analysis
- PRP and stem cell injections
- Bunion surgery



Justin A. Phillingane, D.P.M., M.S.

Podiatric Physician and Surgeon

Southside Physicians Network – Podiatry and Foot Surgery

3335 South Crater Rd.

Suite 500

Petersburg VA 23805

Phone: 804-732-6000

Fax: 804-861-6558

Monday, Wednesday and Friday: 8a-5p

Tuesday and Thursday: 10a-7p

About Southside Physicians Network

Southside Physicians Network is a patient-focused group of doctors and medical providers committed to improving the health of communities from the Tri-Cities and surrounding area to Emporia and Greensville County. SPN brings more than 970 years of experience and a 92% satisfaction rating to our patients. Southside Physicians Network can leverage the strength and huge network of physicians at both Southside Regional Medical Center and Southern Virginia Regional Medical Center. SRMC is owned in part by physicians. For more information about Southside Physicians Network and the services it provides, please visit SouthsidePhysicians.com

#