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DUNLOP HOUSE PRESENTS

Survival Skills for Healthy Aging

AN EDUCATIONAL SERIES FOR SENIORS



OCTOBER TOPIC:

Age and Driving: Warning Signs and Safe Driver Tips

Tuesday, October 10 • 3:30 - 5 pm at Dunlop House

Presented by John H. Vaughter, Jr., with Capital Driver Rehabilitation Consultants, LLC. For many of us, driving is a key aspect of maintaining our independence. But it's normal for our driving abilities to change as we get older. By reducing risk factors and incorporating safe driving practices, your loved one may be able to continue driving safely long into their senior years.

As we age, factors such as decreased vision, impaired hearing, slowed reflexes, and worsening health conditions can become a problem. Even if you find that you need to reduce your driving or give up the keys, it doesn't mean the end of your independence. Join us to learn about the warning signs and ways to keep you or a loved one safe behind the wheel.



Dunlop House

Assisted Living & Memory Care

**RSVP BY OCTOBER 6
TO 804-520-0050.**

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