

ALZHEIMER'S ASSOCIATION GREATER RICHMOND CHAPTER TO OFFER EDUCATION PROGRAMS AND SUPPORT GROUP MEETINGS IN OCTOBER 2019

TRI-CITIES EDUCATION PROGRAMS OCTOBER 2019

Wednesday, October 2, noon-1 p.m.

Know the Ten Warning Signs

Petersburg Family YMCA

120 North Madison Street, Petersburg, VA 23803

<http://bit.ly/2kv7xvc>

Tuesday, October 8, 5:30-7:30 p.m.

Dementia Conversations

The Dominion Club

6000 Dominion Club Drive, Glen Allen, VA 23059

tamikaw@thememorycenter.com or 804.378.5100

Wednesday, October 9, 11 a.m.-noon

Know the Ten Signs

New Direction Evangelistic Church

9101 Hull Street Road, Richmond, VA 23236

<http://bit.ly/2m5mLXZ>

Wednesday, October 9, noon-1 p.m.

Healthy Living for Your Brain and Body

Lunch Break Science at the Science Museum of Virginia

2500 West Broad Street, Richmond, VA 23220

<http://bit.ly/2IMxOVV>

Friday, October 11, 10 a.m.-noon

Colonial Heights Community Forum

Colonial Heights Library

1000 Yacht Basin Drive, Colonial Heights, VA 23834

<http://bit.ly/2IJ0Fug>

Monday, October 14, 4:30-7 p.m.

Volunteer Training

Merkel Corporation, Salons A&B

4600 Cox Road, Glen Allen, VA 23060

<http://bit.ly/2kKY8PZ>

SUPPORT GROUPS OCTOBER 2019

Each month, the Alzheimer's Association Greater Richmond Chapter conducts Support Group meetings to provide the community with an opportunity to meet for mutual support and to share coping skills. These groups provide the opportunity for participants to maintain their own health and well-being, while enhancing their ability to care for their loved one with Alzheimer's or dementia.

SPECIALTY SUPPORT GROUPS OCTOBER 2019

Wednesday, October 2, 9:30–11 a.m.

Millennial Caregivers Support Group

Shady Grove United Methodist Church

4703 Shady Grove Road, Glen Allen, VA 23059

Please call 804.967.2580 for more information.

Tuesday, October 8, 4:30 p.m.

For Caregivers and Persons with Dementia

Separate, concurrent groups for family members are available. Pre-screening is required. For information on this group, please call 804.967.2592.

Tuesday, October 15, 4:30 p.m.

Younger Onset – Newly Diagnosed

Support group for individual with Alzheimer's and their care partner. Pre-screening is required.

Please call 804.967.2580 for more information.

Thursday, October 17, 3:00-4:30 p.m.

Frontotemporal Dementia Caregiver Support

Covenant Woods

7090 Covenant Woods Drive, Mechanicsville, VA 23111

Please call 804.967.2580 for more information.

Friday, October 25, 2-3:30 p.m.

TOAD - Rare Dementia Support Group – For Caregivers and Individuals with Other Dementias

The REC Room

4116 West Broad Street, Richmond, VA 23230

Please call 804.967.2580 for more information

SUPPORT GROUPS FOR CAREGIVERS OCTOBER 2019

Tuesday, October 1, 10:30 a.m.

Second Branch Baptist Church

12217 Second Branch Road, Chesterfield, VA 23838

Please call 804.967.2580 for more information.

Wednesday, October 9, 4 p.m.

Petersburg Public Library

201 W. Washington Street, Petersburg, VA 23803

Please call 804.967.2580 for more information.

Tuesday, October 15, 2 p.m.

Bon Air Methodist Church

1645 Buford Road, N. Chesterfield, VA 23235

Please call 804.967.2580 for more information.

Tuesday, October 15, 7 p.m.

Brandermill Woods Health Care Center

2100 Brandermill Parkway, Midlothian, VA 23112

Please call 804.967.2580 for more information.

SUPPORT GROUPS FOR CAREGIVERS OCTOBER 2019 - CONTINUED

Thursday, October 17, 7 p.m.
Lucy Corr Village
6800 Lucy Corr Court, Chesterfield, VA 23832
Please call 804.967.2580 for more information.

MEMORY CAFÉS

The Alzheimer's Association's Memory Cafés offer a fun and relaxed way for people living with early-stage memory loss to get connected with one another through social events that promote interaction and companionship. This is a place where the care partner can receive information while connecting and sharing with other people in similar situations. The bonds formed in Memory Cafés often last throughout the continuum of the disease and become an additional support for those involved.

Tuesday, October 1, 10:15-11:45 a.m.
Jerusalem Baptist Church
994 Three Chopt Road, Manakin-Sabot, VA 23103
Please call 804.967.2580 for more information.

Thursday, October 17, 11 a.m.-1 p.m.
Great Hope Baptist Church
2101 Venable Street, Richmond, VA 23223
Please call 804.967.2580 for more information.

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ABOUT THE ALZHEIMER'S ASSOCIATION GREATER RICHMOND CHAPTER

The Alzheimer's Association Greater Richmond Chapter was established in 1981. Its mission is to eliminate Alzheimer's disease through the advancement of research; to provide and enhance care and support for all affected; and to reduce the risk of Alzheimer's and other dementias through the promotion of brain health. In Virginia, 140,000 individuals live with Alzheimer's, including 26,000 in the 24 counties and 5 cities served by the Greater Richmond Chapter. The chapter serves persons with any dementia disease, not just individuals with Alzheimer's, and one hundred percent of our programs and services are offered free of charge. Last year, the Greater Richmond Chapter assisted more than 6,000 neighbors and answered over 2,100 Helpline calls from individuals seeking information and resources, wanting tips for caregiving, or those just needing someone to listen.