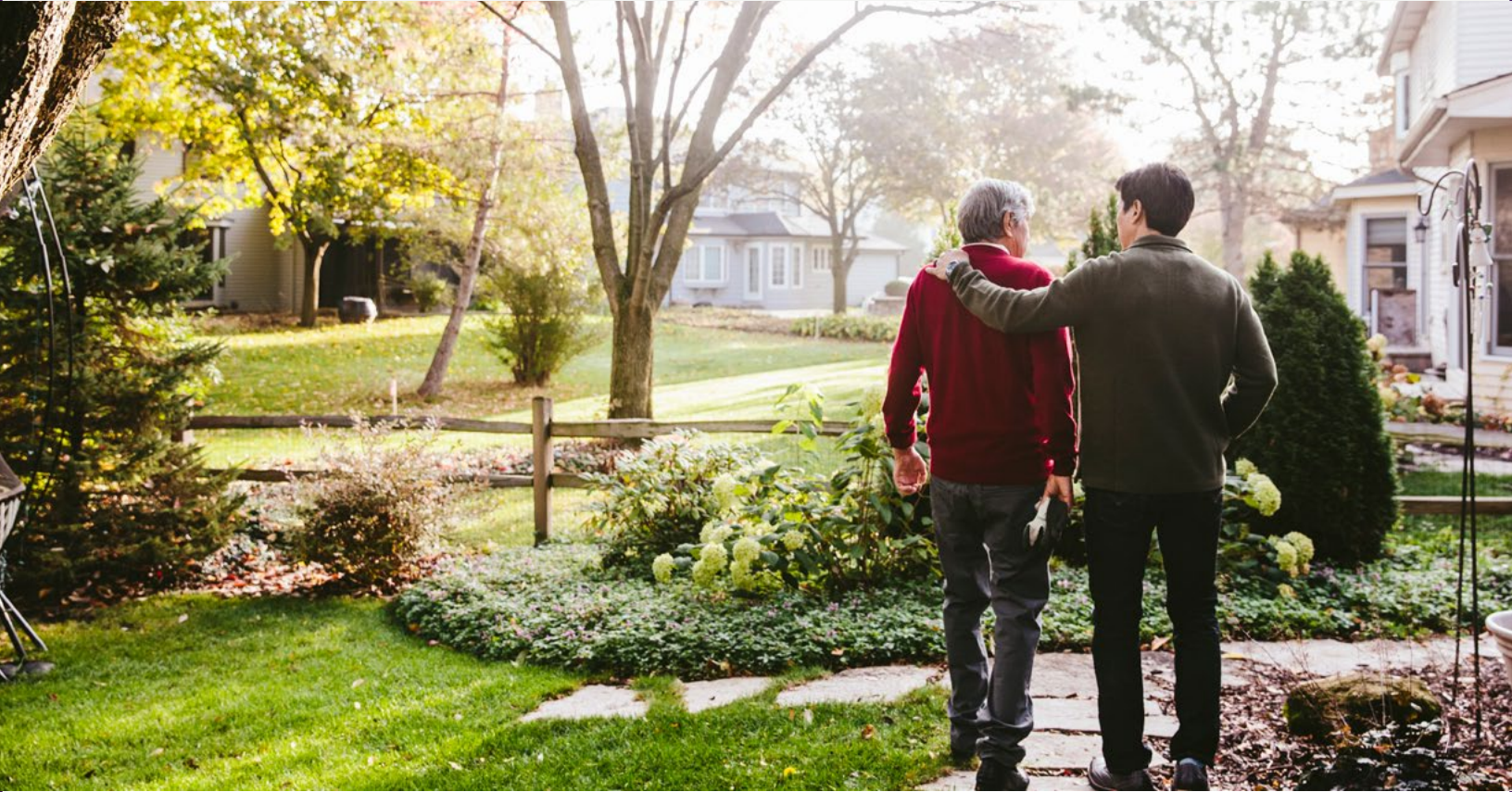


AM I my brother's keeper?

MEN, STRESS, DEMENTIA and CAREGIVING



Today, men represent almost 40 percent or close to 14.5 million caregivers caring for a family member. The stress of caregiving can lead to burnout if you do not take care of yourself. Join us as we explore challenges and strategies specific to caring for someone with memory challenges, learn about the warning signs of Dementia and burnout. Get tips and hear about real life experiences from men who are caring for loved ones.

**CLICK ON ONE OF THE LINKS BELOW OR CALL 800.272.3900
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