



**PRESS RELEASE**

**August 1, 2018**

Contact: Fran Foster  
Office: 804.967.2580  
ffoster@alz.org

**THE BRAINS BEHIND SAVING YOURS.™**

**ALZHEIMER'S ASSOCIATION GREATER RICHMOND CHAPTER TO OFFER EDUCATION PROGRAMS AND  
SUPPORT GROUP MEETINGS IN AUGUST**

**TRI-CITIES EDUCATION PROGRAMS-AUGUST 2018**

Tuesday, August 14, 6:30-7:30 p.m.

**Conversations about Alzheimer's and Dementia**

Petersburg Public Library  
201 West Washington Street  
Petersburg, VA 23803

Please call 804.967.2580 for more information.

Wednesday, August 15, 6:00-7:00 p.m.

**Effective Communication**

Petersburg Public Library  
201 West Washington Street  
Petersburg, VA 23803

Please call 804.967.2580 for more information.

Thursday, August 16, 5:30-6:30 p.m.

**Healthy Brain Health Body**

Dinwiddie Public Library  
14103 Boydton Plank Road  
Dinwiddie, VA 23841

Please call 804.967.2580 for more information.

Tuesday, August 21, 5:30-7:30 p.m.

**Caregiver Appreciation Night Expo**

Dunlop House Assisted Living and Memory Care  
235 Dunlop Farms Boulevard  
Colonial Heights, VA 23834

Please call 804.967.2580 for more information.

Wednesday, August 22, 6:00-7:00 p.m.

**The BASICS of Alzheimer's**

Sunflower Gardens  
N. 5305 Plaza Drive  
Hopewell, VA 23860

Please call 804.967.2580 for more information.

Tuesday, August 28:30-7:30 p.m.

**Caregiver Appreciation Night Expo**

Dunlop House Assisted Living and Memory Care  
235 Dunlop Farms Boulevard  
Colonial Heights, VA 23834

Please call 804.967.2580 for more information.

## **SUPPORT GROUPS AUGUST 2018**

Each month, the Alzheimer's Association Greater Richmond Chapter conducts Support Group meetings to provide the community with an opportunity to meet for mutual support and to exchange coping skills. These groups provide the opportunity for participants to maintain their own health and well-being, while enhancing their ability to care for their loved one with Alzheimer's or dementia.

## **SPECIALTY SUPPORT GROUPS AUGUST 2018**

Wednesday, August 1, 9:30–11:30 a.m.

### **Millennial Caregivers Support Group**

Shady Grove United Methodist Church

4703 Shady Grove Road

Glen Allen, VA 23059

Please call 804-446-5860 for more information.

Tuesday, August 7 and August 21, 4:30 p.m.

### **Younger Onset – Newly Diagnosed**

Support group for individual with Alzheimer's and their care partner. Pre-screening is required.

Please call 804-967-2580 for more information.

Sunday, August 12, 3:00-4:30 p.m.

### **Memory Support Café**

Journey Community Center

19210 Patrick Henry Highway

Amelia Court House, Va 23002

Advance registration is required – call 800.272.3900

Tuesday, August 14, 4:30 p.m.

### **For Caregivers and Persons with Dementia**

Separate, concurrent groups for family members are available. Prescreening is required. For information on this group, please call 804-967-2592.

Thursday, August 23, 1:30 p.m.

### **Early Stage Support Group**

Support group for individual with Alzheimer's and their care partner. Pre-screening is required. Please call 804-967-2580 for more information.

Friday, August 24, 2 p.m.

### **TOAD - Rare Dementia Support Group – For Caregivers and Individuals with Other Dementias**

The Rec Room

4116 West Broad Street

Richmond, VA 23230

Please call 804-967-2580 for more information.

August – date, time and location TBD

### **LGBTQ Dementia Caregiver Support Group**

Please call 804-967-2580 for more information.

## **SUPPORT GROUPS FOR CAREGIVERS AUGUST 2018**

Tuesday, August 7, 10:30 a.m.

Second Branch Baptist Church

12217 Second Branch Road

Chesterfield, VA 23838

Please call 804-967-2580 for more information.

## **SUPPORT GROUPS FOR CAREGIVERS AUGUST 2018-CONTINUED**

Wednesday, August 8, 10 a.m.  
New Life United Methodist Church  
900 Old Hundred Road  
Midlothian, VA 23114  
Please call 804-967-2580 for more information.

Wednesday, August 8, 4 p.m.  
Petersburg Public Library  
201 W. Washington Street  
Petersburg, VA 23803  
Please call 804-446-5860 for more information.

Thursday, August 16, 7 p.m.  
Lucy Corr Village  
6800 Lucy Corr Court  
Chesterfield, VA 23832  
Please call 804-967-2580 for more information.

Tuesday, August 21, 2 p.m.  
Bon Air Methodist Church  
1645 Buford Road  
N. Chesterfield, VA 23235  
Please call 804-967-2580 for more information.

Tuesday, August 21, 7 p.m.  
Brandermill Woods Health Care Center  
2100 Brandermill Parkway  
Midlothian, VA 23112  
Please call 804-967-2580 for more information.

Thursday, August 23, 5:30 p.m.  
dayBreaks Adult Day Care  
2405 Dovercourt Drive  
Midlothian, VA 23113  
Please call 804-967-2580 for more information.

## **MEMORY CAFÉS**

The Alzheimer's Association's Memory Cafés offer a fun and relaxed way for people living with early-stage memory loss to get connected with one another through social events that promote interaction and companionship. This is a place where the care partner can receive information while connecting and sharing with other people in similar situations. The bonds formed in Memory Cafés often last throughout the continuum of the disease and become an additional support for those involved.

Thursday, August 16, 11:00 a.m.  
Great Hope Baptist Church  
2101 Venable Street  
Richmond, VA 23223  
Please call 804-967-2580 for more information.

# # #

#### **ABOUT THE ALZHEIMER'S ASSOCIATION GREATER RICHMOND CHAPTER**

The Alzheimer's Association Greater Richmond Chapter was established in 1981 and its mission is to eliminate Alzheimer's disease through the advancement of research; to provide and enhance care and support for all affected; and to reduce the risk of Alzheimer's and other dementias through the promotion of brain health. In Virginia, 140,000 individuals live with Alzheimer's, including 26,000 in the 24 counties and 5 cities served by the Greater Richmond Chapter. The chapter serves persons with any dementia disease, not just individuals with Alzheimer's, and ninety-percent of our programs and services are offered free of charge. Last year, the Greater Richmond Chapter assisted more than 11,000 neighbors and answered over 2,100 Helpline calls from individuals seeking information and resources, wanting tips for caregiving, or those just needing someone to listen.