

Warm and Happiest Wishes going out and encircling you at this holiday season!

Whether it's Christmas, Saturnalia, Solstice, Kwanzaa, Diwali, Hanukkah or a celebration of light that goes by any other name, I share its fullness with you.

For me, although winter's darkness is pretty cozy and I love nesting, I love even more, that, as of Dec 21, the days get a little longer each day.

So, celebration is ON!

And, also:

BIG NEWS.

(About my massage / skincare practice and Belfast office)

I'm closing for a winter break.

Tuesday Dec.27 is my final day before I re-open in February.

If you'd like to come in before break, I'm still working Tuesdays and Fridays with alternating Saturdays.
(but filling up)

My office will then be moving.

The re-open date is not clear yet exactly, but, I'm moving my practice into the soon-to-be built treatment room inside Ananda Yoga new studio on High Street. Plus, I'll offer a couple fun workshops about Ayurvedic self care, energy healing practices, etc.

The Shop for Solavedi Organics is currently open inside the store at Ananda Yoga
at

118 High St Belfast ME 04915

(across the street from The Belfast Food Co-Op)

because they have regular

Retail Hours:

(yay!)

Thurs - Sat 10-6

Sun & Wed 11-5

Also by chance or appointment

Looking forward to seeing you sooner / later

XXOO

Carollanne

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