

First seedlings are growing, spring is coming....









Happy March friends! The first seeds of this growing season have been started and we're looking forward to filling our seedling greenhouse with young plants in the coming weeks! We're starting to see the bottom of our storage crop bins but still have plenty of our own carrots, beets, parsnips, garlic, potatoes, and cabbage available at the farm stand. It won't be long until the spring greens are coming in!

It felt important for us to share the news that we recently sent a sample from our well to be tested for the presence of PFAS chemicals, otherwise known as "forever chemicals." Thankfully, the results came back showing our water to be free from PFAS chemical contamination. Due to the recent discovery of PFAS contamination on some farmland in Maine, we felt it was important for our own peace of mind, and for our customers to know if our land was one of the sites affected by PFAS. Our hearts and thoughts are often with farmer friends of ours whose land and/or water has been affected by these 'forever chemicals'. It feels more important than ever to be a good steward of this land and work with it to provide as much safe and beautiful food for our community as we can.

Learn more about the PFAS issues on the Maine DEP website at this link. PFOA

and PFOS, Maine Department of Environmental Protection

The Maine Organic Farmers and Gardeners Association (MOFGA) has teamed up with Maine Farmland Trust to create a fund for farms that are facing significant financial setbacks because of PFAS.

Learn more here. <u>PFAS Emergency Relief Fund | Maine Organic Farmers and Gardeners (mofga.org)</u>

Donate to the relief fund here. <u>Donate to Support the PFAS Emergency Relief Fund</u> (blackthorn.io)

We are constantly working to invest in the systems that we have here on the farm to be able to grow food well and efficiently. We strive to provide an abundance for our farm store community and for the food pantries that we supply through the Mainers Feeding Mainers program.



Wild Miller Farm store is open daily, dawn to dusk. Beautiful, local food available

for you every day. :) If you need to swing by after dark because of work schedules, just send me a note via text at 603-988-4658 and I can leave the store light on for you. :)



All of our produce is MOFGA Certified Organic

This week at the Farm Store you may find

Beef Soup Bones!

Beef Short Ribs!

Ground Beef!

Potatoes!

Onions!

Parsnips!

Carrots!

Beets!

Green Cabbage!

Garlic!

Back 40 Bread!

Seal Cove goat cheese!

Kate's Butter!

Sea Chi!

Frozen Blueberries!

Hot Sauce!

Maine Grains- Rolled Oats

Maple Syrup!

Honey!

Maine Sea Salt!

Ayla's (age 9) craft corner

Take a book and Leave a book!

Bulk options available by pre-order Potatoes 40 pounds or more \$1.50 per pound Beets 10 pounds \$20.00 - 25 pounds \$40.00

Sending thoughts for health and wellness for you and your loved ones. Spring is coming....

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