Do Kind Challenge

- 1. Volunteer in our community
- 2. Bake a delicious treat to share with school/office/neighbors/friends/local business or organization
- 3. Let someone skip in front of you in line
- 4. Write positive messages on sticky notes and leave them around for others to find
- 5. Leave spare change at the laundromat
- 6. Leave a positive comment online about a local business
- 7. Donate a book at the library
- 8. Leave a snack for a delivery driver
- 9. Make snowmen outside a nursing home
- 10. Mail a handwritten card to a friend or family member just because
- 11. Pick up trash in your neighborhood
- 12. Shovel snow for a neighbor/friend/business
- 13. Help a local business and stand outside to open the door for customers as they come and go
- 14. Walk a neighbor's dog
- 15. Babysit for free
- 16. Help out the janitors at the YMCA
- 17. Give coloring books and crayons to the hospital for sick kids
- 18. Put away stray shopping carts at the grocery store
- 19. Buy flowers and hand them out on the street
- 20. Donate outgrown clothes
- 21. Draw a picture for someone
- 22. Make a Thank You card for someone who has inspired you
- 23. Give someone a Hug Coupon
- 24. Leave a nice note on someone's car
- 25. Smile and say hi to everyone you see during a day.

Belfast Area High School Girls Soccer

KINDNESS Fundraiser

Help our team go to SOCCER CAMP next summer! Pledge a donation per kindness act completed or a flat donation.

How The Fundraiser works:

- 1. Team members commit to participate in the challenge and will be split into 4 teams. Each team will complete as many of the 25 Kindness Acts as they can on the list during the week of February break, Feb 18-Feb 25th. Any member of your team can complete an act, you don't all have to be together for each one. The goal is to do them all for a total of 100!!! There will be prizes for teams who complete the most!
- 2. Between now and Saturday Feb 18th, team members will promote the fundraiser to family, friends, etc. We will also take flyers to local businesses in downtown Belfast and ask for pledges per act completed or a flat rate (kind of like a walk-a-thon).
- 3. You must take a picture of your team member(s) completing each kindness act. At the end of the week, we'll make a photo collage of the acts you completed to share with donors and hang up at the school.
- 4. Feb 25th and 26th . Follow up with those who pledged and collect any remaining pledges or donations.