

May 25, 2023

FOR IMMEDIATE RELEASE

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National Trails Day Work Party at Head of Tide Preserve

Belfast – Coastal Mountains Land Trust is inviting the public to join Land Trust staff members to help improve the trails and habitat at the Head of Tide Preserve. This event is taking place in coordination with the nationwide National Trails Day and the Maine Trail Coalition’s Love Maine Trails Month.

Starting at **9:00 a.m on Sunday June 4th** at the Land Trust’s stewardship building, “the Shed of Tides” at the trailhead at 91 Doak Road in Belfast, volunteers will work together for approximately 3 hours. No experience necessary, just a willingness to work outside removing invasive plants, digging water bars, and cutting roots. Please wear closed-toe footwear and long pants and bring a pair of work gloves (we will have extras) and a water bottle. Prepare for ticks and black flies. Coffee and snacks will be provided.

Directions: Drive out of downtown Belfast on High St, and cross Route 1. Drive 1.0 mile and turn right onto Doak Road. The Head of Tide trailhead is on the right after 0.9 miles, park on the right (Head of Tide) side of the road if the parking lot is full.

To Register: Please sign up if you plan to come. Email jacks@coastalmountains.org

Since 1986, Coastal Mountains Land Trust has worked to permanently conserve land to benefit the natural and human communities of the western Penobscot Bay. Through the efforts of the Waldo County Conservation Initiative, the Land Trust continues to have a specific focus on conserving and stewards land for wildlife, recreation, outdoor learning and climate in the 12 towns it serves in Waldo County.