

# Workforce Solutions

A proud partner of the  americanjobcenter® network

**Are you or someone you know between the ages of 16-24 and looking to enter the workforce?**

Workforce Solutions is excited to offer a **paid virtual career readiness training** for eligible youth and young adults who live in York, Cumberland, Sagadahoc, Knox, Lincoln and Waldo counties during May 2022.

Participants will attend four weeks of career readiness training, covering topics such as resume writing and interview prep, financial literacy, career exploration, finding success on the job, and more. This virtual component will be followed by individualized career services that can include placement in a paid work experience or support transitioning to occupational training, including post-secondary education.

Classes will run from Monday, May 2nd – Wednesday, May 25th. Schedule will be Monday-Wednesday from 9 AM – 12 PM. Thursdays will include paid time to complete assignments independently or with a Career Advisor's support.

If interested, contact your local Goodwill Career Advisor OR call/text or email the contact below and mention the “May Cohort” to discuss eligibility for this program:

Rory Nickerson  
Youth Program Manager  
**207-615-6411 TTY: Maine Relay 771**  
[Rory.Nickerson@workforcesolutionsme.org](mailto:Rory.Nickerson@workforcesolutionsme.org)



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