



# Parent Cafe

*East Bay Agency for Children's Central Family Resource Center* invites you to a five week virtual Parent Cafe series. Cafés are physically and emotionally safe spaces where people talk and hear each other on topics that matter to them. Weekly topics will include relationships, support, resiliency, communication and child development

## Registar Today!

**Contact:** Fernando Cruz (510) 507-8499

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**Dates:**Tuesday 8/16, 8/23, 8/30, 9/6,9/13

**Time:** 10-12pm (approx)

**Via Zoom\***Link provided after registration



