

Community Resources for Maricopa County



TEEN LIFELINE 602-248-TEEN (8336)

www.teenlifeline.org

Suicide

Teen Lifeline: 602-248-TEEN or www.teenlifeline.org

Mercy Maricopa (Mobile Teams): 602-222-9444 or www.mercymaricopa.org

EMPACT: 480-784-1514 or www.lafrontera-empact.org

Phoenix Children's Hospital: 602-933-1000 (0-12 years old)

Quail Run: 602-455-5700 or www.quailrunbehavioral.com

St. Luke's Behavioral Health Center: (602) 251-8535 or www.stlukesmedcenter.com

Banner Health Care: 602-254-4357 or www.bannerhealth.com

National Suicide Prevention Lifeline: 1-800-273-TALK

General Counseling

Jewish Family and Children Services (JFCS): 602-256-0258 or www.jfcsaz.org

EMPACT: 480-784-1514 or www.lafrontera-empact.org

Catholic Charities: 602-997-6105 or www.catholiccharitiesaz.org

Maricopa County Crisis Line: 602-222-9444

Southwest Behavioral Health Services: 602-265-8338 or www.sbhservices.org

Aurora Behavioral Health Systems: 480-345-5420 or www.aurorabehavioral.com

ASU Counselor Training Center: 480-965-5067 or <https://asunow.asu.edu/content/quality-low-cost-counseling-services-available-asu>

*Call Mercy Care to 602-263-3000 to find an agency near you

Sexuality

1n10: 602-475-7456 or www.1n10.org

PFLAG: 602-843-1404 or www.pflagphoenix.org

Trevor Helpline: 866-488-7386 or www.thetrevorproject.org

Runaway

SafePlace: 602-841-5799

National Runaway Switchboard: 800-621-4000 or www.nrscrisisline.org

Home Base Youth Services: 602-254-7777 or www.hbys.org (18-24 years old)

Contacts Shelter Hotline: 602-263-8900

Abuse/Rape

DCS (Department of Child Safety, formerly CPS): 888-SOS-CHILD

Childhelp: 800-4-A-Child or www.childhelpusa.org

Maricopa County Sexual Assault Hotline (EMPACT): 480-736-4949

Child Crisis Center: 800-842-4681 or www.childcrisisaz.org

Pregnancy/STD's

Planned Parenthood: 1-800-230-PLAN or 602-277-7526 or www.plannedparenthood.com

Crisis Pregnancy Center: 602-508-3340 or www.cpcphoenix.org

Community Resources for Maricopa County

Substance Abuse

TERROS: 602-685-6000 or www.terros.org

TASC: 602-254-7328 or www.tascosolutions.org

St. Luke's Behavioral Health Center: 602-251-8535 or www.stlukesmedcenter.com

Community Bridges: 602-276-9999 or www.communitybridgesaz.org (18 and older)

Oasis Behavioral Health: 844-810-1256 or www.obhhospital.com/programs/children/

Grief and Loss

Teen Lifeline: 602-248-TEEN or www.teenlifeline.org

New Song Center: 480-951-8985 or www.hov.org/our-care/grief-support/new-song-center-for-grieving-children/

Stepping Stones of Hope: 602-264-7520 or www.steppingstonesofhope.org

La Frontera/EMPACT: 480-784-1514 or www.lafrontera-empact.org

Compassionate Bereavement Care Providers: www.missfoundation.org/compassionate-bereavement-care/find-a-certified-provider

Trauma Counseling

La Frontera/EMPACT Trauma Healing Services: 480-736-4949 or www.lafrontera-empact.org

Information/Additional Resources:

Trauma Recovery Network: www.aetr2n.net/resources2.php

Community Information and Referral: dial 2-1-1 or www.211arizona.org

Helpful Apps

Moods: Helps track your emotions throughout the day and other elements that may be influencing your mood

Virtual Hope Box: Help users access immediate reminders of hope in the moment of stress