

Parents, Please Join Us

## **Mental Health and Well-Being: Meeting the Needs of Gifted Children**

**With Laura Wingers, PsyD**



Monday, February 3, 2020

6:00 p.m. - 7:30 p.m.

PVSchools District Administrative Center - Governing Board Room

In this engaging, interactive presentation, Dr. Wingers will shed light on essential skills parents can promote and practice with children. She will provide tips for addressing anxious, defiant and avoidant behavior at home and school. Learn more about healthy emotional development in gifted children and practical, proactive approaches to handling life's difficulties. There is much that can be done. Learn when to take action – and how to get help.

**About the Speaker:** Laura Wingers, PsyD, is a clinical psychologist and the founder of CENTER Psychology & Consulting, located in Scottsdale, Arizona. With a background in pediatric neuropsychology, clinical psychology, and school psychology, Dr. Wingers' professional focus includes early childhood development; gifted intellect and developmental asynchrony; dyslexia and other learning differences; ADHD and executive function impairments; anxiety and mood disorders; and mindfulness-based intervention approaches. She consults with individuals, families, and schools on meeting the needs of gifted learners and is passionate about finding answers and meeting challenges with understanding and hope.

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