

Staff

Partial Reinstatement of District Fall Sports, Performing Arts, and Cocurricular Activities

The Chaffey Joint Union High School District (District) is pleased to announce the partial reinstatement of its fall sports, performing arts, and cocurricular activities. Fall sports, performing arts, and cocurricular activities permitted to resume are determined according to strict adherence to Federal, State, and County public health orders, measures, and other guidance. Health and safety of the students and staff is the primary objective of the District in reopening schools and reinstating fall sports, performing arts, and cocurricular activities. The District plans to begin holding modified workouts, rehearsals, and meetings beginning no earlier than **Wednesday, June 24, 2020 (dependent on access to completed student physicals)**. The primary purpose and focus of the athletic programs is on conditioning and cardiovascular development of our athletes in preparation for future full reinstatement of athletic programs. The primary purpose of performing arts programs is on foundational skill building, small ensemble rehearsal, conditioning, and socially distanced practice. Other student meetings and activities will also be modified to ensure social distancing, yet prepare our students and programs for upcoming events, once County, State, and Federal regulations are adjusted.

As a District staff member, you are responsible for the promotion of a safe and healthy learning environment. As we move towards the partial reinstatement of fall sports, performing arts, and cocurricular activities, the District will follow recommendations and directions from the Centers for Disease Control, California Department of Education, the San Bernardino County Department of Public Health, and the San Bernardino County Superintendent of Schools. Please review the following information and guidelines to ensure that every team and organization on District campuses comply with these standards.

Staff Responsibilities

All Athletics and Activities:

- All students will be required to turn in a signed waiver before they are permitted to participate.
- All students will be pre-screened for COVID-19 symptoms and contact with individuals having COVID-19 (or symptoms) and have their temperature taken. Any individual with a fever, symptoms of COVID-19, or associations with those with COVID-19 will not be permitted to practice.
- All coaches, advisors, directors, or teachers of fall sports, performing arts, and cocurricular activities must record and store student health screenings and temperature checks, with dates and times, on a current roster. Rosters must be submitted to the Assistant Principal of Education Services at the end of each month until the Superintendent or Superintendent's designee has communicated a discontinuation of the screening requirement.
- Hand sanitizer will be provided in common areas.
- When not actively engaged in athletic or musical activities, masks must be worn by students and staff.
- The standard of 6-feet in social distancing must be maintained at all times during any activities on campus (including outdoors, classrooms, hallways, entrances/exits, common spaces of any kind, and offices). Locker rooms are not permitted for use at this time.

- Individuals should sanitize or wash their hands for a minimum of 20 seconds with water and soap before touching any surfaces or participating in meetings, practices, or rehearsals.
- All practices and activities will be closed to the public, family, or associates of staff or students.
- Hydration stations (water trough, water fountains, etc.) should not be utilized. Students are required to bring their own water bottles.
- Where possible, online education (such as online training courses for AED/CPR and first aid) will replace in-person training.
- No more than 18 people at a time will be allowed to gather indoors, whereas no more than 50 people may gather outdoors at one time.
- To the extent possible, workouts will be conducted in “pods” of students with the same 5-10 always working out together.
- Prior to individuals entering the facility, hard surfaces and frequently used areas will be wiped down and disinfected; equipment with holes/exposed foam will be covered up.
- No shared towels, clothing, shoes, or water bottles will be permitted.
- Physical contact such as high-fives, fist/chest bumps, and hugs should not be allowed.
- Students should wear their own appropriate workout clothing (do not share clothing). Individual clothing/towels should be washed and cleaned after every workout.
- Cancellation of training or contests, as well as the possibility of teams isolating for 2 weeks, may occur with little notice as a result of recurrent outbreak or knowledge that a teacher, coach, advisor, director, or student has contracted or is exhibiting symptoms of COVID-19.

Athletic Specific Activities:

- Physicals shall be required prior to student participation in partial reinstatement activities and practices.
- All coaches and students are encouraged to practice good hygiene including proper handwashing, coughing and sneezing etiquette, wiping down weight equipment thoroughly before and after individual use, showering, and washing workout clothing immediately upon returning home.
- All coaches and students are encouraged to don attire that limits sweat transfer.
- Masks are required to be worn by students with the exception of swimming, distance running, or other high intensity aerobic activity.
- Equipment must be cleaned intermittently during practice and competition.
- All students shall bring their own water bottle. Water bottles must not be shared.
- Maximum lifts must be limited, power cages should be used where applicable, and if spotters are needed, spotters should stand at each end of the bar to maintain social distancing.
- Weight equipment should be wiped down thoroughly before and after an individual’s use of equipment.
- Resistance training should be emphasized as body weight, weight machines, and free weights that do not require a spotter (free weight exercises that require a spotter cannot be conducted while honoring physical distancing norms. Safety measures in all forms must be strictly enforced in the weight room).

- Sport-Specific Requirements:

Cross Country:

- Runners should maintain at least 6 feet of distancing between individuals, no grouping (i.e. starts and finishes).

Track and Field:

- Runners should maintain at least 6 feet of distancing between individuals, no grouping (i.e. starts and finishes). No sharing of implements / equipment. Padded equipment should be cleaned between use.

Swimming:

- Swimmers should maintain appropriate physical distancing 6 feet apart. Do not share lanes.

Golf:

- Maintain appropriate physical distancing 6 feet apart.

Tennis:

- No sharing of balls, each player may use own can of balls to serve and use racket to pass other balls (singles only).

Volleyball:

- Conditioning, individual ball handling drills, each player has own ball. A player should not use a single ball that others touch or hit in any manner.

Soccer:

- Conditioning, individual ball skill drills, each player has own ball, feet only (no heading/use of hands), no contact.

Baseball/Softball:

- Conditioning and tee work. Players should not share gloves or bats or throw a single ball that will be tossed among the team. A single player may hit in cages, throw batting practice (with netting as backstop, no catcher). Prior to another athlete using the same balls, they should be collected and cleaned individually.

Football:

- Conditioning and individual drills. A player should not participate in drills with a single ball that will be handed off or passed to other teammates. Contact with other players is not allowed, and there should be no sharing of tackling dummies / donuts / sleds. Protective equipment prohibited.

Wrestling:

- Conditioning, mirror drills with spacing, no contact. Wrestlers may skill and drill without touching a teammate (as long as physical distancing is adhered to).

Cheerleading:

- Conditioning and individual technique/choreography work. Students may not practice/perform partner or group stunts. Chants, jumps, dance, tumbling without contact are permissible as long as physical distancing is adhered to.

Basketball:

- Conditioning, individual ball skill drills, no contact or sharing of balls. A player may shoot with a ball(s), but a team should not practice/pass a single ball among the team where multiple players touch the same ball.

Water Polo:

- Conditioning, individual ball skill drills, no contact or sharing of balls. A player may shoot with a ball(s), but a team should not practice/pass a single ball among the team where multiple players touch the same ball.

Other Activities (Drama, Choir, Academic Decathlon, Leadership, Link Crew, JROTC)

- All activity rehearsal, practice, or meeting sessions must comply with the social distancing standard of 6 feet in between people. The maximum number of people inside a room is 18. Whenever possible, meetings should be held outside or in a large room where the 6-foot social distance can be maintained. Physical contact between people is prohibited.

Band/Music Specific:

- No gathering of more than 18 people at a time inside. Up to 50 individuals may gather outdoors for rehearsals.
- Masks are required to be worn by students and staff, unless they are actively using their mouth to play a musical instrument.
- Directors must create a plan for getting instruments from the band room to the practice facility that allows for social distancing and sanitation.
- Social distancing should be observed when music is being taught. Students should learn the music standing still, spaced at a minimum of 6-foot intervals. If teachers need to move within the 6-foot area to correct a student's playing position, embouchure, posture, etc. they should do so briefly and then move back away.
- Rehearsals should take place outdoors. If weather prevents outdoor rehearsals, rehearsals may be allowed indoors as long as a minimum of 6 feet between each individual can be achieved. Drastically reducing the number of students in an indoor setting will be likely.

- Shared musical equipment should be sanitized thoroughly before and after an individual's use of equipment.
- Students must be encouraged to shower and wash their rehearsal clothing immediately upon returning home.
- All students shall bring their own water bottle. Water bottles must not be shared.

CHAFFEY JOINT UNION HIGH SCHOOL DISTRICT

STAFF AGREEMENT TO THE 2020-2021 FALL SPORTS, PERFORMING ARTS, AND COCURRICULAR ACTIVITIES REINSTATEMENT PLAN EXPECTATIONS

1. As an employee of the Chaffey Joint Union High School District, I understand the requirements set forth in the fall sports, performing arts, and cocurricular activities reinstatement plan.
2. I understand that the following must be conducted daily prior to the admission of students to any fall sports, performing arts, and cocurricular activities:
 - a. In order to participate within fall sports, performing arts, and cocurricular activities, students must undergo a health screening questionnaire and temperature check.
3. Students who exhibit COVID-19 symptoms or indicate they have been in contact with a person exhibiting COVID-19 symptoms must not participate in the fall sports, performing arts, and/or cocurricular activity. In addition to their exclusion from school, I understand that the school site administration must be notified immediately in the event of COVID-19 symptom findings or COVID-19 exposure.
4. Any person-to-person contact is strictly prohibited.
5. No more than 18 individuals may be admitted to a storage room, office, or classroom at a time during the fall sports, performing arts, and/or cocurricular activities reinstatement period.
6. During workouts, practice, or meetings, no more than 50 students may be in a supervised group.
7. A minimum of 6 feet of social distancing must be maintained at all times.
8. Masks must be worn during fall sports, performing arts, and cocurricular activities, unless actively playing a musical instrument, swimming, or participating in aerobic activities.
9. Students and staff must thoroughly wash and/or sanitize hands upon entry to campus and as frequently as possible during the time on campus.

By signing below, I agree to abide by and enforce all Board Policies and Administrative Regulations of the Chaffey Joint Union High School District. In addition, I understand, will abide by, and enforce the elements within the fall sports, performing arts, and cocurricular activities reinstatement guidelines. I further understand that the Superintendent or Superintendent's designee may adjust/modify any of these restrictions, and those restrictions will supersede any previously published guidelines.

Staff Member Name _____

Staff Member Signature _____ Date _____

This form must be submitted to the Assistant Principal of Educational Services prior to meeting with or instructing students.