

HIGH-LEVERAGE STRATEGIES

TO MEET THE NEEDS OF ALL STUDENTS

Physical education teachers can use these strategies to design instruction for specific student groups and ensure EVERY student has the skills, knowledge, and motivation to be physically active for life.



English Learner

- Increase the use of visuals (technology, video, translations, apps)
- Strategic grouping and/or peer buddies
- Provide sentence frames as conversation starters



LGBTQIA+

- Increase school awareness
- Provide safe spaces/locker rooms
- Pay attention to pronouns used



Special Education

- Peer buddies
- Engage Special Education department (adaptive physical education, mod-severe, other specialists)
- Modify students' experience (instruction, equipment, area, visuals)



Gifted and Talented Education (GATE)

- Use as class leaders
- Strategic grouping and/or peer buddies
- Differentiate instruction/material



Mental Health Needs

- Restorative circles
- Regular check-ins with students (know their backgrounds, ensure needs are met)
- Provide opportunities to de-stress (quiet area, yoga, meditation)

In addition to these strategies, physical education teachers are encouraged to seek out the expertise of campus specialists to better understand students' needs and our opportunities to support them. Consider reaching out to adapted physical educators, counselors, special education teachers/support providers, classroom teachers, and English language coordinators/support providers.