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News from Corporate Pit Stop, LLC

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CORPORATE PIT STOP UNDER NEW MANAGEMENT

(Columbia, Maryland) After 20 years, the founder of Corporate Pit Stop, a full-service wellness company improving the health of employees through wellness seminars, lunch and learns, health fairs, and seated massages will hand the reins over to a new owner.

Linda Penkala, Licensed Massage Therapist of 30 years, writer, wellness educator, and owner of 2 massage therapy companies, will sell her traveling massage company Corporate Pit Stop LLC effective June 1, 2018. Fellow massage therapist Thomas Jordan is purchasing her impressive client list and website domain www.corporatepitstop.com, along with the company's Facebook page. Jordan's focus on the customer experience in his former career in culinary arts and hospitality, has prepared him to refocus these customer-centric skills as a wellness and massage provider. His official grand re-opening is June 11, 2018 and he is thrilled to carry on the same level of caring service Corporate Pit Stop is known for. The dedicated LMTs who worked at CPS over the years will remain on board.

"If one is not investing in the health of a company's greatest asset, the employees, then one may be gambling on the health and growth of the bottom line", said Penkala.

Corporate Pit Stop LLC began with Penkala traveling to companies with her massage chair and has grown to the management of over 10 LMT's serving companies and universities in the Baltimore – Washington – Virginia area. One key reason for the sale of CPS at this time is to allow Linda to dedicate more time to writing her heart health book for women *Pause Now, to Relax Ladies, for Your Heart's Health*. Currently, heart disease is the #1 killer of women now. Her Wise Women Heart Health program along with Wellness 101 and Aromatherapy for Health will still be offered for wellness presentations. The joy of spending time with her five grandchildren, along with practicing massage for her other company, Optimum Health for Life, will keep her hands and heart busy!

Many corporations, both large and small, including the likes of Boeing, Apple, and The Disney Company, have recognized the importance of on-site wellness programs. As this trend grows, the future of Corporate Pit Stop LLC, with Thomas Jordan as the new owner, is both bright and positive. Jordan looks forward to doing the important work of helping neutralize employee's ever-growing stress, anxiety, and pain that is seen and felt daily. His continued offering of hope and healing, right in the workplace, is a WIN/WIN for all.

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