



# HEADSTRONG

Hamilton Brain Injury Association  
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@TheHBIA

## MARCELO'S WORDS

### A Little Funny For The Day

What type of food were they serving at the conservative convention?  
Catch-A-Tory



### Brain Injury

B rain  
R einforced  
A lighnement  
I sn't  
N egotiable

I mperfections  
N oted  
J udged  
U nder  
R ecovery  
Y ours

The mistakes we make are our own. The right actions we make are also our own. As of now we are forced to LOVE LIFE as we are, and not as we would like it to BE

### Go CAPTAIN Go

The traumatic experience that was! WAS NOT. THEREFORE, still riding that DREAM, Don't stop now! Disabilities we have ACQUIRED. WE like to call these LIMITATIONS. WHAT! Did you say "DISABILITIES?"

Instilled into my BEING is "DRIVE" every single minute of every day.

BEING colourful is the destiny, we the individuals of "LIMITATIONS" we have.

Sure we are different. PLUS ONE: HEY, we might be taken advantage of. PLUS TWO: WE exist. PLUS THREE: WE clear more HURDLES. PLUS FOUR: WE survived. PLUS FIVE: Name your minuscule step – wait, scratch that statement.

HAPPINESS is HOW far one can CARRY that “CROSS” (religion not intended)

WE will REACH our “DESTINATION” LIKE “YOU” The “MIND” will carry us.

## **ALBION FALLS**

A ttractive

L ocation

B ut

I nquisitive

O ptions

N egated

F reedom

A ppears

L ess

L egal

A ecurely FOLLOW the LAW