



# MONTHLY CALENDAR

**Hamilton Brain  
Injury Association**  
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| SUN | MONDAY<br>Clubhouse Open<br>9am – 3pm                                    | TUESDAY<br>Clubhouse Open<br>9am – 3pm  | WEDNESDAY<br>Clubhouse Open<br>12pm – 6pm                                     | THURSDAY<br>Clubhouse Open<br>9am – 1pm   | FRIDAY<br>Clubhouse<br>Closed | SAT |
|-----|--|---|---|---|-------------------------------|-----|
| 27  | 28 9am – 3pm<br>Support Group<br>1030 - 12<br>Movie Club<br>1 – 230      | 29 9am – 3pm<br>Glee Club<br>1030 – 12  | 30 12pm – 6pm<br>Support Group<br>4 – 530                                     | 31 9am - 1pm<br>Support Group<br>1030 – 12  | 1 Closed                      | 2   |
| 3   | 4 Closed<br>Labour Day<br>Clubhouse<br>Closed                            | 5 9am – 3pm<br>Glee Club<br>1030 – 12<br>Family Resource<br>Group 7 – 9pm<br>(Fortinos Mall Rd) | 6 12pm – 6pm<br>Support Group<br>4 – 530                                      | 7 9am – 1pm<br>Support Group<br>1030 – 12   | 8 Closed                      | 9   |
| 10  | 11 9am – 3pm<br>Breakfast Club<br>9 – 1030<br>Support Group<br>1030 – 12 | 12 9am – 3pm<br>Glee Club<br>1030 - 12  | 13 12pm – 6pm<br>Support Group<br>4 – 530                                     | 14 5pm - 8pm<br>Support Group<br>1030 – 12<br>Spouse Support<br>Group 7 – 9pm<br>(Fortinos Mall Rd)         | 15 Closed                     | 16  |
| 17  | 18 9am – 3pm<br>Support Group<br>1030 – 12                               | 19 9am – 3pm<br>Glee Club<br>1030 - 12  | 20 Closed<br>No group –<br>Clubhouse Closed                                   | 21 9am - 1pm<br>Support Group<br>1030 – 12  | 22 Closed                     | 23  |
| 24  | 25 9am – 3pm<br>Support Group<br>1030 - 12<br>Movie Club<br>1 – 230      | 26 9am – 3pm<br>Glee Club<br>1030 - 12  | 27 12pm – 6pm<br>Clubhouse Planning<br>1130 - 130<br>Support Group<br>4 – 530 | 28 Closed<br>No Group –<br>Clubhouse Closed<br>Mandarin Outing<br>please rsvp<br>Details available at group | 29 Closed                     | 30  |

\*\*\*Please note that times and dates of all programs are subject to change. Please check our online calendar for updates or contact us for information\*\*\*