



# DECEMBER 2016

**Hamilton Brain Injury Association**  
**822 Main St E**  
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**www.hbia.ca**

SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT
	Clubhouse Open 9am – 3pm	Clubhouse Open 9am – 3pm	Clubhouse Open 11am – 6pm	Clubhouse Open 9am – 1pm	Clubhouse Closed	
27	28	29	30	1 <b>9am – 1pm</b>  <b>Support Group</b> <b>1030 - 12</b>	2 <b>Closed</b>	3
4	5 <b>9am – 3pm</b>  <b>Support Group</b> <b>1030 - 12</b> <b>Knitting Club</b> <b>1 – 230</b>	6 <b>9am – 3pm</b>  <b>Glee Club</b> <b>1030 – 12</b> <b>Support Group</b> <b>1 – 230</b> <b>Family Resource Group</b> <b>7 – 9pm</b>	7 <b>11am – 6pm</b>  <b>Club Plan Group</b> <b>11 30 – 130</b> <b>Art Club</b> <b>1 – 230</b> <b>**Welcome BIS**</b> <b>Support Group</b> <b>4 – 530</b>	8 <b>9am – 1pm</b>  <b>Support Group</b> <b>1030 - 12</b> <b>Spouse Support Group</b> <b>7 – 9pm</b> <b>(please contact for info)</b>	9 <b>Closed</b>	10
11	12 <b>9am – 3pm</b>  <b>Breakfast Club</b> <b>9 - 1030</b> <b>Support Group</b> <b>1030 - 12</b> <b>Movie Club</b> <b>1 - 230</b>	13 <b>9am – 3pm</b>  <b>Glee Club</b> <b>1030 - 12</b> <b>Support Group</b> <b>1 – 230</b>	14 <b>11am – 6pm</b>  <b>Care Group</b> <b>12 - 2</b> <b>Support Group</b> <b>4 – 530</b>	15 <b>Closed</b>  <b>HOLIDAY CELEBRATION</b>  <b>Spice Factory</b> <b>5-9pm</b>	16 <b>Closed</b>	17
18	19 <b>9am – 3pm</b>  <b>Support Group</b> <b>1030 - 12</b> <b>Knitting Club</b> <b>1 – 230</b>	20 <b>9am – 3pm</b>  <b>Glee Club</b> <b>1030 - 12</b> <b>Support Group</b> <b>1 – 230</b>	21 <b>11am – 6pm</b>  <b>Newsletter Group</b> <b>12 - 2</b> <b>Writer's Imagination</b> <b>2 – 330</b> <b>Support Group</b> <b>4 – 530</b>	22 <b>9am - 1pm</b>  <b>Support Group</b> <b>1030 – 12</b>	23 <b>Closed</b>	24
25	26 <b>Closed</b>	27 <b>9am – 3pm</b>  <b>Glee Club</b> <b>1030 - 12</b> <b>Support Group</b> <b>1 – 230</b>	28 <b>11am – 6pm</b>  <b>Support Group</b> <b>4-530</b>	29 <b>Closed</b>	30 <b>Closed</b>	31

\*\*\*Please note that times and dates of all programs are subject to change. Please check our online calendar for updates or contact us for information\*\*\*