

JANUARY

822 Main St E
905 538 5251
info@hbia.ca
www.hbia.ca



2018

Hamilton Brain Injury Association

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	CLOSED 1	CLOSED 2	12pm – 6pm 3	9am – 2pm 4	CLOSED 5	6
	No Group – Clubhouse Closed	No Group – Clubhouse Closed	Support Group 4 – 530	Support Group 1030 – 12		
7	9am – 3pm 8	9am – 2pm 9	12pm – 6pm 10	9am – 2pm 11	CLOSED 12	13
	Support Group 1030 – 12	Glee Club 1030 – 12 Family & Caregiver Support Group 630 – 830pm (Regional Rehab Centre)	Support Group 4 – 530	Support Group 1030 – 12 Spouse Support Group 7 – 9pm (Fortinos Mall Rd)	9 – 12 HBIA Info Booth Regional Rehab Centre	
14	9am – 3pm 15	9am – 2pm 16	12pm – 6pm 17	9am – 2pm 18	CLOSED 19	20
	Support Group 1030 – 12	Glee Club 1030 - 12	Support Group 4 – 530	Support Group 1030 – 12		
21	9am – 3pm 22	9am – 2pm 23	12pm – 6pm 24	9am – 2pm 25	CLOSED 26	27
	Support Group 1030 – 12 Movie Club 1 – 230	Glee Club 1030 - 12	Clubhouse Planning 1130-130 Support Group 4 – 530	Support Group 1030 – 12		
28	9am – 3pm 29	9am – 2pm 30	12pm – 6pm 31	9am – 2pm 1	CLOSED 2	
	Support Group 1030 – 12	Glee Club 1030 - 12	Support Group 4 – 530	Support Group 1030 – 12		

Please note that times and dates of all programs are subject to change. Please check our online calendar for updates or contact us for information