

# OCTOBER 2018

Hamilton Brain Injury Association  
 822 Main Street East | Hamilton, ON L8M 1L6  
 Office: (905) 538-5251 | info@hbia.ca | www.hbia.ca

### CLUBHOUSE HOURS

Monday 9:00am-2:00pm  
 Tuesday 9:00am-2:00pm  
 Wednesday 12:00pm-6:00pm  
 Thursday 9:00am-2:00pm



Monday	Tuesday	Wednesday	Thursday	Friday
1 <b>Support Group 10:30-12:00</b>	2 <b>Glee Club 10:30-12:00</b> <b>Family &amp; Caregiver Support Group at Regional Rehab Centre 6:30pm-8:30pm</b>	3 <b>*CLUBHOUSE OPENS AT 2:00PM*</b> <b>ASL CLUB 3:00-3:30</b> <b>Support Group 4:00pm-5:30pm</b>	4 <b>Support Group 10:30-12:00</b>	5 <b>CLUBHOUSE CLOSED</b>
8 <b>THANKSGIVING</b> <b>CLUBHOUSE CLOSED</b>	9 <b>Glee Club 10:30-12:00</b>	10 <b>ASL CLUB 3:00-3:30</b> <b>Support Group 4:00pm-5:30pm</b>	11 <b>Support Group 10:30-12:00</b> <b>Spouse Support Group at Fortinos (65 Mall Rd) 7:00pm-9:00pm</b>	12 <b>CLUBHOUSE CLOSED</b> <b>Information Booth at Regional Rehab Centre 9:00-12:00</b>
15 <b>Support Group 10:30-12:00</b>	16 <b>Glee Club 10:30-12:00</b>	17 <b>Clubhouse Planning Group 11:30-1:00</b> <b>ASL CLUB 3:00-3:30</b> <b>Support Group 4:00-5:30pm</b>	18 <b>Support Group 10:30-12:00</b>	19 <b>CLUBHOUSE CLOSED</b>
22 <b>Support Group 10:30-12:00</b>	23 <b>Glee Club 10:30-12:00</b>	24 <b>ASL CLUB 3:00-3:30</b> <b>Support Group 4:00-5:30pm</b> <b>Peer Support Program Information Session 5:30-7:00pm</b>	25 <b>Support Group 10:30-12:00</b>	26 <b>CLUBHOUSE CLOSED</b>
29 <b>Support Group 10:30-12:00</b>	30 <b>Glee Club 10:30-12:00</b> <b>Survivor Halloween Social 4:00-7:00pm</b>	31 <b>ASL CLUB 3:00-3:30</b> <b>Support Group 4:00pm-5:30pm</b>	RSVP to Rachel at 905-538-5251 or info@hbia.ca by October 23 if you are attending the Halloween Social. Pizza and soft drinks will be provided. Please bring a dish to share.	



**\*\*Clubhouse Hours are as listed above unless otherwise noted. Please note that times and dates of all programs and groups are subject to change. Please contact us or view our online calendar at [www.hbia.ca](http://www.hbia.ca) for updates! \*\***