

The Garchen Buddhist Institute Retreat Application

Name: _____ Date: _____

Address: _____

Phone number: _____

Email address: _____

Birth Date (mm/dd/year): _____

***Please answer the following questions in order to be considered for the retreat.
Feel free to attach additional sheets as needed to answer the questions fully.***

What has inspired you to do the retreat that you are applying for at the Garchen Buddhist Institute?

Please describe briefly your previous experience with meditation and/or Buddhist or other religious training, adding any other information about your religious background that might be helpful. What are your current formal meditation practices and how long do you currently sit each day?

Please list all of the retreats that you have done. Please indicate if it was an individual or group retreat and the length of the retreat.

Have you ever been convicted of or pleaded no contest to a crime? ____ No ____ Yes

If yes, please explain number of conviction(s); nature of offense(s) leading to conviction(s); how recently such offense(s) was/were committed; sentence(s) imposed and type(s) of rehabilitation.

Do you currently have a health condition for which you are taking medication? If so, for what condition and how long have you had it?

Do you have any health conditions that might make it difficult for you to complete the retreat for which you are applying? If yes, please explain.

Have you ever received treatment for mental illness? ____No ____Yes
If yes, please explain, including how recently.

Have you ever engaged in any form of self-harming? ____No ____Yes
If yes, please explain.

Do you use any intoxicants?

Please offer the name, email address and phone number of a Reference who knows you as a practitioner.