

CFA SOCIETY SASKATCHEWAN

PROGRAMS

MARCH 4 – REGINA

MARCH 5 - SASKATOON



Dr. Divi has been a family doctor for 20 years and is the founder of the College of Mind Body Spirit Medicine.

She is also an author, international speaker & teacher.

In her years working as a family doctor, Dr. Divi started to understand more about the body. She started to see that dis-ease is not isolated to the body, but related to our whole lives. She discovered that health is interlinked to many factors including our mental & emotional states.

Using this knowledge and her gifts of intuition, Dr. Divi helps people to re-balance and heal.

In Dr. Divi's work, she thinks of the body as a conglomerate of densely packed energies rather than material cells. Stress is one major factor that can produce significant amounts of chaos at this underlying energetic level, which is why reducing and shifting stress has such a positive influence on health.

The American Medical Association (AMA) states 80 percent of all health problems are stress related, and even the conservative Centers for Disease Control and Prevention (CDC) has stated that 85 percent of all diseases appear to have an emotional element.

The classic definition of stress is “any real or imagined threat, and your body's response to it.” Research has shown that your body's natural stress response can have a significant impact on everything from immune function and brain chemistry, to blood sugar levels, hormonal balance, and much more. For example, researchers have found that ruminating on a stressful incident will increase the levels of C-reactive protein, a marker of inflammation in your body.

Similarly, in Dr. Divi's work, she has discovered that shifting mental and emotional states has a physical impact on the body that is mind-boggling!

Dr. Divi has worked with clients from all kinds of illnesses / backgrounds including: depression, anxiety, Chrono's disease, ulcerative colitis, cancer, asthma, chronic pain, stomach ulcers, heartburn, inflammatory arthritis, eczema, psoriasis, anorexia, bulimia, repetitive strain injuries, post-accident pain and much much more.

Dr. Divi is a world recognized teacher and healer in this field and helps people individually as well as in groups.



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Saskatchewan**