

THE MYSTERY OF CHRIST CRUCIFIED

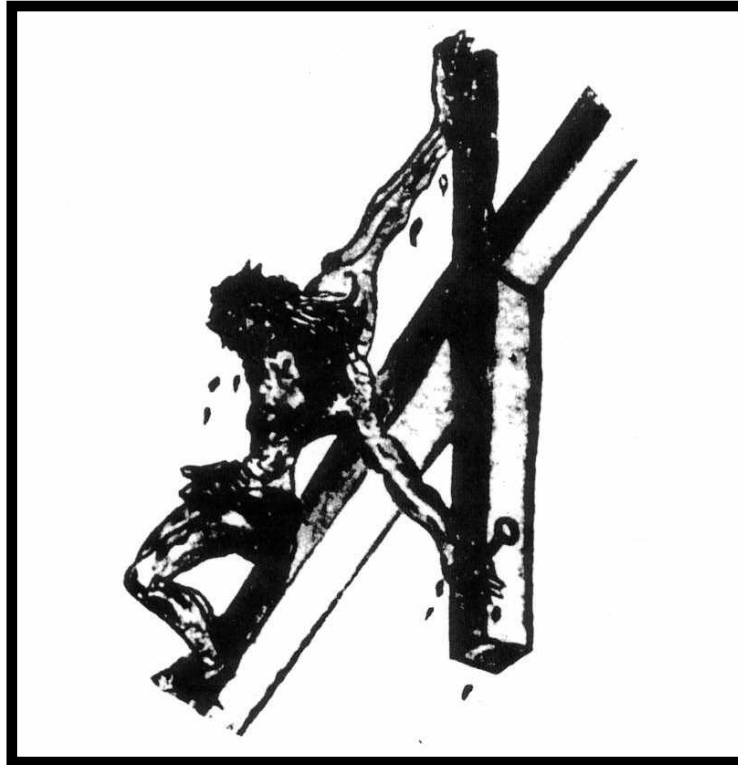
April 20, 2019

Contemplative Outreach of Maryland and Washington (COMW)

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“I have been crucified with Christ; yet I live, no longer I, but Christ lives in me.”

Galatians 2:19-20



To practice Centering Prayer is to identify with Christ Crucified. We discover the Mystery of God as we take the way of the cross through letting go and contemplation. In silence our Christ nature awakens. Such contemplative silence is a deep sharing in the cross. But, the cross is misunderstood. Carmelite nun Ruth Burrows wrote, "The deepest reason why so few of us are saints is because we will not let God love us. To be loved means a naked, defenseless surrender to all God is. It means a glad acceptance of our nothingness, a look fixed only on the God who gives." This is the mystery of the cross. The morning will include three 30-minute periods of centering prayer and a reflection on the mystery of Christ Crucified and contemplative prayer.

Led by COMW Leadership Team Member LJ Milone

[Contact LJ](#)

9:00 am - 1:00pm

[St. John the Baptist Catholic Church](#)

12319 New Hampshire Avenue

In the Library (Look for COMW signage)

Silver Spring, MD 2090

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