

Contemplative Outreach of Maryland and Washington (COMW)

THE TRINITY

Saturday, May 18, 2019

9:00am - 1:00pm

Led by COMW Leadership Team Member Benedicte Vibe Christensen

[Contact Benedicte](#)

The purpose of these half-day retreats is to deepen our awareness of God's transforming presence in our lives.



The Trinity represents the epicenter of all creation and is at the heart of Christianity. Yet it remains a mystery to many. Since the last century spiritual thinkers have rediscovered the critical relevance of the Trinity for our interaction with God and each other. The emphasis is on the relationship in the Trinity and the eternal giving and receiving between the Father, the Son, and the Spirit, and importantly with each member of the human family, as we are all invited into that divine dance as co-creators in the universe. This view of the Trinity also offers a bridge between religions and science.

The morning will include three 30 minutes periods of centering prayer and a reflection on the Trinity with a discussion of its relevance today based on spiritual writers like Richard Rohr and Cynthia Bourgeault.

[St. John the Baptist Catholic Church](#) - In the Lyon Center - Look for COMW signage

12319 New Hampshire Avenue

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Light Refreshments Served & Books Available for Sale