

# CONTEMPLATIVE OUTREACH OF MARYLAND AND WASHINGTON (COMW)

## AN INTRODUCTORY WORKSHOP AND REFRESHER ON CENTERING PRAYER

### RESTING IN GOD: THE ART OF CONSENTING Saturday, July 18

8:30 am to 12:30pm

#### SCHEDULE

As of May 31, 2020  
Subject to change

8:20: Zoom sign in - get centered

8:30: intro of day/presenters

8:40: 1st conference - Father Carl

9:10: break

9:20: 2nd conference - LJ Milone

9:50: centering prayer

10:10: q/a

10:30: break

10:40: 3rd conference - Father Carl

11:10: centering prayer

11:30: q/a

11:50: 4th conference - LJ Milone

12:20: dismissal