



The Contemplative Experience of Jesus: *Lenten Half Day Prayer Retreat*

Saturday March 21 2020

9:00 a.m. ~ 1:00 p.m.

St Columba's/Room 212

***Co-sponsored by St Columba's Centering Prayer Groups and
Contemplative Outreach of Maryland and Washington ([COMW](#))***

Christianity is not so much a series of propositions about God as it is the communication of the intimate knowledge that Jesus had of Who God or Ultimate Reality Is. We will look at the Gospel as sharing in Jesus' experience of God and what that means for contemplative living today. The focus will be the spiritual awakening stories known as the parables and what they reveal about the ongoing work of God within us and the world.

The morning will include three 30 minute periods of Centering Prayer and a presentation with interactive discussion by LJ Milone, COMW Leadership Team member and Coordinator of Adult & Children's Faith Formation, St John the Baptist, Silver Spring, MD.

Instruction will be provided for those new to Centering Prayer. All are Welcome!

No Pre-registration Required ~ Suggested \$20 Goodwill Offering

Light Refreshments Served ~ Books Available for Sale (cash or check only)