

INVER GROVE HEIGHTS JULY 2026

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

		MILK SERVED WITH EACH MEAL WHOLE <2 YRS SKIM/1% >2 YRS RED FONT = TODDLER ALT (WG) = WHOLE GRAIN * = CONTAINS PORK	TUITION DUE 1	2 	3 4TH OF JULY OBSERVED - CENTER CLOSED
Stretch-n-grow 6	 7	TURKEY SLOPPY JOES ON WG BUN, STEAMED BROCCOLI, PEARS	8 CURRY CHICKEN ON WG BROWN RICE, FRESH APPLE, SOFT APPLE SLICES	9 	10 TURKEY TACO ON WG TORTILLA, ROMAINE AND ICEBERG LETTUCE, DRESSING, GREEN BEANS , WATERMELLON
13	 14	CHEESY ROTINI, GREEN BEANS, PEACHES	TUITION DUE 15 BBQ CHICKEN ON WG BUN, PEAS, PINEAPPLE, SOFT APPLE SLICES	16 	17 CHARBROILED BEEF PATTY ON A WG BUN, KETCHUP, GREEN BEANS, FRESH BANANA
20	 21	CHICKEN TERIYAKI ON WG BROWN RICE, MIXED VEGGIES, PEARS	Bike day 22 	23 	24 CHICKEN FAJITA ON WG TORTILLA, ROMAINE AND ICEBERG LETTUCE, DRESSING, CARROTS , FRESH BANANA
27	 28	TURKEY SPIRALS, GREEN BEANS PEACHES	29 TURKEY WILD RICE HOT DISH, CARROTS, FRESH ORANGE, MANDARIN	30 	31 PICNIC STEW, DINNER ROLLS (WG), PINEAPPLE COLESLAW, FRESH BANANA