

COON RAPIDS JULY 2026

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

 Curriculum: Water Study	MILK SERVED WITH EACH MEAL WHOLE <2 YRS SKIM/1% >2 YRS RED FONT = TODDLER ALT (WG) = WHOLE GRAIN * = CONTAINS PORK	TUITION DUE 1 SW PINTO BEANS, CORN BREAD MUFFIN, FRESH APPLES, SOFT APPLE SLICES	2 CHICKEN ALFREDO, GREEN BEANS, FRESH ORANGE, MANDARIN	 3 4TH OF JULY OBSERVED - CENTER CLOSED
6 CHICKEN PESTO PASTA, CARROTS, PEACHES	Water Day TD 7 TURKEY SLOPPY JOES ON WG BUN, STEAMED BROCCOLI, PEARS	Water Day PS 8 CURRY CHICKEN ON WG BROWN RICE, FRESH APPLE, SOFT APPLE SLICES	9 PIZZA BOWL, CORN, PEAS, FRESH ORANGE, MANDARINS	10 TURKEY TACO ON WG TORTILLA, ROMAINE AND ICEBERG LETTUCE, DRESSING, GREEN BEANS, WATERMELLON
Ice Cream Day 13  CHEESY ROTINI, GREEN BEANS, PEACHES	Water Day TD 14 CHILITO ON WG TORTILLA, PEARS	TUITION DUE. 15 Water Day PS BBQ CHICKEN ON WG BUN, PEAS, PINEAPPLE, SOFT APPLE SLICES	16 WEE SHELLS WITH TURKEY, MIXED VEGGIES, FRESH ORANGES, MANDARIN	17 CHARBROILED BEEF PATTY ON A WG BUN, KETCHUP, GREEN BEANS FRESH BANANA
20 CHICKEN TERIYAKI ON WG BROWN RICE, MIXED VEGGIES, PEARS	21 CHICKEN BREAST NUGGETS (WG), PEAS, PEACHES	22 SPAGHETTI WITH TURKEY SAUCE, GREEN BEANS FRESH ORANGES, MANDARIN	Picnic Day 23  STIR FRY BEEF AND BROCCOLI, 5 GRAIN WG, FRESH APPLES, SOFT APPLE SLICES	24 CHICKEN FAJITA ON WG TORTILLA, ROMAINE AND ICEBERG LETTUCE, DRESSING, CARROTS, FRESH BANANA
27 TURKEY SPIRALS, GREEN BEANS PEACHES	Water Day TD 28 CHICKEN PARMESAN, WG BUN, PEAS, PEARS	Water Day PS 29 TURKEY WILD RICE HOT DISH, CARROTS, FRESH ORANGE, MANDARIN	30 CHARBROILED BEEF PATTY ON A WG BUN, KETCHUP, CARROTS, WATERMELLON	Bike Day 31  PICNIC STEW, DINNER ROLLS (WG), PINEAPPLE COLESLAW, FRESH BANANA