



# May 2022 Breakfast K-12 Grade

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	NOTES
<b>2 National Brothers and Sisters Day</b>  <b>No School In Service Day</b>	<b>3 National Teacher Day</b>  Egg, Sausage & Cheese Burrito ~ Below entrée 7-12 grades only May choose above entrée or entrée below Honey Oat Granola Bar & Go-Gurt	<b>4 Star Wars Day</b>  Blueberry Bash Mini Waffles ~ Below entrée 7-12 grades only May choose above entrée or entrée below Croissant w/Turkey Sausage Patty	<b>5 Cinco de Mayo</b>  Croissant w/Egg Patty ~ Below entrée 7-12 grades only May choose above entrée or entrée below Homemade Bean Burrito	<b>6 School Lunch Hero Day</b>  <b>SCHOOL LUNCH HERO DAY</b> Apple Zings Cereal Blueberry Yogurt ~ Below entrée 7-12 grades only May choose above entrée or entrée below English Muffin w/Egg Patty & Cheese	<b>Served Monday-Friday for Breakfast-Fruit Juice, Fruit &amp; Milk</b>  <b>Served Monday-Friday for Lunch-Milk, See Menu for Fruit Component</b>  Contains Pork Meatless Menu  <b>Did you Know?</b> <i>May is National egg month eggs are filled with protein and antioxidants. They are an easily served that contributes to muscle strength, brain function, eye health, and weight management. Go beyond the more traditional recipes and experiment with ideas and techniques you have never tried before. Mix in your favorite vegetables, meats, and sauces. Bake, poach, hard-cook, fry, or scramble up a personalized egg dish. A healthy egg dish will always leave you feeling "sunny side up."</i>
<b>9 National Lost Sock Memorial Day</b>  <b>LOST SOCK</b> Mini Cinnamon Rush French Toast ~ Below entrée 7-12 grades only May choose above entrée or entrée below Omelet w/Biscuit	<b>10 National Clean Your Room Day</b>  Chocolate Chip Breakfast Round ~ Below entrée 7-12 grades only May choose above entrée or entrée below Malt' O Meal Cereal Brown Sugar PC	<b>11 National Receptionists Day</b>  Biscuit w/Turkey Sausage Patty ~ Below entrée 7-12 grades only May choose above entrée or entrée below Mini Maple Burst Pancake	<b>12 National Nutty Fudge Day</b>  Pigglesstick ~ Below entrée 7-12 grades only May choose above entrée or entrée below Breakfast Sausage Skillet w/Tortilla	<b>13 National Frog Jumping Day</b>  Lucky Charms Cereal Go-Gurt ~ Below entrée 7-12 grades only May choose above entrée or entrée below Croissant w/Ham Slice & Scrambled Eggs	
<b>16 Drawing Day</b>  Banana Bread Slice ~ Below entrée 7-12 grades only May choose above entrée or entrée below English Muffin w/Egg Patty & Cheese	<b>17 National Graduation Tassel Day</b>  Breakfast Turkey Sausage Pizza ~ Below entrée 7-12 grades only May choose above entrée or entrée below Peanut Butter & Jelly Sandwich	<b>18 National Visit Your Relatives Day</b>  Strawberry Cream Cheese Mini Bagels ~ Below entrée 7-12 grades only May choose above entrée or entrée below Biscuit w/Turkey Sausage Patty	<b>19 National Devil's Food Cake Day</b>  Mini Maple Pancake ~ Below entrée 7-12 grades only May choose above entrée or entrée below Homemade Beef, Potato, Green Chili & Cheese Burrito	<b>20 National Rescue Dog Day</b>  Golden Grahams Cereal Raspberry Yogurt ~ Below entrée 7-12 grades only May choose above entrée or entrée below Croissant with Egg Patty & Cheese	
<b>23 National Lucky Penny Day</b>  Blueberry Muffin ~ Below entrée 7-12 grades only May choose above entrée or entrée below Homemade Egg & Cheese Burrito	<b>24 National Brother's Day</b>  Croissant w/Turkey Sausage Patty ~ Below entrée 7-12 grades only May choose above entrée or entrée below Cinnamon Granola Breakfast Round	<b>25 National Sing Out Day</b>  Mini Cinni Roll ~ Below entrée 7-12 grades only May choose above entrée or entrée below Croissant w/Cheddar Cheese Omelet	<b>26 Last Day of School</b>  Egg and Cheese Breakfast Calzone ~ Below entrée 7-12 grades only May choose above entrée or entrée below Piggie Stick	<b>27 National Sunscreen Day</b>  <b>No School</b>	




"We Think Nutrition Because Kids Can't Think Without It"

Menus Subject to Change

"USDA is an equal opportunity provider, employer, and lender"

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<b>30 Memorial Day</b>  <b>No School</b>					

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