

May 2022 Lunch K-12 Grade

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	NOTES
2 National Brothers and Sisters Day  No School In Service Day	3 National Teacher Day  Ground Beef & Spanish Rice ~ Below entrée 7-12 grades only May choose above entrée or entrée below Taco Salad w/Taco Sauce PC ~ Sides Yellow Corn, Baby Carrots, Ranch Dressing PC, Fruit	4 Star Wars Day  Tuna & Noodles ~ Below entrée 7-12 grades only May choose above entrée or entrée below Chicken & Noodles ~ Sides Cucumber Slices, Ranch Dressing PC, California Blend Vegetable, Breadstick, Fruit	5 Cinco de Mayo  Green Chili Stew, Flour Tortilla, ~ Below entrée 7-12 grades only May choose above entrée or entrée below Nachos w/Ground Beef ~ Sides Cauliflower Florets, Broccoli Florets, Ranch Dressing PC, Spanish Rice, Fruit	6 School Lunch Hero Day  Green Chili Cheese Chicken Enchiladas ~ Below entrée 7-12 grades only May choose above entrée or entrée below Diced Pork w/Potato & Red Chili & Flour Tortilla ~ Sides Pinto Beans, Fresh Garden Salad, Ranch Dressing PC, Fruit	Served Monday-Friday for Breakfast-Fruit Juice, Fruit & Milk Served Monday-Friday for Lunch-Milk, See Menu for Fruit Component Contains Pork  Meatless Menu  7-12 grades will have an additional entrée choice or the daily choice below. Monday/Thursday-Salad Tuesday/Friday-Bento Box Wednesday-Meal in a bowl *They may only have one entrée/meal or the daily choice. **Additional sides may also be available.
9 National Lost Sock Memorial Day  Fish Sticks, Tartar Sauce PC ~ Below entrée 7-12 grades only May choose above entrée or entrée below Toasted Ham & Cheese Sandwich ~ Sides Sweet Potato Tater Puffs, Ketchup PC, Pork n' Beans, Fruit	10 National Clean Your Room Day  Beef Stir Fry ~ Below entrée 7-12 grades only May choose above entrée or entrée below Mandarin Orange Chicken ~ Sides Steamed Rice, Yellow Corn, Fortune Cookie, Fruit	11 National Receptionists Day  Pork Posole ~ Below entrée 7-12 grades only May choose above entrée or entrée below Albondigas Soup ~ Sides Lemon PC, Shredded, Cabbage, Pinto Beans, Cucumber Slices, Ranch Dressing PC, Dinner Roll, Fruit	12 National Nutty Fudge Day  Beef Fingers ~ Below entrée 7-12 grades only May choose above entrée or entrée below Hot & Spicy Drumstick ~ Sides Mashed Potatoes, Brown Gravy, Fresh Garden Salad, Ranch Dressing PC, Biscuit, Fruit	13 National Frog Jumping Day  Chef's Choice Fruit ~ Below entrée 7-12 grades only May choose above entrée or entrée below Chef's Choice ~ Sides Chef's Choice	Did you Know? May is National egg month eggs are filled with protein and antioxidants. They are an easily served that contributes to muscle strength, brain function, eye health, and weight management. Go beyond the more traditional recipes and experiment with ideas and techniques you have never tried before. Mix in your favorite vegetables, meats, and sauces. Bake, poach, hard-cook, fry, or scramble up a personalized egg dish. A healthy egg dish will always leave you feeling "sunny side up."
16 Drawing Day  Corn Dog ~ Below entrée 7-12 grades only May choose above entrée or entrée below Hot Dog on a Bun ~ Sides Ketchup PC, Mustard PC, Ranch Style Beans, Sweet Potato Waffle Fries, Fruit	17 National Graduation Tassel Day  Spaghetti w/Meatballs ~ Below entrée 7-12 grades only May choose above entrée or entrée below Lasagna with Ground Beef ~ Sides Fresh Garden Salad, Ranch Dressing PC, Italian Blend Vegetable, Garlic Bread Slice, Fruit	18 National Visit Your Relatives Day  Chicken Nuggets ~ Below entrée 7-12 grades only May choose above entrée or entrée below Baked Pork Chop ~ Sides Mashed Potatoes, Brown Gravy, Country Blend Vegetables, Dinner Roll, Fruit	19 National Devil's Food Cake Day  Nachos w/Ground Beef ~ Below entrée 7-12 grades only May choose above entrée or entrée below Nachos w/Diced Chicken ~ Sides Pinto Beans, Yellow Corn, Fruit	20 National Rescue Dog Day  Chicken Stir Fry ~ Below entrée 7-12 grades only May choose above entrée or entrée below Teriyaki Chicken ~ Sides Steamed Rice, Cucumber Slices, Ranch Dressing PC, Fortune Cookie, Fruit	

"We Think Nutrition Because Kids Can't Think Without It"

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23 National Lucky Penny Day  Chicken Alfredo with a Twist ~ Below entrée 7-12 grades only May choose above entrée or entrée below Chicken Tetrazzini ~ Sides Fresh Garden Salad, Ranch Dressing PC, Yellow Corn, Dinner Roll, Fruit	24 National Brother's Day  Beef Stew ~ Below entrée 7-12 grades only May choose above entrée or entrée below Chili Con Carne w/Beans ~ Sides Corn Bread, Cucumber Slices, Ranch Dressing PC, Fruit	25 National Sing Out Day  Chicken Salad on a Croissant ~ Below entrée 7-12 grades only May choose above entrée or entrée below Pulled Pork on a Bun w/BBQ Sauce Cup ~ Sides Broccoli Florets, Ranch Dressing PC, Sweet Potato Fries, Ketchup PC, Fruit	26 Last Day of School  Hamburger on a Bun ~ Below entrée 7-12 grades only May choose above entrée or entrée below Cheeseburger on a Bun ~ Sides Ketchup PC, Mustard PC, Shredded Lettuce, Tater Tots, Celery Sticks, Ranch Dressing PC, Fruit	27 National Sunscreen Day  No School	
30 Memorial Day  No School					

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