May 2023 Breakfast & Lunch Pre-K

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	NOTES
1 National Mother Goose Day 1 National Mother Goose Day Mini French Toast 	2 National Brothers and Sisters Day Peanut Butter & Strawberry Jelly Sandwich Č Chicken Alfredo w/Twist, Biscuit, Green Bean, Cucumber Slices, Ranch Dressing PC, Fruit	3 International Wild Koala Day Breakfast Sausage Pizza Bean Tostadas *, Hot Sauce PC, Fajita Blend Vegetables, Spanish Rice, Fruit	4 Star Wars Day Banana Bread Chicken Tacos, Pinto Beans, Baby Carrots, Ranch Dressing PC, Taco Sauce PC, Fruit	5 School Lunch Hero Day	Served Monday-Friday for Breakfast-Fruit Juice, Fruit & Milk Served Monday-Friday for Lunch-Milk, See Menu for Fruit Component Contains Pork Meatless Menu * Did you Know? May is National egg month eggs are filled with protein and antioxidants. They are an easily served that contributes to muscle strength, brain function, eye health, and weight management. Go beyond the more traditional recipes and experiment with ideas and techniques you have never tried before. Mix in your favorite vegetables, meats, and sauces. Bake, poach, hard-cook, fry, or scramble up a personalized egg dish. A healthy egg dish will always leave you feeling "sunny side up."
8 No Socks Day Happy No Socks Day Strawberry Cream Cheese Mini Bagel ~ Red Cheese & Beef Enchiladas, Pinto Beans, Fresh Garden Salad, Ranch Dressing PC, Fruit	9 National Lost Sock Memorial Day	10 National Clean Your Room Day	11 Make a Book Day Biscuit w/ Turkey Sausage & Chicken Tenders, Mashed Potatoes, White Gravy, California Blend Vegetables, Dinner Roll, Fruit	12 International Nurses Day	
15 Bring Flowers to Someone Day Apple Frudel	16 Drawing Day Chocolate, Chocolate Chip Muffin Chocolate, Chocolate Chip Muffin Green Chili Cheese Chicken Enchiladas, Spanish Rice, Pinto Beans, Fruit	17 National Graduation Tassel Day	18 International Museum Day	19 National Devil's Food Cake Day	
22 Buy a Musical Instrument Day	23 World Turtle Day	24 National Brother's Day Croissant w/Egg Patty & Cheese Croissant w/Egg Patty & Cheese Cro	25 Last Day of School SCHOOLI HAVE A GREAT SUMMERI Mini Cinni Roll	26 National Sunscreen Day	

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	NOTES
29 Memorial Day Memorial Day No Meal Service Today	30 Start of Summer Lunches	31 National Smile Day	June 1 Dinosaur Day Banana Bread ? Chicken Tacos, Pinto Beans, Baby Carrots, Ranch Dressing PC, Taco Sauce PC, Fruit	June 2 National Rocky Road Day	



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