






















November 2022 Breakfast & Lunch Pre-K







MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	NOTES
October 31 Halloween  Mini Blueberry Waffle ~ Beef Fingers, Mashed Potatoes, Brown Gravy, Country Blend Vegetables, Biscuit, Fruit	1 National Brush Day  English Muffin w/Egg Patty & Cheese ~ Chicken Fajitas, Cucumber Slices, Ranch Dressing PC, Pinto Beans, Fruit	2 Look for Circles Day  Banana Muffin ~ BBQ Teriyaki Chicken, Steamed Brown Rice, Baby Carrots, Celery Sticks, Ranch Dressing PC, Fortune Cookie, Fruit	3 Jellyfish Day  Berry Bread Slice ~ Albondigas Soup, Lemon PC, Broccoli Florets, Ranch Dressing PC, Dinner Roll, Fruit	4 National Easy-Bake Oven Day  No School for Pre-K	Served Monday-Thursday for Breakfast-Fruit & WHITE MILK Served Monday-Thursday for Lunch- WHITE MILK , See Menu for Fruit Component Contains Pork Meatless Menu <i>Did you know? Veteran's Day falls annually on November 11, it is when we honor those who have served in the United States Armed Forces. It also coincides with Armistice Day and Remembrance Day, which mark the end of World War I. On the 11th hour of the 11th day of the 11th month in 1918, World War I ended. This day became known as "Armistice Day." In 1926, Congress resolved to officially call November 11th Armistice Day. Then in 1938, the day was named a national holiday. Soon afterward war broke out in Europe, and World War II began. Soon after the end of World War II, a veteran of that war named Raymond Weeks organized "National Veterans Day" with a parade and festivities to honor all veterans. He chose to hold this on Armistice Day. In 1954, Congress officially passed and President Dwight Eisenhower signed a bill proclaiming November 11 as Veteran's Day.</i>  VETERANS DAY <i>Thanksgiving, perhaps the most popular of all American holidays after Christmas, is celebrated each year on the third Thursday of November. Not only do Americans have the chance on this day to gather with friends and family over a sumptuous meal</i>
7 National Hug a Bear Day  Apple Frudel ~ Pepperoni Pizza, Fresh Garden Salad, Ranch Dressing PC, Celery Sticks, Baby Carrots, Breadstick, Fruit	8 STEM/STEAM Day  Cinnamon Toast Crunch ~ Pork Posole, Lemon PC, Shredded Cabbage, Pinto Beans, Cucumber Slices, Ranch Dressing PC, Dinner Roll, Fruit	9 Go to an Art Museum Day  Piggle Stick ~ Chicken Fried Steak, Mashed Potatoes, Country Gravy, California Blend Vegetables, Biscuit, Fruit	10 Sesame Street Day  Croissant w/Turkey Patty & Cheese ~ Beef Stew, Corn Bread, Cauliflower Florets, Ranch Dressing PC, Fruit	11 Veterans Day  No School for Pre-K	
14 National Pickle Day  Strawberry Cream Cheese Mini Bagel ~ Cheeseburger on a Bun, Shredded Lettuce, Potato Smiles, Ketchup PC, Mustard PC, Broccoli Florets, Ranch Dressing PC, Fruit	15 I Love to Write Day  Apple Cinnamon Muffin ~ Green Chili Stew, Cauliflower Florets, Ranch Dressing PC, Spanish Rice, Fruit	16 Have a Party with your Bear Day  Cheese Quesadilla ~ Mini Corn Dogs, Ketchup PC, Mustard PC, Ranch Style Beans, Sweet Potato Waffle Fries, Fruit	17 National Homemade Bread Day  Chef Choice ~ Turkey, Mashed Potatoes, Turkey Gravy, Dinner Roll, Corn Bread Dressing, Green Beans, Cranberry Sauce, Pumpkin Pie	18 International Stand Up to Bullying Day  No School for Pre-K	
21 World Hello Day  Thanksgiving Break No School	22 Love Your Freckles Day  Thanksgiving Break No School	23 Thankful for My Dog Day  Thanksgiving Break No School	24 Thanksgiving Day  Thanksgiving Break No School	25 National Parfait Day  Thanksgiving Break No School	

"We Think Nutrition Because Kids Can't Think Without It"

Menus Subject to Change

"USDA is an equal opportunity provider, employer, and lender"

November 2022 Breakfast & Lunch Pre-K

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	NOTES
28 Red Planet Day  Cinnamon Breakfast Round ~ Chef Choice Fruit	29 National Day of Giving  Hormel Breakfast Bar & Sports Bite Grahams ~ Green Chili Chicken Posole, Lemon PC, Shredded Cabbage, Pinto Beans, Dinner Roll, Fruit	30 National Mason Jar Day  Mini Maple Waffle ~ Nachos w/Ground Beef, Yellow Corn, Cucumber Slices, Ranch Dressing PC, Fruit	Dec-1 National Christmas Lights Day  Croissant w/Egg Patty, Cheese & Bacon ~ Italian Meatball Sub, Baby Carrots, Celery Sticks, Ranch Dressing PC, Peach Yogurt Parfait	Dec-2 Special Education Day  No School for Pre-K	<p><i>but they also get to enjoy a rare four-day weekend (with the Friday afterward, known as Black Friday, marking the traditional start of the Christmas shopping season)</i></p> 



"We Think Nutrition Because Kids Can't Think Without It"

Menus Subject to Change

"USDA is an equal opportunity provider, employer, and lender"