

September 2022 Breakfast & Lunch K-5th Grade



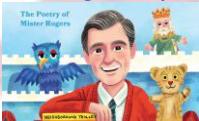



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	NOTES
29 Aug National Lemon Juice Day  Apple Frudel ~ Pepperoni Pizza, Fresh Garden Salad, Ranch Dressing PC, Celery Sticks, Fruit	30 Aug National Toasted Marshmallow Day  Chocolate, Chocolate Chip Muffin ~ Smothered Green Chili Beef Burrito, Pinto Beans, Spanish Rice, Fruit	31 Aug Eat Outside Day  Croissant w/Egg Patty & Cheese ~ Salisbury Steak, Mashed Potatoes, Brown Gravy, California Blend Vegetables, Dinner Roll, Fruit	1 Ginger Cat Appreciation Day  Chef Choice ~ Frito Pie w/Corn Chips, Cucumber Slices, Ranch Dressing PC, Corn on the Cob, Fruit	2 Spalding Baseball Day  Golden Grahams Cereal, Raspberry Yogurt ~ Chicken Patty w/Cheese on a Bun, Shredded Lettuce, Mayonnaise PC, Sweet Potato Waffle Fries, Ketchup PC, Broccoli Florets, Ranch Dressing PC, Fruit	Served Monday-Friday for Breakfast-Fruit Juice, Fruit & Milk Served Monday-Friday for Lunch-Milk , See Menu for Fruit Component Contains Pork Meatless Menu <i>Did you Know? September is National Guide Dog month? It is a month-long celebration set apart to honor the work of guide dogs and raise awareness, appreciation, and support for guide dog schools across the U.S. Guide dogs go through rigorous training from an early age. They help those with sensory issues such as blindness and provide added mobility and independence for those who might not have otherwise had such freedoms. Dogs have been domesticated for around 150,000 years and have been coexisting with humans since back then. Ancient artifacts and scrolls show instances where dogs were guiding their human companions. The first attempt to train guide dogs was in Paris at the 'Les Quinze-Vingts' hospital for the blind. The founder of the Institute for the Education of the Blind 'Blinden-Erziehungs-Institut' in Vienna, Johann Wilhelm Klein, wrote about guide dogs in his book published in 1819. This provides evidence that dogs have been helping humans for a long period. After the First World War, when many soldiers came back blind, the use of guide dogs peaked. The demand for this service prompted the opening of the first school for guide dogs in Oldenburg, Germany. Dog trainer Dorothy Harrison Eustis is attributed with bringing the first guide dog to America, and Eustis later established the 'Seeing Eye School' in Morristown, New Jersey.</i>
5 Labor Day  NO SCHOOL	6 National Read a Book Day  NO SCHOOL TEACHER IN-SERVICE DAY	7 Buy a Book Day  Strawberry Cream Cheese Mini Bagel ~ Red Cheese Enchiladas, Refried Beans, Cucumber Slices, Ranch Dressing PC, Blueberry Yogurt Parfait	8 World Literacy Day  Mini Cinni Roll ~ Spaghetti w/Meat Sauce, Fresh Garden Salad, Ranch Dressing PC, Bread Stick, Fruit	9 Teddy Bear Day  Fruit Loops Cereal, Go-Gurt ~ Chef Choice Fruit	
12 National Police Woman Day  Mini French Toast ~ Corn Dog, Ketchup PC, Mustard PC, Ranch Beans, Sweet Potato Waffle Fries, Fruit	13 Positive Thinking Day  Peanut Butter & Jelly Sandwich ~ Lasagna w/Cheese, Italian Blend Vegetables, Garlic Bread Slice, Fruit	14 National Coloring Day  Breakfast Turkey Sausage Pizza ~ Mandarin Orange Chicken, Steamed Rice, Stir Fry Vegetables, Cucumber Slices, Ranch Dressing PC, Fortune Cookie, Fruit	15 Make a Hat Day  Banana Bread ~ Smothered Red Chili Bean Burrito, Fresh Garden Salad, Ranch Dressing PC, Spanish Rice, Fruit	16 National Play-Doh Day  Apple Zings Cereal, Blueberry Yogurt ~ Sloppy Joe on a Roll, Celery Sticks, Ranch Dressing PC, Potato Smiles, Ketchup PC, Fruit	
19 Recycle Awareness Week  Strawberry Cream Cheese Mini Bagel ~ Pulled Pork on a Bun, BBQ Sauce Cup, Baked Beans, Baby Carrots, Ranch Dressing PC, Fruit	20 National Punch Day  Piggie Stick ~ Beef Tacos, Taco Sauce PC, Refried Beans, Yellow Corn, Fruit	21 Miniature Golf Day  Mini Blueberry Waffle ~ Chicken Nuggets, Mashed Potatoes, Brown Gravy, Green Beans, Fruit	22 World Rhino Day  Biscuit w/ Turkey Sausage & Cheese ~ Hot Dog on a Bun, Tater Tots, Ketchup PC, Mustard PC, Ranch Beans, Fruit	23 Redhead Appreciation Day  Lucky Charms Cereal, Go-Gurt ~ Toasted Ham & Cheese Sandwich, Sun Chips, Broccoli Florets, Baby Carrots, Ranch Dressing PC, Fruit	

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26 Alpaca Day  Apple Frudel 🍏 ~ Pepperoni 🍕 Pizza , Fresh Garden Salad, Ranch Dressing PC, Celery Sticks, Fruit	27 National Scarf Day  Chocolate, Chocolate Chip Muffin 🍪 ~ Smothered Green Chili Beef Burrito , Pinto Beans, Spanish Rice, Fruit	28 National Neighbor Day  Croissant w/Egg Patty & Cheese 🍕 ~ Salisbury Steak , Mashed Potatoes, Brown Gravy 🍷, California Blend Vegetables, Dinner Roll, Fruit	29 World Heart Day  Chef Choice ~ Frito Pie w/Corn Chips , Cucumber Slices, Ranch Dressing PC, Corn on the Cob, Fruit	30 Pet Tricks Day  Golden Grahams Cereal , Raspberry Yogurt 🍓 ~ Chicken Patty w/Cheese on a Bun , Shredded Lettuce, Mayonnaise PC, Sweet Potato Waffle Fries, Ketchup PC, Broccoli Florets, Ranch Dressing PC, Fruit	

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