

# November 2022 Breakfast & Lunch K-5<sup>th</sup> Grade







MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	NOTES
<b>October 31 Halloween</b>  <b>Mini Blueberry Waffle</b> ~ Beef Fingers, Mashed Potatoes, Brown Gravy, Country Blend Vegetables, Biscuit, Fruit	<b>1 National Brush Day</b>  <b>English Muffin w/Egg Patty &amp; Cheese</b> ~ Chicken Fajitas, Cucumber Slices, Ranch Dressing PC, Pinto Beans, Fruit	<b>2 Look for Circles Day</b>  <b>Banana Muffin</b> ~ BBQ Teriyaki Chicken, Steamed Brown Rice, Baby Carrots, Celery Sticks, Ranch Dressing PC, Fortune Cookie, Fruit	<b>3 Jellyfish Day</b>  <b>Berry Bread Slice</b> ~ Albondigas Soup, Lemon PC, Broccoli Florets, Ranch Dressing PC, Dinner Roll, Fruit	<b>4 National Easy-Bake Oven Day</b>  <b>Cinnamon Toast Cereal Strawberry Banana Yogurt</b> ~ <b>Homemade Bean Burrito</b> Yellow Corn, Ranch Dressing PC, Fresh Garden Salad, Hot Sauce PC, Fruit	Served Monday-Friday for <b>Breakfast-Fruit</b> Juice, Fruit & Milk  Served Monday-Friday for <b>Lunch-Milk</b> , See Menu for Fruit Component  Contains Pork Meatless Menu  <i>Did you know? Veteran's Day falls annually on November 11, it is when we honor those who have served in the United States Armed Forces. It also coincides with Armistice Day and Remembrance Day, which mark the end of World War I. On the 11th hour of the 11th day of the 11th month in 1918, World War I ended. This day became known as "Armistice Day." In 1926, Congress resolved to officially call November 11th Armistice Day. Then in 1938, the day was named a national holiday. Soon afterward war broke out in Europe, and World War II began. Soon after the end of World War II, a veteran of that war named Raymond Weeks organized "National Veterans Day" with a parade and festivities to honor all veterans. He chose to hold this on Armistice Day. In 1954, Congress officially passed and President Dwight Eisenhower signed a bill proclaiming November 11 as Veteran's Day.</i>
<b>7 National Hug a Bear Day</b>  <b>Apple Frudel</b> ~ Pepperoni Pizza, Fresh Garden Salad, Ranch Dressing PC, Celery Sticks, Baby Carrots, Breadstick, Fruit	<b>8 STEM/STEAM Day</b>  <b>Honey Oat Granola Bar</b> ~ Pork Posole, Lemon PC, Shredded Cabbage, Pinto Beans, Cucumber Slices, Ranch Dressing PC, Dinner Roll, Fruit	<b>9 Go to an Art Museum Day</b>  <b>Piggle Stick</b> ~ Chicken Fried Steak, Mashed Potatoes, Country Gravy, California Blend Vegetables, Biscuit, Fruit	<b>10 Sesame Street Day</b>  <b>Croissant w/Turkey Patty &amp; Cheese</b> ~ Beef Stew, Corn Bread, Cauliflower Florets, Ranch Dressing PC, Fruit	<b>11 Veterans Day</b>  <b>Cocoa Puffs Cereal, Go-Gurt</b> ~ <b>Taco Salad, Yellow Corn, Refried Beans, Taco Sauce PC, Strawberry Yogurt Parfait</b>	
<b>14 National Pickle Day</b>  <b>Strawberry Cream Cheese Mini Bagel</b> ~ Cheeseburger on a Bun, Shredded Lettuce, Potato Smiles, Ketchup PC, Mustard PC, Broccoli Florets, Ranch Dressing PC, Fruit	<b>15 I Love to Write Day</b>  <b>Apple Cinnamon Muffin</b> ~ Green Chili Stew, Cauliflower Florets, Ranch Dressing PC, Spanish Rice, Fruit	<b>16 Have a Party with your Bear Day</b>  <b>Cheese Quesadilla</b> ~ Mini Corn Dogs, Ketchup PC, Mustard PC, Ranch Style Beans, Sweet Potato Waffle Fries, Fruit	<b>17 National Homemade Bread Day</b>  <b>Chef Choice</b> ~ Turkey, Mashed Potatoes, Turkey Gravy, Dinner Roll, Corn Bread Dressing, Green Beans, Cranberry Sauce, Pumpkin Pie	<b>18 International Stand Up to Bullying Day</b>  <b>Berry Crunch Cereal Raspberry Yogurt</b> ~ <b>Chicken Noodle Soup, Cheese Stick, Broccoli Florets, Red Bell Peppers Sliced, Ranch Dressing PC, Biscuit, Fruit</b>	
<b>21 World Hello Day</b>  <b>Thanksgiving Break No School</b>	<b>22 Love Your Freckles Day</b>  <b>Thanksgiving Break No School</b>	<b>23 Thankful for My Dog Day</b>  <b>Thanksgiving Break No School</b>	<b>24 Thanksgiving Day</b>  <b>Thanksgiving Break No School</b>	<b>25 National Parfait Day</b>  <b>Thanksgiving Break No School</b>	
					 <b>VETERANS DAY</b>

"We Think Nutrition Because Kids Can't Think Without It"

Menus Subject to Change

"USDA is an equal opportunity provider, employer, and lender"

# November 2022 Breakfast & Lunch K-5<sup>th</sup> Grade

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	NOTES
<b>28 Red Planet Day</b>  Cinnamon Breakfast Round ~ Chef Choice Fruit	<b>29 National Day of Giving</b>  Hormel Breakfast Bar & Sports Bite Grahams ~ Green Chili Chicken Posole, Lemon PC, Shredded Cabbage, Pinto Beans, Dinner Roll, Fruit	<b>30 National Mason Jar Day</b>  Mini Maple Waffle ~ Nachos w/Ground Beef, Yellow Corn, Cucumber Slices, Ranch Dressing PC, Fruit	<b>Dec-1 National Christmas Lights Day</b>  Croissant w/Egg Patty, Cheese & Bacon ~ Italian Meatball Sub, Baby Carrots, Celery Sticks, Ranch Dressing PC, Peach Yogurt Parfait	<b>Dec-2 Special Education Day</b>  Honey Nut Cheerios Cereal Go-Gurt ~ Green Chili Chicken Enchiladas, Refried Beans, Fresh Garden Salad, Ranch Dressing PC, Fruit	<p><i>Thanksgiving, perhaps the most popular of all American holidays after Christmas, is celebrated each year on the third Thursday of November. Not only do Americans have the chance on this day to gather with friends and family over a sumptuous meal but they also get to enjoy a rare four-day weekend (with the Friday afterward, known as Black Friday, marking the traditional start of the Christmas shopping season)</i></p> 



"We Think Nutrition Because Kids Can't Think Without It"

Menus Subject to Change

"USDA is an equal opportunity provider, employer, and lender"