

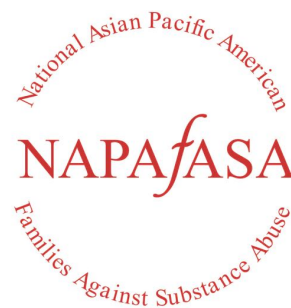
**BEHAVIORAL HEALTH DIRECTORY**  
*FOR ASIAN AMERICAN, NATIVE HAWAIIAN  
AND PACIFIC ISLANDER CALIFORNIANS*



PRODUCED BY:



ASIAN AMERICANS  
**ADVANCING  
JUSTICE**  
LOS ANGELES



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# INTRODUCTION

## PROJECT DEVELOPMENT

Asian American, Native Hawaiian, and Pacific Islander (AANHPI) populations are among the fastest growing racial groups in the United States, according to the 2000 and 2010 census data. Though often grouped as one, AANHPI populations are heterogeneous and have vast differences in education, socioeconomic status, immigration pattern, history, acculturation, religion, and tradition among the subgroups. Thus, using aggregate or average AANHPI numbers often masks the wide range of differences between the subgroups (or subpopulations).

Recent evidence suggests that certain AANHPI subgroups face unique behavioral health challenges. For instance, suicide rates among elderly AANHPI women (65 and above) remain significantly higher than women from other races of the same age category.<sup>1</sup> Southeast Asian refugees are more likely to experience post-traumatic stress disorder (PTSD) than other AANHPI groups.<sup>2</sup> Compared to Asian Americans and the general population, NHPI adults are at greater risks for overall poor health and serious psychological distress.<sup>3</sup> There is also evidence that Pacific Islander boys (11-18 years) have the highest rates of smoking, methamphetamine use, and binge alcohol use across all racial groups.<sup>4</sup>

Furthermore, AANHPI populations are less likely to seek professional help for their behavioral health issues than other racial and ethnic groups, including mental health and alcohol and substance use problems.<sup>5 6</sup> The possible delay in seeking mental health services often causes symptoms to be more severe when eventually treated.<sup>7</sup> Despite their diversity, AANHPI populations experience some similar types of barriers in accessing behavioral health care. According to the Asian Pacific Islander Population Report published under the California Reducing Disparities Project (CRDP) in 2013, previously identified barriers for AANHPIs in accessing mental health services include the lack of access to health coverage, language barriers, lack of culturally appropriate services and providers, stigma associated with mental health services, and lack of awareness.<sup>8</sup>

Not surprisingly, behavioral health can be a sensitive topic to discuss. Not knowing where to seek services and who to contact are additional challenges to seeking help for behavioral health needs. The Behavioral Health Directory for Asian American, Native Hawaiian, and Pacific Islander (AANHPI) Californians was created to address this problem. It is based on a directory created by the [National Asian Pacific American Families Against Substance Abuse \(NAPAFASA\)](#) in 2013, with the intention of making it easier for these communities to find local providers. While most organizations listed are AANHPI focused, we have included several other resources, including county mental health directories and other population specific guides below.

- [Be True and Be You: A Basic Mental Health Guide for LGBTQ Teens](#)
- [Get Healthy, California! A Healthcare Resource Guide for Undocumented and Uninsured Californians](#)
- [UndocuBlack Guide for Mental Wellness Specialists](#)

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<sup>1</sup> *Ibid*

<sup>2</sup> "Mental Health Disparities: Asian Americans"

<sup>3</sup> Adena M. Galinsky et al, "Selected Health Conditions Among Native Hawaiian and Pacific Islander Adults: United States, 2014," March 2017, <https://www.cdc.gov/nchs/data/databriefs/db277.pdf>

<sup>4</sup> "A Snapshot of Behavioral Health Issues"

<sup>5</sup> "Mental Health and Asian Americans"

<sup>6</sup> "A Snapshot of Behavioral Health Issues"

<sup>7</sup> "Mental Health Disparities: Asian Americans", Office of Minority Health online, last modified February 24, 2017, <https://minorityhealth.hhs.gov/omh/browse.aspx?lvl=4&lvlid=54>

<sup>8</sup> "California Reducing Disparities Project"

## INSTRUCTIONS

- The directory provides a list of many affordable behavioral health care options in the State of California, but is not comprehensive. The listings include provider contact information, the type of services offered, language capacities and types of fees accepted.
- Additional agencies and providers who offer behavioral health services can be found on each individual County's behavioral health department website. The links to the existing provider directories can be found throughout the directory.
- Regions covered: Northern California, Central California and Southern California. Locations within each region are alphabetically organized by county, service planning area, and/or city names.
- Use the key located at the bottom of each page to decipher the symbols and find out payment and services information. It is recommended that users contact the organizations listed for more detailed information or about services not listed, i.e. inpatient services, services for mild or severe behavioral health conditions.

## BEHAVIORAL HEALTH SERVICES

- Case Management: A case manager can help you access needed medical, educational, social, prevocational, rehabilitative, and/or other community services.  
*Examples: Referrals for stable housing resources, Coordinating treatment appointments*
- Counseling/Therapy: A professional counselor or therapist can help you identify goals and coping strategies for problems that cause you distress.  
*Examples: Stress management, Relaxation techniques*
- Outpatient Services: Outpatient services are medical procedures or tests that you can have done in a medical center without an overnight stay.  
*Examples: Lab tests, Physical therapy*
- Prevention Services: Prevention services are routine health care check ups and/or intervention programs that help prevent illnesses.  
*Examples: Blood pressure screening, Health and wellness workshops*

## WHAT TO ASK WHEN CALLING

Below are suggested questions to ask a mental health provider or organization. Your questions may vary depending on your condition and the services you seek.

- Do you provide services regardless of immigration status?
- Do you accept Medi-Cal?
- What are the costs of services?
- How do I book an appointment?
- What documents do I need for my appointment?
- What are your hours?
- What is your cancellation policy?
- Are your services provided in \_\_\_\_\_ (your language)?

## KNOW YOUR RIGHTS

- Be treated with respect and dignity.
- Receive information in a manner you can understand about your treatment options and alternatives and participate in decision making regarding your care.
- Speak to your provider in a language that you can understand. Ask for a qualified interpreter for your appointment and services which should be provided to you at no cost.
- You or your family members should not and do not have to share information on your immigration status at your appointment.
- If you need assistance with accessing or utilizing services, you can call the Health Consumer Alliance at (888) 804-3536 to find legal help near you.

## CONTACT INFORMATION



Contact the Health Access Project at Asian Americans Advancing Justice - Los Angeles (Advancing Justice - LA) at [health@advancingjustice-la.org](mailto:health@advancingjustice-la.org) if:

- Your agency would like to be included in the directory
- There are any changes in the agency information listed
- You are encountering challenges in accessing care
- Have a complaint regarding a provider or contact listed

More information on Advancing Justice - LA and the Health Access Project can be found at [www.advancingjustice-la.org/health-justice](http://www.advancingjustice-la.org/health-justice).

*Advancing Justice - LA would like to thank the following Funders for their generous support of this project: The California Wellness Foundation, The California Endowment, Covered California, Kaiser Foundation Hospitals, Southern California Region, Blue Shield of California Foundation, DentaQuest Foundation, and Walter and Shirley Wang.*

## NORTHERN CALIFORNIA

### ALAMEDA COUNTY

#### [Alameda County Provider Resources Search Tool](#) [Alameda County Substance Abuse Provider Directory](#)

#### **Asian Community Mental Health Services (ACMHS)**

##### **Oakland Office**

(510) 869-6000

310 8th Street, Suite 201

Oakland, CA 94607

*Cantonese, Korean, Mandarin, Mien, Japanese, Tagalog, Thai, Vietnamese*

<http://www.acmhs.org/>



💰: Accepts Medi-Cal

#### **Asian Health Services (AHS)**

##### **Frank Kiang Medical Center**

(510) 735-3888

250 East 18th Street, 2nd Floor

Oakland, CA 94607

*Burmese, Cantonese, Karen, Khmer, Korean, Mandarin, Mien, Mongolian, Tagalog, Vietnamese*

<https://asianhealthservices.org/>



💰: Financial assistance available for Bay Area residents; Accepts Medi-Cal; Sliding scale available

#### **Asian Health Services (AHS)**

##### **Oakland High School**

(510) 874-7145

1023 MacArthur Boulevard

Oakland, CA 94607

<https://asianhealthservices.org/>



💰: Financial assistance available for Bay Area residents; Accepts Medi-Cal; Sliding scale available  
\*Only open for students during academic school year

#### **Asian Community Mental Health Services (ACMHS)**

##### **Richmond Office**

(510) 970-9750

12240 San Pablo Avenue

Richmond, CA 94805

*Cantonese, Khmer, Khmu, Lao, Mien, Mandarin, Thai, Vietnamese*

<http://www.acmhs.org/>



💰: Accepts Medi-Cal

#### **Asian Health Services (AHS)**

##### **Rolland & Kathryn Lowe Medical Center**

(510) 318-5800

835 Webster Street

Oakland, CA 94607

*Cantonese, Mandarin, Toisanese*

<https://asianhealthservices.org/>



💰: Financial assistance available for Bay Area residents; Accepts Medi-Cal; Sliding scale available

#### **Community Health for Asian Americans (CHAA)**

##### **Alameda Office**

(510) 835-2777

1141 Harbor Bay Pkwy, #105

Alameda, CA 94502

*Mien, Mongolian, Spanish, Tagalog*

<http://www.chaaweb.org/>



💰: Accepts Medi-Cal

#### **Asian Health Services (AHS)**

##### **Asian Medical Center & Teen Clinic**

(510) 986-6800

818 Webster Street

Oakland, CA 94607

*Cantonese, Lao, Khmer, Korean, Mandarin, Mien, Tagalog, Thai, Vietnamese*

<https://asianhealthservices.org/>



💰: Financial assistance available for Bay Area residents; Accepts Medi-Cal; Sliding scale available

#### **Asian Health Services (AHS)**

##### **Specialty Mental Health Clinic**

(510) 735-3900

310 8th Street, Suite 200A

Oakland, CA 94607

*Burmese, Cantonese, Japanese, Karen, Khmer, Korean, Mandarin, Mien, Tagalog, Vietnamese*

<https://asianhealthservices.org/>



💰: Financial assistance available for Bay Area residents; Accepts Medi-Cal; Sliding scale available

#### **East Bay Asian Youth Center (EBAYC)**

(510) 533-1092

2025 East 12th Street

Oakland, CA 94606

*Cantonese, Khmer, Mandarin, Tagalog, Vietnamese*

<https://ebayc.org/>



💰: No cost

#### KEY

= Case Management

= Counseling/Therapy

= Outpatient Services

= Preventative Services

= Services Regardless of Immigration Status

= Call to Confirm Costs

## NORTHERN CALIFORNIA

### CONTRA COSTA COUNTY

#### [Contra Costa Mental Health Plan Provider Search](#) [Contra Costa Substance Abuse Resource Guide](#)

#### Community Health for Asian Americans (CHAA)

##### Richmond Office

(925) 778-1667

207 37th Street

Richmond, CA 94805

Lao, Mien, Spanish, Thai

<http://www.chaaweb.org/>



**\$:** Accepts Medi-Cal

*\*For children and young adults up to 18  
years of age*

#### Community Health for Asian Americans (CHAA)

##### Antioch Office

(925) 778-1667

3727 Sunset Lane, Suite 110

Antioch, CA 94509

Limited Tagalog

<http://www.chaaweb.org/>



**\$:** Accepts Medi-Cal

*\*For children and young adults up to 18  
years of age*

#### RYSE Center

(510) 374-3401

205 41st St

Richmond, CA 94805

Spanish

<https://rysecenter.org/>



**\$:** Accepts Medi-Cal

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# NORTHERN CALIFORNIA

## SACRAMENTO COUNTY

### Sacramento County Mental Health Services Directory

[Chinese](#) | [English](#) | [Hmong](#) | [Russian](#) | [Spanish](#) | [Vietnamese](#)

#### Asian Pacific Community Counseling (APCC)

(916) 383-6783

7273 14th Avenue, #120B

Sacramento, CA 95820

Cantonese, Cebuano, Hmong,

Korean, Lao, Mandarin, Mien,

Japanese, Punjabi, Spanish, Telugu,

Tongan, Vietnamese

<http://apccounseling.org/>



**\$:** Accepts Medi-Cal

#### Southeast Asian Assistance Center (SAAC)

(916) 421-1036

5625 24th Street

Sacramento, CA 95822

Arabic, Cambodian, Cantonese,

Dari, Hmong, Farsi, Lao, Mandarin,

Mien, Pashto, Punjabi, Spanish,

Russian, Vietnamese

<http://saacenter.org/>



**\$:** No cost

*\*Mostly provides interpretation  
services*

#### KEY

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# NORTHERN CALIFORNIA

## SANTA CLARA COUNTY

### Santa Clara Social Services & Support Groups Directory Substance Abuse Resources

**Asian Americans for Community Involvement (AACI) Moorpark Office**

(408) 975- 2730  
2400 Moorpark Ave., Suite 300  
San Jose, CA 95128  
Cantonese, Farsi, Mandarin,  
Japanese, Spanish  
<http://aaci.org/>



**\$:** Accepts Medi-Cal

**Asian Americans for Community Involvement (AACI) Story Office**

(669) 800-6991  
749 Story Rd., Suite 50  
San Jose, CA 95122  
Arabic, Cantonese, Farsi, Khmer,  
Korean, Mandarin, Spanish,  
Vietnamese  
<http://aaci.org/>



**\$:** Accepts Medi-Cal

**Asian American Recovery Services (AARS)**

**San Jose Office**  
(408) 271-3900  
1340 Tully Rd, #304  
San Jose, CA 95122  
Mandarin, Spanish, Tagalog,  
Vietnamese  
<https://www.healthright360.org/>



**\$:** Accepts Medi-Cal

**KEY**

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# NORTHERN CALIFORNIA

## SAN FRANCISCO COUNTY

### San Francisco Behavioral Health Services Provider List

[Chinese](#) | [English](#) | [Russian](#) | [Spanish](#) | [Tagalog](#) | [Vietnamese](#)

### [San Francisco Outpatient Substance Abuse Resources](#)

#### Asian Community Mental Health Services (ACMHS)

**San Francisco**  
(415) 982-2400  
845 Jackson Street  
San Francisco, CA 94133  
*Cantonese, Mandarin*  
<http://www.acmhs.org/>



💰: Accepts Medi-Cal

#### Community Health Awareness Council (CHAC)

(650) 965-2020  
590 W. El Camino Real  
Mountain View, CA 94040  
*Mandarin, Persian, Portuguese, Spanish*  
<http://www.chacmv.org/>



💰: Sliding scale available

#### Richmond Area Multi-Services (RAMS)

**Adult/Older Adult Outpatient Clinic + Child, Youth & Family Outpatient Services**  
(415) 668-5955  
3626 Balboa Street  
San Francisco, CA 94121  
*Cantonese, Korean, Punjabi, Tagalog, Russian, Spanish, Vietnamese*  
<https://www.ramsinc.org>



💰: Accepts Medi-Cal

#### Asian American Recovery Services (AARS)

**San Francisco Office**  
(415) 750-5125  
2020 Hayes Street  
San Francisco, CA 94117  
*Cantonese, Mandarin*  
<https://www.healthright360.org>



💰: Accepts Medi-Cal & San Francisco Health Plan

#### NICOS Chinese Health Coalition

(415) 788-6426  
1208 Mason Street  
San Francisco, CA 9410  
*Cantonese, Mandarin, Vietnamese*  
<http://www.nicoschc.org/>



💰: No cost

#### Richmond Area Multi-Services (RAMS)

**Broderick Street Adult Residential Facility**  
(415) 292-1760  
1421 Broderick Street  
San Francisco, CA 94115  
*Cantonese, Spanish, Tagalog*  
<https://www.ramsinc.org>



💰: Accepts Medi-Cal

#### KEY

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# NORTHERN CALIFORNIA

## SAN FRANCISCO COUNTY

### San Francisco Behavioral Health Services Provider List

[Chinese](#) | [English](#) | [Russian](#) | [Spanish](#) | [Tagalog](#) | [Vietnamese](#)

### [San Francisco Outpatient Substance Abuse Resources](#)

#### Richmond Area Multi-Services (RAMS)

##### CalWORKs Counseling & Pre-Vocational Services

(415) 689-5662  
1375 Mission Street  
San Francisco, CA 94103

*Fu Yau Project: Cantonese, Mandarin, Japanese, Spanish, Taishanese, Tagalog*

*CalWORKS: Arabic, Cantonese, Mandarin, Spanish*

<https://www.ramsinc.org/>



💰: No cost

#### Richmond Area Multi-Services (RAMS)

##### Hire-Ability Vocational Services

(415) 282-9675  
1234 Indiana Street  
San Francisco, CA 94107

*Cantonese, Mandarin, Tagalog, Vietnamese*

<https://www.ramsinc.org>



💰: Accepts Medi-Cal

#### San Francisco Community Health Center

##### (formerly API Wellness)

(415) 292-3400  
730 Polk Street  
San Francisco, CA 94109

*Cantonese, Hindi, Spanish, Tagalog, Vietnamese, Urdu, Vietnamese*

<http://apiwellness.org/>



💰: Accepts Medi-Cal

#### Richmond Area Multi-Services (RAMS)

##### CAAP Counseling & Pre-Vocational Services

(415) 558-1320  
1235 Mission Street, 2nd Floor  
San Francisco, CA 94103

*Cantonese, Farsi, Mandarin, Spanish*

<https://www.ramsinc.org>



💰: No cost

#### Richmond Area Multi-Services (RAMS)

##### Peer Specialist Mental Health Certificate Program

(415) 579-3021  
1282 Market Street  
San Francisco, CA 94102

*Cantonese, Mandarin, Russian, Tagalog*

<https://www.ramsinc.org>



💰: No cost

*\*For 18+ year old individuals enrolled in the city's behavioral health services*

#### SSG Occupational Therapy Training Program (OTTP-SF)

##### San Francisco

(415) 551-0975  
425 Divisadero St., #300  
San Francisco, CA 94117

*Cantonese, Spanish*

[www.ottp-sf.org](http://www.ottp-sf.org)



💰: Accepts Medi-Cal

*\*Limited services for individuals without insurance*

#### KEY

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# NORTHERN CALIFORNIA

## SAN FRANCISCO COUNTY

### San Francisco Behavioral Health Services Provider List

[Chinese](#) | [English](#) | [Russian](#) | [Spanish](#) | [Tagalog](#) | [Vietnamese](#)

### [San Francisco Outpatient Substance Abuse Resources](#)

#### Vietnamese Youth Development

##### Center (VYDC)

(415) 771-2600

166 Eddy St

San Francisco, CA 94102

Lao, Khmer, Vietnamese

<http://www.vydc.org/>



Ⓢ: No cost

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# NORTHERN CALIFORNIA

## SAN MATEO COUNTY

### San Mateo Behavioral Health & Recovery Services Contacts

#### **Asian Community Mental Health Services (ACMHS)**

##### **Gellert Office**

(650) 761-3542

386 Gellert Blvd

Daly City, CA 94015

*Cantonese, Mandarin*

<http://www.acmhs.org/>



\$: Sliding scale based on income

*\*Only offers acupuncture services*

#### **Asian American Recovery Services (AARS)**

##### **Mission Office**

(415) 337-0140

6181 Mission Street

Daly City, CA 94014

*Tagalog*

<https://www.healthright360.org/>

[org/](https://www.healthright360.org/)



\$: Accepts Medi-Cal

#### **KEY**

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= Call to Confirm Costs

## CENTRAL CALIFORNIA

### FRESNO COUNTY

#### Fresno County Mental Health Provider Directory

[English](#) | [Hmong](#) | [Spanish](#)

##### The Fresno Center

(559) 255-8395

4879 E Kings Canyon Rd.

Fresno, CA 93727

Hmong, Khmer, Lao, Punjabi,

Spanish

[www.fresnocenter.org](http://www.fresnocenter.org)



**\$:** No cost (except for green card renewals)

*\*Offers citizenship exam preparation, green card renewals, community activities through Holistic Health Center, and monthly food distributions*

##### KEY

= Case Management

= Counseling/Therapy

= Outpatient Services

= Preventative Services

= Services Regardless of Immigration Status

= Call to Confirm Costs

# CENTRAL CALIFORNIA

## MERCED COUNTY

### Merced County Department of Mental Health Provider Directory

[English](#) | [Hmong](#) | [Spanish](#)

#### Merced Lao Family Community,

Inc.

(209) 384-7384

1748 Miles Court, Suite B

Merced, CA 95348

*Hmong, Lao, Mien, Thai*

<http://www.laofamilymerced.org/>



💰: Accepts Medi-Cal

#### KEY

= Case Management

= Counseling/Therapy

= Outpatient Services

= Preventative Services

= Services Regardless of Immigration Status




= Call to Confirm Costs




# CENTRAL CALIFORNIA

## KERN COUNTY

### [Kern County Community Services Providers](#)

**KEY**

 = Case Management  
 = Counseling/Therapy  
 = Outpatient Services

 = Preventative Services  
 = Services Regardless of Immigration Status  
 = Call to Confirm Costs



## SOUTHERN CALIFORNIA

### SANTA BARBARA COUNTY

#### [Santa Barbara Directory of Behavioral Health Resources](#)

#### **Family Service Agency (FSA)**

#### **Big Brother, Big Sister Santa Maria Center**

(805) 925-1100  
120 East Jones Street, #130  
Santa Maria, CA 93454

Spanish

<https://fsacares.org/>

**\$:** No cost

*\*Only provides youth services*

#### **Family Service Agency (FSA)**

#### **Santa Maria Youth & Family Center**

(805) 928-1707  
105 N. Lincoln Street  
Santa Maria, CA 93458

Spanish

<https://fsacares.org/>



**\$:** Sliding scale available

*\*Only provides services to youth up to 17.5 years of age*

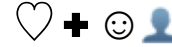
#### **Family Service Agency (FSA)**

#### **Lompoc Center**

(805) 735-4376  
101 South B Street  
Lompoc, CA 93436

Spanish

<https://fsacares.org/>



**\$:** Sliding scale available

*\*Only provides services to youth up to 17.5 years of age*

#### **KEY**

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## SOUTHERN CALIFORNIA

### ANTELOPE VALLEY

#### *Service Planning Area 1*

[Los Angeles County Consumer Resource Directory](#)

[Los Angeles County Mental Health Provider Search Tool](#)

[Los Angeles Outpatient Group Therapy Directory](#)


Los Angeles County Department of Mental Health - Mental Health Resources (Appendix A)


[Antelope Valley Hospital Mental Health Services](#)

[Mental Health America of Los Angeles, Antelope Valley Enrichment Services \(AVES\)](#)


#### KEY


 = Case Management

 = Counseling/Therapy

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# SOUTHERN CALIFORNIA

## SAN FERNANDO

### Service Planning Area 2

[Los Angeles County Consumer Resource Directory](#)

[Los Angeles County Mental Health Provider Search Tool](#)

[Los Angeles Outpatient Group Therapy Directory](#)

Los Angeles County Department of Mental Health - Mental Health Resources (Appendix A)

**Asian Pacific Counseling and Treatment Centers (APCTC), Division of SSG**  
**San Fernando Valley Center**  
(818) 267-1100  
15350 Sherman Way, Suite 200  
Van Nuys, CA 91406  
Korean, Spanish, Thai, Vietnamese  
<http://www.apctc.org/>



**\$:** Accepts Medi-Cal; limited services for those without insurance

*\*Job counseling and housing services available if criteria for mental health is met*

*\*Free preventative services for minors under ages 18 who reside in the West San Fernando Valley zip code*

**Pacific Asian Counseling Services (PACS)**  
**San Fernando**  
(818) 989-9214  
6851 Lennox Ave., Ste. 400  
Van Nuys, CA 91405  
Ilocano, Spanish  
<http://pacsla.org/>



**\$:** Accepts Medi-Cal

[San Fernando Valley Community Mental Health Center, Inc.](#)

[Action Family Counseling Treatment Center](#)

#### KEY

= Case Management

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= Outpatient Services

= Preventative Services

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## SOUTHERN CALIFORNIA

### EAST LOS ANGELES

#### Service Planning Area 3

[Los Angeles County Consumer Resource Directory](#)

[Los Angeles County Mental Health Provider Search Tool](#)

[Los Angeles Outpatient Group Therapy Directory](#)

Los Angeles County Department of Mental Health - Mental Health Resources (Appendix A)

#### Asian American Christian Counseling Services (AACCS)

##### Main Office

(626) 457-2900

2550 West Main Street, Ste. 202

Alhambra, CA 91801

*Cantonese, Indonesian, Italian,*

*Japanese, Korean, Malaysian,*

*Mandarin, Portuguese, Spanish*

*and Taiwanese*

<http://aaccs.org/>



Ⓢ: Sliding scale available

#### Asian Pacific Family Center of Pacific Clinics (APFC)

(626)287-2988

9353 E. Valley Blvd.

Rosemead, CA 91770

*Cantonese, Korean, Mandarin,*

*Vietnamese*

<http://www.pacificclinics.org/>



Ⓢ: Accepts Medi-Cal

#### KEY

= Case Management

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= Outpatient Services

= Preventative Services

= Services Regardless of Immigration Status

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# SOUTHERN CALIFORNIA

## SAN GABRIEL VALLEY

### Service Planning Area 3

[Los Angeles County Consumer Resource Directory](#)  
[Los Angeles County Mental Health Provider Search Tool](#)  
[Los Angeles Outpatient Group Therapy Directory](#)

#### Los Angeles County Department of Mental Health - Mental Health Resources (Appendix A)

#### Asian Pacific Health Care Venture (APHCV)

##### El Monte/Rosemead

(626) 774-2988

9960 Baldwin Place

El Monte, CA 91731

Cantonese, Mandarin, Spanish,  
Vietnamese

<http://www.aphcv.org/>



💰: Accepts Medi-Cal

Sliding scale available

\*Integrated Service Management  
(mental & physical health services)  
available for low-income Chinese  
residents in San Gabriel Valley

#### Asian Youth Center (AYC)

##### Tawa Youth Center

(626) 309-0717

100 Clary Ave

San Gabriel, CA 91776

Cantonese, Mandarin, Spanish,  
Vietnamese

<http://www.asianyouthcenter.org/>



💰: No cost

\*Main focus is youth programs

#### Buddhist Tzu Chi Alternative Medicine Clinic

##### South El Monte

(626) 281-3323

10414 Vacco St.

South El Monte, CA 91733

Cantonese, Mandarin, Spanish

[http://www.tzuchimedicalfound  
ation.org/](http://www.tzuchimedicalfoundation.org/)



💰: Sliding scale available

\*Only offers dental care and  
alternative medicine services

#### Tzu Chi Medical Center Alhambra

(626) 281-3323

1000 S Garfield Ave

Alhambra, CA 91801

Cantonese, Mandarin, Spanish

[http://www.tzuchimedicalfoundati  
on.org/](http://www.tzuchimedicalfoundation.org/)



💰: Sliding scale available

\* Only primary care services offered

#### SFG SILVER

##### San Gabriel Valley Service Center

(626) 575-5431

1441 Santa Anita Avenue

South El Monte, CA 91733

Cantonese, Mandarin, Spanish

<http://www.ssg.org/>



💰: Accepts Medi-Cal

\* Mental health services for older  
adults ages 55+ with Medi-cal

#### KEY

= Case Management

= Counseling/Therapy

= Outpatient Services

= Preventative Services

= Services Regardless of Immigration Status

= Call to Confirm Costs

## SOUTHERN CALIFORNIA

### LOS ANGELES METRO AREA

#### Service Planning Area 4

[Los Angeles County Consumer Resource Directory](#)

[Los Angeles County Mental Health Provider Search Tool](#)

[Los Angeles Outpatient Group Therapy Directory](#)

#### Los Angeles County Department of Mental Health - Mental Health Resources (Appendix A)

##### Asian American Drug Abuse Program (AADAP)

###### Olympia Academy

(323) 933-9022

5825 W. Olympic Blvd.

Los Angeles, CA 90036

Filipino, Japanese, Spanish

<http://www.aadapinc.org/>



Ⓢ: Accepts Medi-Cal

\*Mainly offers substance use services and residential treatment for youth

##### Asian Pacific Aids

###### Intervention Team (APAIT)

###### Division of SSG

(213) 375-3830

3055 Wilshire Blvd., Ste. 300

Los Angeles, CA 90015

Mandarin, Spanish

<http://apaitonline.org/>



Ⓢ: Accepts Medi-Cal; Sliding scale available

\*Medical & non-medical counseling, free group/individual therapy (call for eligibility requirements), housing services, PREP navigation services, HIV testing & counseling, retention services, educational programs

##### SSG Asian Pacific Counseling and Treatment Centers (APCTC),

###### Division of SSG

###### Metro Center

(213) 542-2800

600 St. Paul Ave, #101

Los Angeles, CA 90017

Cantonese, Khmer, Korean, Lao, Mandarin, Spanish, Thai, Vietnamese

<http://www.apctc.org/>



Ⓢ: Accepts Medi-Cal

\*Children and family services, Community outreach programs

##### Asian American Drug Abuse Program (AADAP)

###### Outpatient Counseling

(323) 295-0262

1088 South La Brea Avenue

Los Angeles, CA 90019

Korean, Spanish

<http://www.aadapinc.org/>



Ⓢ: Accepts Medi-Cal

##### Asian Pacific Counseling and Treatment Centers (APCTC),

###### Division of SSG

###### Main Office

(213) 252-2100

520 S. Lafayette Pk. Pl., Suite 300

Los Angeles, CA 90057

Cantonese, Korean, Mandarin, Spanish, Tagalog

<http://www.apctc.org/>



Ⓢ: Accepts Medi-Cal; limited services for individuals without insurance

\*Medication support services

##### SSG Asian Pacific Counseling and Treatment Centers (APCTC),

###### Division of SSG

###### Wilshire Center

(213) 483-3000

1310 Wilshire Blvd.

Los Angeles, CA 90017

Cantonese, Korean, Lao, Mandarin, Tagalog, Thai, Vietnamese

<http://www.apctc.org/>



Ⓢ: Accepts Medi-Cal

\*Housing & employment support services available

#### KEY

= Case Management

= Counseling/Therapy

= Outpatient Services

= Preventative Services

= Services Regardless of Immigration Status

= Call to Confirm Costs

## SOUTHERN CALIFORNIA

### LOS ANGELES METRO AREA

#### Service Planning Area 4

[Los Angeles County Consumer Resource Directory](#)  
[Los Angeles County Mental Health Provider Search Tool](#)  
[Los Angeles Outpatient Group Therapy Directory](#)

#### Los Angeles County Department of Mental Health - Mental Health Resources (Appendix A)

##### Asian Pacific Health Care Venture (APHCV)

**Belmont Center**  
(323) 644-3885  
180 Union Place  
Los Angeles, CA 90026  
Spanish  
<http://www.aphcv.org/>



💰: Accepts Medi-Cal;  
Sliding scale available

##### Asian Pacific Health Care Venture (APHCV)

**Los Feliz**  
(323) 644-3880  
1530 Hillhurst Avenue  
Los Angeles, CA 90027  
Bengali, Spanish, Thai, other  
languages available upon request  
<http://www.aphcv.org/>



💰: Accepts Medi-Cal;  
Sliding scale available

##### Chinatown Service Center

(213) 808-1720  
767 N. Hill Street, 400B  
Los Angeles, CA 90012  
Cantonese, Mandarin  
<http://www.cscla.org/>



💰: Accepts Medi-Cal;  
Sliding scale available;  
Free services available

##### Asian Pacific Health Care Venture (APHCV)

**John Marshall High School**  
323-671-1168  
3939 Tracy Street  
Los Angeles, CA 90027  
Korean, Spanish, Tagalog  
<http://www.aphcv.org/>



💰: Accepts Medi-Cal  
Sliding scale available  
\*Open to John Marshall High School  
students and students in neighboring  
LAUSD schools

##### Asian Pacific Residential Treatment Program (APRTP)

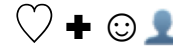
(323) 731-3534  
1665 W Adams Blvd  
Los Angeles, CA 90007  
Cantonese, Korean, Mandarin,  
Vietnamese  
[http://www.aprtp.org/apresidenti  
al.html](http://www.aprtp.org/apresidenti<br/>al.html)



💰: Accepts Medi-Cal

##### Clínica Monseñor Oscar A. Romero (Clínica Romero)

**Boyle Heights**  
(213) 989-7700  
2032 Marengo St.  
Los Angeles, CA 90033  
Spanish  
<http://clinicaromero.com>



💰: Accepts Medi-Cal;  
Sliding scale available

#### KEY

= Case Management  
 = Counseling/Therapy  
 = Outpatient Services

= Preventative Services  
 = Services Regardless of Immigration Status  
 = Call to Confirm Costs

## SOUTHERN CALIFORNIA

### LOS ANGELES METRO AREA

#### Service Planning Area 4

[Los Angeles County Consumer Resource Directory](#)

[Los Angeles County Mental Health Provider Search Tool](#)

[Los Angeles Outpatient Group Therapy Directory](#)

#### Los Angeles County Department of Mental Health - Mental Health Resources (Appendix A)

##### Clínica Monseñor Oscar A. Romero (Clínica Romero)

###### Pico-Union

(213) 989-7700

123 South Alvarado St.

Los Angeles, CA 90057

Spanish, limited Tagalog

<http://clinicaromero.com>



Ⓢ: Accepts Medi-Cal;  
Sliding scale available

##### Korean Family Services (KFAM)

(213) 389-6755

3727 West 6th Street, Suite 320

Los Angeles, CA 90020

Korean

<http://www.kfamla.org>



Ⓢ: Accepts Medi-Cal;  
Sliding scale available  
\*24-Hour Toll-Free Crisis Hotline:  
(888) 979-3800

##### Koreatown Youth and Community Center (KYCC)

###### Menlo Family Center

(213) 365-7400

1230 Menlo Avenue, Suite 100

Los Angeles, CA 90006

Spanish

<https://www.kyccla.org/>



Ⓢ: Free services  
\*Limited case management services available through the Gang Reduction & Youth Development (GRYD) program  
\*Services for children, young adults (up to age 25) & families

##### Korean Community Services (KCS)

###### Los Angeles Office

(323) 668-9007

4416 W. Beverly Blvd

Los Angeles, CA 90004

Korean, Spanish

<http://www.koreancommunity.org>



Ⓢ: Accepts Medi-Cal

##### Koreatown Youth and Community Center (KYCC)

###### Clinical Services

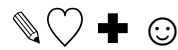
(213) 365-7400

3727 West 6th Street, Suite 411

Los Angeles, CA 90020

Korean, Spanish

<https://www.kyccla.org/>



Ⓢ: Accepts Medi-Cal  
\*Medication support available  
\*Services for children, young adults (up to age 25) & families

##### Little Tokyo Service Center

(213) 473-3035

231 E. 3rd Street, G106

Los Angeles, CA 90013

Cantonese, Japanese, Korean, Mandarin

<http://www.ltsc.org/>



Ⓢ: Accepts Medi-Cal  
\*Housing support services available  
\*Nikkei Helpline (800) 645-5341

#### KEY

= Case Management

= Counseling/Therapy

= Outpatient Services

= Preventative Services

= Services Regardless of Immigration Status

= Call to Confirm Costs



## SOUTHERN CALIFORNIA

### LOS ANGELES METRO AREA

#### Service Planning Area 4

[Los Angeles County Consumer Resource Directory](#)

[Los Angeles County Mental Health Provider Search Tool](#)

[Los Angeles Outpatient Group Therapy Directory](#)

Los Angeles County Department of Mental Health - Mental Health Resources (Appendix A)

#### National Asian Pacific American Families Against Substance Abuse (NAPAFASA)

(213) 625-5795

340 E 2nd St, #409

Los Angeles, CA 90012

Translated informational flyers/brochures available in Korean, Mandarin, Spanish, Tagalog, Vietnamese

<http://www.koreancommunity.org>



\$: No cost

#### Search to Involve Pilipino Americans (SIPA)

(213) 382-1819

3200 W. Temple Street

Los Angeles, CA 90026

Tagalog

<https://www.sipa-online.org/>



\$: Accepts Medi-Cal

#### SSG Mental Health Alliance

(213) 236-9388

515 Columbia Ave., Suite 200

Los Angeles, CA 90017

Cantonese, Khmer, Korean, Mandarin, Samoan, Spanish, Tagalog, Vietnamese

<http://www.ssgalliance.org/>



\$: Accepts Medi-Cal, No cost if uninsured

\*Housing assistance & medication support available

#### SSG Benefits Assistance Clients Urban Project (BACUP)

(213) 368-1888

515 Columbia Ave., Suite 310

Los Angeles, CA 90017

English, Limited Spanish

<http://www.ssg.org/>



\$:

\*LIFE Center, application assistance for SSI and SSDI benefits, emergency food vouchers

#### SSG SILVER

##### Los Angeles Center

(213) 553-1884

515 Columbia Ave., Suite 100

Los Angeles, CA 90017

Cantonese, Korean, Mandarin, Spanish, Tagalog

<http://www.ssg.org/>



\$: Accepts Medi-Cal

\*Mental health services for older adults ages 55+ with Medi-cal

#### SSG Integrated Behavioral Health Team (IBHT)

(213) 553-9121

515 Columbia Ave., Suite 300

Los Angeles, CA 90017

English, Spanish

<http://www.ssg.org/>



\$: Accepts Medi-Cal

#### KEY

= Case Management

= Counseling/Therapy

= Outpatient Services

= Preventative Services

= Services Regardless of Immigration Status

= Call to Confirm Costs

## SOUTHERN CALIFORNIA

### WEST LOS ANGELES

#### *Service Planning Area 5*

[Los Angeles County Consumer Resource Directory](#)

[Los Angeles County Mental Health Provider Search Tool](#)

[Los Angeles Outpatient Group Therapy Directory](#)

Los Angeles County Department of Mental Health - Mental Health Resources (Appendix A)

#### **Asian American Christian Counseling Services (AACCS)**

##### **Culver City**

(626) 457-2900

10811 Washington Blvd.,

Suite 280

Culver City, CA 90232

<http://aaccs.org/>



💰: Sliding scale available

#### **KEY**

📞 = Case Management

♥ = Counseling/Therapy

⊕ = Outpatient Services

☺ = Preventative Services

👤 = Services Regardless of Immigration Status

☎ = Call to Confirm Costs

## SOUTHERN CALIFORNIA

### SOUTH LOS ANGELES

#### Service Planning Area 6

[Los Angeles County Consumer Resource Directory](#)  
[Los Angeles County Mental Health Provider Search Tool](#)  
[Los Angeles Outpatient Group Therapy Directory](#)





#### Los Angeles County Department of Mental Health - Mental Health Resources (Appendix A)



**Asian American Drug Abuse Program (AADAP) Therapeutic Community**  
(323) 293-6291  
5318 S. Crenshaw Blvd.  
Los Angeles, CA 90043  
*Korean, Samoan, Spanish, Tagalog*  
<http://www.aadapinc.org/>  
    
\$: Accepts Medi-Cal

**SSG Asian Pacific Recovery (AP Recovery)**  
(323) 731-3534  
1665 W. Adams Blvd.  
Los Angeles, CA 90007  
*Cantonese, Korean, Mandarin, Vietnamese*  
<http://www.aprtp.org/>  
    
\$:




**SSG Weber Community Center (WCC)**  
(323) 234-4445  
5849 Crocker Street  
Los Angeles, CA 90003  
*Spanish*  
<http://www.ssg.org/>  
    
\$: Accepts Medi-Cal  
*\*Services only provided for Medi-Cal individuals 24 years and under with mental health and substance use needs.*




**Asian American Drug Abuse Program (AADAP) Youth and Family Programs**  
(323) 596-2310  
4625 Crenshaw Blvd.  
Los Angeles, CA 90043  
*Spanish*  
<http://www.aadapinc.org/>  
      
\$: Accepts Medi-Cal

**Homeless Outreach Program Integrated Care System (HOPICS), Division of SSG Broadway Office**  
(323) 948-0444  
5715 S. Broadway  
Los Angeles, CA 90037  
*Spanish*  
<https://www.hopics.org/>  
     
\$: Accepts Medi-Cal (program dependent)  
*\*Has a full service medical clinic (Central City Community Health Clinic)*

**The New You Center, Inc.**  
(323) 750-7580  
1030 West Florence Avenue  
Los Angeles, CA 90044  
*Amharic, French, Italian, Somali, Spanish, Tagalog*  
   
\$: Sliding scale available  
*\*English & Spanish Hotline: (323) 839-7487*

#### KEY

 = Case Management  
 = Counseling/Therapy  
 = Outpatient Services

 = Preventative Services  
 = Services Regardless of Immigration Status  
 = Call to Confirm Costs

## SOUTHERN CALIFORNIA

### SOUTH LOS ANGELES

#### Service Planning Area 6

[Los Angeles County Consumer Resource Directory](#)

[Los Angeles County Mental Health Provider Search Tool](#)

[Los Angeles Outpatient Group Therapy Directory](#)

Los Angeles County Department of Mental Health - Mental Health Resources (Appendix A)

#### UMMA Community Clinic

(323) 789-5610

711 West Florence Ave.

Los Angeles, CA 90044

<http://www.ummaclinic.org/>



Ⓢ: Sliding scale available

\*After Hours Emergency: (323)

277-2104

#### UMMA Community Clinic

Fremont Wellness Center &

Community Garden

(323) 789-5610

7821 S. Avalon Blvd.

Los Angeles, CA 90003

<http://www.ummaclinic.org/>



Ⓢ: Sliding scale available

\*After Hours Emergency: (323)

277-2104

#### KEY

= Case Management

= Counseling/Therapy

= Outpatient Services

= Preventative Services

= Services Regardless of Immigration Status

= Call to Confirm Costs

## SOUTHERN CALIFORNIA

### EAST LOS ANGELES

#### Service Planning Area 7

[Los Angeles County Consumer Resource Directory](#)  
[Los Angeles County Mental Health Provider Search Tool](#)  
[Los Angeles Outpatient Group Therapy Directory](#)

#### Los Angeles County Department of Mental Health - Mental Health Resources (Appendix A)

##### Asian American Christian Counseling Services (AACCS)

**Cerritos**  
(626) 457-2900  
11879 Del Amo Blvd.  
Cerritos, CA 90703  
*Cantonese, Japanese, Korean,  
Mandarin, Spanish*  
<http://aaccs.org/>



💰: Sliding scale available

##### SSG Stepdown Programs for Special Needs Populations

(562) 865-1733  
11050 E. Artesia Blvd., Suite A  
Cerritos, CA 90703  
*Mandarin, Spanish, Vietnamese*  
<http://www.ssg.org/>



💰: Accepts Medi-Cal  
\*Hotlines: (866) 616-8377 or (562)  
301-7292  
\*Housing support services  
available

##### South Asian Network (SAN)

(562) 403-0488  
18173 Pioneer Blvd, Suite I  
Artesia, CA 90701  
*Bengali, Gujarati, Hindi, Nepali,  
Punjabi, Urdu*  
<http://southasiannetwork.org/>



💰: No cost; sliding scale for higher  
incomes  
\*Provides health coverage  
enrollment services

##### SSG Asian Pacific Counseling and Treatment Centers (APCTC) Division of SSG

**Cerritos**  
(562) 860-8838  
11050 E. Artesia Blvd., Suite F  
Cerritos, CA 90703  
*Cantonese, Korean, Mandarin,  
Spanish*  
<http://www.apctc.org/>



💰: Accepts Medi-Cal

#### KEY

= Case Management  
 = Counseling/Therapy  
 = Outpatient Services

= Preventative Services  
 = Services Regardless of Immigration Status  
 = Call to Confirm Costs

## SOUTHERN CALIFORNIA

### SOUTH BAY

#### Service Planning Area 8

[Los Angeles County Consumer Resource Directory](#)  
[Los Angeles County Mental Health Provider Search Tool](#)  
[Los Angeles Outpatient Group Therapy Directory](#)

#### Los Angeles County Department of Mental Health - Mental Health Resources (Appendix A)

##### Asian American Christian Counseling Services (AACCS)

###### Torrance

(626) 457-2900

2700 W. 182nd Street, Suite 101  
Torrance, CA 90504

*Cantonese, Khmer, Korean,  
Japanese, Mandarin*

<http://aaccs.org/>



\$: Sliding scale available

##### Asian American Drug Abuse Program (AADAP)

###### Inglewood Superior Drug Court

(323) 294-4932

520 North La Brea Avenue  
Inglewood, CA 90302

*Spanish*

<http://www.aadapinc.org/>



\$: Accepts Medi-Cal

##### Cambodian Association of America (CAA)

###### Branch Office

(562) 424-6105

2501 Atlantic Avenue  
Long Beach, CA 90806

*Khmer, Spanish*

<http://www.cambodianusa.com/>



\$: Accepts Medi-Cal

*\*Parenting classes offered*

##### Asian American Drug Abuse Program (AADAP)

###### Indochinese Youth and Community Center (IYCC)

(310) 768-8064

14112 South Kingsley Avenue  
Gardena, California 90249

*Khmer, Vietnamese*

<http://www.aadapinc.org/>



\$: No cost

*\*Support programs available for  
CalFresh and employment  
applications*

##### Asian American Drug Abuse Program (AADAP)

###### Youth Outpatient Treatment

(310) 768-8018

13931 South Van Ness Avenue,  
Suite 202

Gardena, CA 90249

*Spanish*

<http://www.aadapinc.org/>



\$: Accepts Medi-Cal

##### Coastal Asian Pacific Islander Family Mental Health Center

(310) 217-7312

14112 S. Kingsley Dr.  
Gardena, CA 90249-3018

*Burmese, English, Korean,  
Taiwanese, Spanish, Cambodian,  
Khmer, Mandarin, Japanese,  
Tagalog, Vietnamese, Cantonese*

<http://dmh.lacounty.gov/wps/portal/dmh>



\$: Accepts Medi-Cal

*\*Offers group therapy, medication  
support, wellness activities, crisis  
intervention (1-800-854-7771)*

#### KEY

= Case Management  
 = Counseling/Therapy  
 = Outpatient Services

= Preventative Services  
 = Services Regardless of Immigration Status  
 = Call to Confirm Costs

## SOUTHERN CALIFORNIA

### SOUTH BAY

#### Service Planning Area 8

[Los Angeles County Consumer Resource Directory](#)  
[Los Angeles County Mental Health Provider Search Tool](#)  
[Los Angeles Outpatient Group Therapy Directory](#)

#### Los Angeles County Department of Mental Health - Mental Health Resources (Appendix A)

##### **Cambodian Association of America (CAA)**

###### **Main Office**

(562) 424-6105

2390 Pacific Avenue

Long Beach, CA 90806

*Khmer, Lao, Spanish, Thai,*

*Vietnamese*

<http://www.cambodianusa.com/>



Ⓢ: Accepts Medi-Cal

##### **Pacific Asian Counseling Services (PACS)**

###### **Main Office**

(310) 337-1550

8616 La Tijera Blvd., Ste. 200

Los Angeles, CA 90045

*Japanese, Spanish*

<http://pacsla.org/>



Ⓢ: Accepts Medi-Cal

##### **Tzu Chi Medical Center Wilmington**

(310) 323-6887

1355 Broad Ave.

Wilmington, CA 90744

*Cantonese, Mandarin, Spanish*

<http://www.tzuchimedicalfoundation.org/>



Ⓢ: Sliding scale available

*\*Only offers dental care and acupuncture services*

##### **Pacific Asian Counseling Services (PACS)**

###### **Long Beach Office**

(562) 424-1886

3530 Atlantic Ave., Ste. 210

Long Beach, CA 90807

*Khmer, Japanese*

<http://pacsla.org/>



Ⓢ: Accepts Medi-Cal

##### **SSG Occupational Therapy Training Program (OTTP-LA)**

###### **Los Angeles**

(310) 323-6887

19401 S. Vermont Ave., #A200

Torrance, CA 90502

*Spanish*

[www.ottp.org](http://www.ottp.org)



Ⓢ: Accepts Medi-Cal

*\*Limited services for individuals without insurance*

##### **United Cambodian Community (UCC)**

(562) 433-0564

2201 E. Anaheim Street, Suite 200

Long Beach, CA 90804

*Khmer*

<http://www.ucclb.org/>



Ⓢ: No cost

*\*Offers first aid mental health training, citizenship classes, enrollment services for health and food, wellness programs, and youth programs; will refer clients to mental health providers in Long Beach*

#### KEY

= Case Management

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= Preventative Services

= Services Regardless of Immigration Status

= Call to Confirm Costs

## SOUTHERN CALIFORNIA

### SOUTH BAY

#### Service Planning Area 8

[Los Angeles County Consumer Resource Directory](#)

[Los Angeles County Mental Health Provider Search Tool](#)

[Los Angeles Outpatient Group Therapy Directory](#)

Los Angeles County Department of Mental Health - Mental Health Resources (Appendix A)

#### Asian American Drug Abuse Program (AADAP)

##### Long Beach Counseling

(562) 218-9530

1360 E. Anaheim Street, Ste 205

Long Beach, CA 90813

*Khmer*

<http://www.aadapinc.org/>



⌘: Accepts Medi-Cal

#### Long Beach Asian Pacific Islander (API) Family Mental Health Center

(562) 346-1100

4510 East Pacific Coast Hwy,

Suite 600

Long Beach, CA 90804

*Chinese, Khmer, Japanese,*

*Korean, Laotian, Samoan,*

*Sinhala, Tagalog, Vietnamese*

[www.dmh.lacounty.gov](http://www.dmh.lacounty.gov)



⌘: Accepts Medi-Cal; Sliding scale available

*\*Offers full service partnership*

*(FSP) services; housing,*

*employment and DPSS programs*

*assistance*

#### KEY

= Case Management

= Counseling/Therapy

= Outpatient Services

= Preventative Services

= Services Regardless of Immigration Status

= Call to Confirm Costs



## SOUTHERN CALIFORNIA

### ORANGE COUNTY

#### Orange County Mental Health Plan Provider List

[Arabic](#) | [Farsi](#) | [English](#) | [Korean](#) | [Spanish](#)

##### Asian American Drug Abuse Program (AADAP)

###### Long Beach Counseling

(562) 218-9530

1360 E. Anaheim Street, Ste 205

Long Beach, CA 90813

*Khmer*

<http://www.aadapinc.org/>



💰: Accepts Medi-Cal

##### Korean Community Services (KCS)

###### Buena Park Office

(714) 449-1125

7212 Orangethorpe Ave., Suite 9A

Buena Park, CA 90621

*Korean, Tagalog*

<http://www.koreancommunity.org>



💰: Accepts Medi-Cal;  
Sliding scale available

##### The Cambodian Family Community Center

(714) 571-1966

1626 E. 4th Street

Santa Ana, CA 92701

*Khmer, Spanish*

<http://cambodianfamily.org/>



💰: No cost

*\*Offers community activities, support groups and Khmer interpretation services for medical appointments*

##### SSG Asian Pacific Aids Intervention Team (APAIT),

###### Division of SSG

###### Orange County Office

(714) 636-1349

12900 Garden Grove Blvd,

Suite 225B

Garden Grove, CA 92843

*Spanish, Vietnamese*

<http://apaitonline.org/>



💰: Accepts Medi-Cal; Sliding scale available

*\*Medical & non-medical counseling, free group/individual therapy (call for eligibility requirements), housing services, PREP navigation services, HIV testing & counseling, retention services, educational programs*

##### Korean Community Services (KCS)

###### Irvine Office

###### (Korean American Center)

(949) 535-3338

18 Truman St., #208

Irvine, CA 92620

*Korean*

<http://www.koreancommunity.org>



💰: Accepts Medi-Cal;  
Sliding scale available

##### Orange County Asian and Pacific Islander Community Alliance (OCAPICA)

(714) 636-9095

12912 Brookhurst Street  
Suites 400, 410, 480

Garden Grove, CA 92840

*Vietnamese, Korean, Tagalog,*

*Samoan, Khmer, Cantonese,*

*Mandarin, Japanese, Spanish,*

*Hmong and other API languages*

<http://ocapica.org/>



💰: Accepts Medi-Cal; No cost short/long term mental health and rehabilitation services for clients living in OC

*\*Offers workshops, support groups, individual counseling, family counseling, housing assistance, education assistance, employment support, and peer-to-peer support*

#### KEY

= Case Management

= Counseling/Therapy

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= Preventative Services

= Services Regardless of Immigration Status

= Call to Confirm Costs

## SOUTHERN CALIFORNIA

### SAN DIEGO COUNTY

#### [San Diego County Behavioral Health Services Provider Directory](#)

##### **Center for Community Counseling and Engagement**

(619) 594-4918  
4283 El Cajon Blvd., Suite 215  
San Diego, CA 92105

Arabic, Mandarin, Spanish,  
Vietnamese

<http://www.centerforcommunitycounseling.org/>



Ⓢ: Sliding scale available

##### **Union of Pan Asian Community (UPAC)**

###### **Addiction, Treatment & Recovery Programs**

(619) 521-5720  
3288 El Cajon Blvd., Suite #13  
San Diego, CA 92104

Spanish, Vietnamese

<http://www.upacsd.com/>



Ⓢ: Accepts Medi-Cal;  
Sliding scale available

\*Limited case management and  
counseling services

##### **Union of Pan Asian Community (UPAC)**

###### **Elder Multicultural Access and Support Services (EMASS)**

###### **Outpatient Services - El Cajon**

(619) 749-5560  
175 W. Lexington Ave,  
Sites B & C

El Cajon, CA 92020

Arabic

<http://www.upacsd.com/>



Ⓢ: No cost

\*Intervention based programs  
focused on providing individuals  
ages 60+ with resources/referrals on  
mental health services

##### **Union of Pan Asian Community (UPAC)**

###### **Alliance for Community Empowerment (ACE) Program**

(562) 218-9530  
5348 University Avenue, Ste. 202  
San Diego, CA 92105

Karen, Khmer, Somali, Spanish

<http://www.upacsd.com/>



Ⓢ: No cost

\*Offers teen and parent  
empowerment programs and grief  
support programs

##### **Union of Pan Asian Community (UPAC)**

###### **Adult Mental Health Services**

(619) 229-2999  
5348 University Avenue, Ste. 101  
San Diego, CA 92105

Burmese, Karen, Korean, Lao,  
Tagalog, Vietnamese

<http://www.upacsd.com/>



Ⓢ: Accepts Medi-Cal

\*Offers medication management  
support

##### **Union of Pan Asian Community (UPAC)**

###### **Elder Multicultural Access and Support Services (EMASS)**

###### **Outpatient Services - Escondido**

(760) 233-1984  
200 North Ash Street, Suite 100  
Escondido, CA 92027

Arabic, Somali, Spanish, Tagalog

<http://www.upacsd.com/>



Ⓢ: No cost

\*Intervention based programs  
focused on providing individuals  
ages 60+ with resources/referrals on  
mental health services

#### KEY

= Case Management

= Counseling/Therapy

= Outpatient Services

= Preventative Services

= Services Regardless of Immigration Status

= Call to Confirm Costs

## SOUTHERN CALIFORNIA

### SAN DIEGO COUNTY

#### San Diego County Behavioral Health Services Provider Directory

##### **Union of Pan Asian Community (UPAC)**

**East Wind Clubhouse**  
(858) 268-4933  
8745 Aero Drive, Suite 330  
San Diego, CA 92123  
*Hmong, Khmer, Korean, Vietnamese*  
<http://www.upacsd.com/>



Ⓢ: Accepts Medi-Cal;  
Sliding scale available

##### **Union of Pan Asian Community (UPAC)**

**Main Office**  
(619) 232-6454  
1031 25th Street  
San Diego, CA 92102  
*Vietnamese*  
<http://www.upacsd.com/>



Ⓢ: Accepts Medi-Cal  
*\*Only offers services for children*

##### **Union of Pan Asian Community (UPAC)**

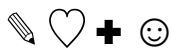
**Positive Solutions Program**  
(619) 238-1783  
9360 Activity Road, Suite B  
San Diego, CA 92126  
*Farsi, Mandarin, Spanish, Vietnamese*  
<http://www.upacsd.com/>



Ⓢ: No cost  
*\*Intervention programs to aid individuals ages 60+ who have depression or are at risk for depression*

##### **Union of Pan Asian Community (UPAC)**

**Multicultural Community Counseling**  
(619) 578-2211  
5296 University Avenue, Suite F2  
San Diego, CA 92105  
*Cantonese, Spanish, Vietnamese*  
<http://www.upacsd.com/>



Ⓢ: Accepts Medi-Cal

#### **KEY**

= Case Management

= Counseling/Therapy

= Outpatient Services

= Preventative Services

= Services Regardless of Immigration Status

= Call to Confirm Costs

# MENTAL HEALTH RESOURCES



Prepared by:

County of Los Angeles - Department of Mental Health (DMH)

Prevention Bureau Administration

Created March 2018



# Los Angeles County Service Planning Areas



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## SERVICE AREA NAVIGATION TEAMS

Service Area Navigation Teams may be called upon to assist individuals or families in identifying the appropriate type or level of mental health services provided in their local community. They have familiarity with and the capacity to make appropriate linkages to the wide array of services and supports.

Service Area	Children (0-15)	TAY Youth (16-25)	Adult (26-59)
1	Salem Redding Ph: (661) 223-3816 Fx: (661) 537-2937	Salem Redding Ph: (661) 223-3816 Fx: (661) 537-2937	Angela Coleman Ph: (661) 223-3813 Fx: (661) 537-2937
2	Fang (Colin) Xie Ph: (818) 610-6729 Fx: (818) 347-8738	Terica Roberts Ph: (213) 922-8132 Fx: (818) 347-8738	Darrell Scholte Ph: (818) 610-6705 Fx: (818) 347-8736 Michele Rendrow Ph: (818) 610-6724 Fx: (818) 347-8736
3	Vanessa Torres Ph: (626) 430-2948 Fx: (626) 331-0121	Socorro Ramos Ph: (626) 430-2949 Fx: (626) 331-0121	Eugene Marquez Ph: (626) 430-2915 Fx: (626) 331-0121
4	Luz Smith Ph: (213) 922-8123 Fx: (213) 680-3225	Christina Padilla Ph: (213) 922-8132 Fx: (213) 680-3225	Phyllis Moore-Hayes Ph: (213) 922-8129 Fx: (213) 680-3225
5	Jeong Min Rhee Ph: (310) 482-6610 Fx: (310) 313-0813	Jeong Min Rhee Ph: (310) 482-6610 Fx: (310) 313-0813	Samantha Howard Ph: (310) 482-6617 Fx: (310) 313-0813 Kim Phan (310) 482-6616 Fx: (310) 313-0813
6	Dana Calloway Ph: (213) 738-2401 Fx: (213) 351-7747	Jasminder Chahal Ph: (213) 435-3362 Fx: (562) 929-4540	Perla Cabrera Ph: (213) 738-3313 Fx: (213) 351-7747
7	Cheryl Lopez Ph: (213) 738-2900 Fx: (213) 384-0729	Cheryl Lopez Ph: (213) 738-2900 Fx: (213) 384-0729	Alicia Ibarra Ph: (213) 738-6150 Fx: (213) 384-0729
8	Apreil Hagerty Ph: (562) 256-1280 Fx: (562) 290-1230	Emily Serna Ph: (562) 256-1277 Fx: (562) 290-1230	Jenny Nguyen Ph: (562) 256-1278 Fx: (562) 290-1230 Trisha Deeter Ph: (562) 256-1279
Countywide Authorization Contact	CSOC Rebeca Hurtado Ph: (213) 739-5491 Fx: (213) 252-0238	TAY Karen Sidney Ph: (213) 738-2027 Fx: (213) 351-6571	ASOC Hosun Kwon Ph: (213) 639-6734 Fx: (213) 427-6178

Mental Health Resources 3



# RESOURCES

Emergency & Non-Emergency Helpline: 24 hours/7 days 1-800-854-7771

Department of Mental Health website: <http://dmh.lacounty.gov>

Mental Health Resources 4



## LOS ANGELES COUNTY HELPFUL HOTLINES

<p><b>211 LA County</b> Access to information about community, social, health and government services in Los Angeles County.</p>	<p>2-1-1 <a href="http://www.211la.org">http://www.211la.org</a></p>
<p><b>Access Center</b> The Department of Mental Health ACCESS Center provides mental health referrals, linkage resources, and crisis intervention in Los Angeles County.</p>	<p>(800) 854-7771 <a href="http://dmh.lacounty.gov">http://dmh.lacounty.gov</a></p>
<p><b>Department of Children and Family Services (DCFS) – Child Abuse Hotline</b> Hotline to report child abuse, obtain the name of the assigned social worker, or references.</p>	<p>(800) 854-4000 <a href="http://dcfs.lacounty.gov">http://dcfs.lacounty.gov</a></p>
<p><b>National Suicide Hotline</b></p>	<p>English (800) 273-8255 Spanish (800) 628-9454</p>
<p><b>The Warm Line (Local Line)</b></p>	<p>Weekdays/Días de Semana 5pm-10pm English (888) 448-9777 Spanish (877) 448-4055</p>
<p><b>Domestic Violence</b> Assistance in finding shelter</p>	<p>(800) 978-3600 <a href="http://dsvs.lacounty.gov/wps/portal/dsvs/main/programs-and-services/specialized-supportive-services/domestic-violence/">http://dsvs.lacounty.gov/wps/portal/dsvs/main/programs-and-services/specialized-supportive-services/domestic-violence/</a></p>
<p><b>Department of Public Social Services</b> To apply for Cash aid (CalWorks), Medi-Cal, and/or Food Stamps (Cal Fresh)</p>	<p>(866) 613-3777/(877) 597-4777 <a href="http://dps.lacounty.gov/www/portal/dps">http://dps.lacounty.gov/www/portal/dps</a></p>
<p><b>Social Security Administration</b> Provides information on how to apply for Survivorship Benefits, Supplemental Security Income, and Social Security Dependent's Benefits.</p>	<p>(800) 772-1213 <a href="http://www.ssa.gov">http://www.ssa.gov</a></p>
<p><b>Kind-GAP, Foster Care Benefits (Youakim), and AAP</b> Cash aid available for those providing care to children in the foster care system.</p>	<p>(888) 694-7263 <a href="http://dcfs.co.la.ca.us/kinshippublic/default.html">http://dcfs.co.la.ca.us/kinshippublic/default.html</a></p>
<p><b>Los Angeles County Housing</b> Los Angeles County Housing Resource Center was created to help people list and find affordable, special-needs, accessible, and emergency housing within the County of Los Angeles.</p>	<p>(877) 428-8844 <a href="http://housing.lacounty.gov/">http://housing.lacounty.gov/</a></p>
<p><b>Women, Infants, and Children (WIC)</b> Assistance with food vouchers issued to parents/caregivers of children under the age of 5.</p>	<p>(888) 942-9675 <a href="http://www.fns.usda.gov/wic/women-infants-and-children-wic">http://www.fns.usda.gov/wic/women-infants-and-children-wic</a></p>
<p><b>Substance Abuse</b> Assistance in finding substance abuse treatment programs.</p>	<p>(800) 564-6600 press 4 for assistance <a href="http://publichealth.lacounty.gov/saps/">http://publichealth.lacounty.gov/saps/</a></p>
<p><b>Regional Center</b> Regional centers are nonprofit/private corporations that provide or coordinate services and supports for individuals with developmental disabilities.</p>	<p>(213) 383-1300 <a href="http://www.rds.ca.gov/RC/RCList.cfm">http://www.rds.ca.gov/RC/RCList.cfm</a></p>

## LOS ANGELES COUNTY MENTAL HEALTH CLINICS

Our Directly County Operated clinics provide regular outpatient services and some in-home services for clients with Medi-Cal, no insurance, and sliding scale. Intakes are done in person at the clinic, for more information please call the phone number provided and ask for the Intake Department or Officer of the Day. For additional clinics in your area, contact your corresponding Service Area Navigator, listed on page 3 or search by zip code at <http://lcmh.lacounty.gov>.

Service Area 1 - Antelope Valley			
Antelope Valley MHS	Adults	349-A East Avenue K-6 Lancaster, CA 93535	661-723-4260
Palmdale MHC	Adults	1529 E. Palmdale Boulevard, Suite 150 Palmdale, CA 93550	661-575-1800
Antelope Valley Wellness & Enrichment Center	Adults	251 East Avenue K-6 Suite H Lancaster, CA 93535	661-974-8400
Service Area 2 - San Fernando Valley			
San Fernando MHC	Adults & Children	10605 Balboa Boulevard, Suite 100 Granada Hill, CA 91344	818-832-2400
Santa Clarita Valley MHC	Adults	23501 Cinema Dr. Valencia, CA 91355	661-288-4800
Valley Coordinated Clinic	Children (crisis mostly)	19231 Victory Blvd. Suite 110 Reseda, CA 91335	(818) 708-4500
West Valley MHC	Adults	7621 Canoga Avenue Canoga Park, CA 91304	818-598-6900
Service Area 3 - San Gabriel Valley			
Arcadia MHC	Adults	330 Live Oak Avenue Arcadia, CA 91006	626-821-5858
East San Gabriel Valley MHC	Adults	1359 N. Grand Avenue Covina, CA 91724	626-430-2900
Service Area 4 - Metro			
Hollywood MHC	Adults	1224 North Vine Street Los Angeles, CA 90038	323-769-6100
Northeast MHC	Adults	5321 Via Marisol Los Angeles, CA 90042	323-478-8200
Downtown MHC	Adults	529 S. Maple Avenue Los Angeles, CA 90013	213-430-6700
Service Area 5 - West			
Edelman Westside MHC - Child	Children	11303 W. Washington Blvd. Suite 200 Los Angeles, CA 90066	310-482-3200
Edelman Westside MHC - Adult	Adults	11303 W. Washington Blvd. Suite 200 Los Angeles, CA 90066	310-482-3200

**Service Area 6 - South**

AFH - Family MHS	Adults	1720 E. 120th Street Los Angeles, CA 90059	310-668-4272 310-668-4273
AFH-Family MH- Children	Children	1721 E. 120th Street Los Angeles, CA 90059	310-668-4272 310-668-4273
Compton Family MHS	Adults & Children	921 E. Compton Blvd. 1st Fl Compton, CA 90221	310-668-6800
West Central Family MHS	Adults	3751 Stocker Street Los Angeles, CA 90008	323-298-3680

**Service Area 7 - East**

American Indian Counseling Center	Adults & Children	17707 Studebaker Road Cerritos, CA 90701	562-402-0677
Rio Hondo Community MHC	Adults	17707 Studebaker Road Cerritos, CA 90703	562-402-0688
Rio Hondo Centro de Bienestar - Wellness Center	Adults	2677 Zoe Ave. Suite 301 Huntington Park CA 90255	323-826-6300
Roybal Family MHS	Children	4701 Cesar E. Chavez Ave Los Angeles, CA 90022	323-267-3400
San Antonio MHC	Children	2629 Clarendon Ave Huntington Park, CA 90255	323-584-3700

**Service Area 8 - South Bay**

Harbor UCLA Adult	Adults	1001 W. Carson Street Torrance, CA 90509	310-222-2345
Harbor UCLA Child & Adolescent	Children	1000 W. Carson Street Torrance, CA 90509	310-222-3110
Long Beach Child & Adolescent	Children	2000 Redondo Avenue 6th Fl Long Beach, CA 90806	562-256-2906
Long Beach Adult MHS	Adult	2600 Redondo Avenue 3rd Fl Long Beach, CA 90806	562-256-2900
San Pedro MHS	Adult	150 W. 7th Street San Pedro, CA 90731	310-519-6100
South Bay MHS	Adult	2331 W. El Segundo Blvd Hawthorne, CA 90250	323-241-6730
Coastal API Family MHC	Adults & Children	14112 S. Kingsley Drive Gardena, CA 90249	310-217-7312
Long Beach API Family MHC	Adults	4530 E. Pacific Coast Hwy Long Beach, CA 90804	562-346-1100
TIES for Families	Children	21081 S. Western Ave. Suite. 295 Torrance, CA 90501	310-533-6600

## Birth to 5 Mental Health Coordinators

Birth to 5 Mental Health coordinators are DMH employees that can also assist you in finding mental health resources in your community that service birth to 5 year olds.

SA	Birth-5 COORDINATORS	EMAIL
1	Cathy DeGennaro (661) 942-4216	<a href="mailto:cdegennaro@dmh.lacounty.gov">cdegennaro@dmh.lacounty.gov</a>
2	Harvey Canter (818) 904-8801	<a href="mailto:hcanter@dmh.lacounty.gov">hcanter@dmh.lacounty.gov</a>
3	Patricia Osegueda (626) 430-2933	<a href="mailto:Possegueda@dmh.lacounty.gov">Possegueda@dmh.lacounty.gov</a>
4	Diann Kaahea (213) 763-3161	<a href="mailto:dkaahea@dmh.lacounty.gov">dkaahea@dmh.lacounty.gov</a>
5	Dana Vines (310) 482-6608	<a href="mailto:dvines@dmh.lacounty.gov">dvines@dmh.lacounty.gov</a>
6	Sacha Dovick (323) 418-4200 — Michelle Moran (323) 418-4221	<a href="mailto:sdovick@dmh.lacounty.gov">sdovick@dmh.lacounty.gov</a>  <a href="mailto:mmoran@dmh.lacounty.gov">mmoran@dmh.lacounty.gov</a>
7	Cynthia Z. Marinero (213) 926-0421	<a href="mailto:cmarinero@dmh.lacounty.gov">cmarinero@dmh.lacounty.gov</a>
8	April Hagerty (562) 256-1280 — Lisa Aithen (310) 533-6600	<a href="mailto:ahagerty@dmh.lacounty.gov">ahagerty@dmh.lacounty.gov</a>  <a href="mailto:lathen@dmh.lacounty.gov">lathen@dmh.lacounty.gov</a>



# HEALTH

## COUNTY HOSPITALS

<b>Harbor UCLA Medical Center</b>	1000 W. Carson St. Torrance, CA 90509 (310) 222-2345 Psychiatric Urgent Care 310-222-8113 Pediatric Emergency
<b>LAC/USC Medical Center</b>	1200 North State Street Los Angeles, CA 90033 (323) 226-2622
<b>Martin Luther King Jr. Multi-Service Outpatient Care Center</b>	(No Emergency Room, but several clinics for regular check-up) 12021 South Wilmington Ave. Los Angeles, CA 90059 (310) 668-4321
<b>Olive View UCLA Medical Center</b>	14445 Olive View Dr. Sylmar, CA 91342 (818) 364-1555

## FAMILY MEDICINE

<b>Service Area 1</b> Anelope Valley Health Center 335-B E. Ave. K-6 Lancaster, CA 93535 (562) 471-4000	<b>Service Area 2</b> Glendale Health Center 501 N. Glendale Avenue Glendale, CA 91206 (818) 291-8900	<b>Service Area 6</b> Martin Luther King, Jr. Outpatient Center 1670 East 120th Street Los Angeles, CA 90059 (310) 668-4321 (424) 538-3000
<b>Service Area 1</b> South Valley Health Center 38350 40 <sup>th</sup> Street East Palmdale, CA 93550 (661) 471-4000	<b>Service Area 2</b> Mid-Valley Comprehensive Health Center 7515 Van Nuys Blvd. Van Nuys, CA 91405 (818) 427-3000	<b>Service Area 6</b> Hubert Humphrey Comprehensive Health 5850 S. Main Street Los Angeles, CA 90008 (323) 897-6000
<b>Service Area 1</b> High Desert Regional Health Center 335 East Avenue I Lancaster, CA 93535 (661) 471-4000	<b>Service Area 3</b> La Puente Health Center 15930 Central Ave. La Puente, CA 91764 (626) 986-2900	<b>Service Area 7</b> Bellflower Health Center 20005 E. Flower Street Bellflower, CA 90706 (562) 526-3000
<b>Service Area 1</b> Littlerock Community Clinic 8201 Pearlblossom Hwy. Littlerock, CA 93543 (661) 471-4000	<b>Service Area 3</b> El Monte Comprehensive Health Center 10953 Ramona Blvd. El Monte, CA 91731 (626) 434-2500	<b>Service Area 7</b> Edward R. Roybal Comprehensive Health Center 245 S. Fetterly Avenue Los Angeles, CA 90022 (323) 362-1010
<b>Service Area 1</b> Lake Los Angeles Community Clinic 16921 E. Avenue O, Space G Lake Los Angeles, CA 93535 (661) 471-4000	<b>Service Area 6</b> H. Claude Hudson Comprehensive Health 2829 S. Grand Ave. Los Angeles, CA 90007 (213) 744-3750	<b>Service Area 8</b> Long Beach Comprehensive Health Center 1333 Chestnut Ave. Long Beach, CA 90813 (562) 753-7300
<b>Service Area 2</b> San Fernando Health Center 1212 Pico Street San Fernando, CA 91340 (818) 627-4777	<b>Service Area 6</b> Dollardale Health Center 1308 N. Olive Ave. Compton, CA 90222 (310) 763-2244 (424) 338-1800	<b>Service Area 8</b> Wilmington Health Center 1325 Broad Ave. Wilmington, CA 90744 (310) 404-3040

Mental Health Resources B

## FOOD & CLOTHING: IN THE GREATER LOS ANGELES AREA

Service Area 1	<b>Early Bird Breakfast</b> New Beginnings Outreach 45354 Sierra Hwy Lancaster (661) 940-3330	Monday-Thursday 8:00am Food Only
Service Area 1	<b>Salvation Army</b> 45001 N. Beech Ave Lancaster, CA (661) 948-3418	Free Clothing Monday-Friday 8:00am-5:00pm Hot Meals T, W, F 11am-Noon Emergency Food (Groceries) 3x a year only Wednesdays only 9:00-10:30am Every 4 <sup>th</sup> Monday of the Month a food bank 12noon-2:00pm Need to bring your own bags
Service Area 1	<b>SAVES</b> 1002 East Avenue Q12, Palmdale, CA (661) 267-5191	Monday-Thursday (once a week obtain groceries) 8:00am-5:00pm
Service Area 2	<b>Guadalupe Community Center</b> 23600 Hart St. Canoga Park, CA 91303 (213) 251-3549	Monday, Wednesday, & Friday 9:00am- 12noon Food Only **Bring proof of residency (where you live)
Service Area 2	<b>Leaves and Fishes II</b> 14640 Keswick St Van Nuys, CA 91405 (818) 997-0943	Monday, Wednesday, Friday 10:00am- 1:30pm Emergency food, clothing, bus tokens, information and referrals.
Service Area 2	<b>M.E.N.D.</b> 13460 Van Nuys Blvd. Pacoima, CA (818) 897-2443 or (818) 896-0246	Food and Clothing Contact: Erika Iwanos
Service Area 3	<b>Altadena Seventh-day Adventist Church</b> 2609 N. Lincoln Avenue Altadena, CA 9100 626-794-3553	Tuesdays, Thursdays, Sundays 10:00am- 12noon Food Only
Service Area 3	<b>Our Saviour Center</b> 4368 Santa Anita El Monte, CA 91731 626-579-1191	Food Bank Tuesdays and Thursdays 10:00am-1:00pm **Bring picture ID for proof of address, income, and proof of children
Service Area 4	<b>All People Christian Center</b> 822 E. 20th Street Los Angeles, CA. 90013 (213) 747-6357	At least 2 bags of groceries once a month, Friday Noon-5:00pm
Service Area 4	<b>Inmanuel Presbyterian Church</b> 3300 Wilshire Blvd Los Angeles, CA. 90010 (213) 389-3191	At least one bag of groceries once a month, Saturdays 9:30am-11:30am
Service Area 4	<b>St. Francis Center</b> 1835 Hope Street Los Angeles, CA. 90015 (213) 747-5347	45 lbs. of groceries once a week, Tuesday- Saturday 11:00am-12:30pm

Service Area 4	<b>St. Mary's Center</b> 4665 Willow Brook Ave. Los Angeles, CA. 90029 (323) 662-4391	Monday-Friday 10:00am-3:00pm Food and Clothing
Service Area 5	<b>Faith Tabernacle Church Pantry</b> 2147 Purdue Avenue, Los Angeles, CA 90025 310-473-3135	Sunday 12:30-2:00pm Food Only
Service Area 5	<b>Feeding &amp; Teaching</b> 2210 Lincoln Blvd., Venice, CA 90291 (213) 260-1082	Sunday 12noon- 12:30pm **Please call prior to referring client
Service Area 6	<b>St. Lawrence Family Food Pantry</b> 10122 Compton Ave. LA, CA 90002 323-567-1439	Tues & Thurs 7:00-8:00am **must live in the area, need to bring picture ID or a bill with home address
Service Area 6	<b>Holy Cross Community Center</b> 104 W 47th Pl. LA, CA 90037 (cross street Main) (323) 232-3333	Monday, Wednesday & Friday 8:30-11:00am Food Only
Service Area 6	<b>My Friend's House</b> 3533 W 58th Pl. LA, CA 90043 (323) 292-4939	Wednesdays 9:00-11:00am
Service Area 7	<b>Salvation Army Crops Community Center</b> 7926 S. Pickering Ave Whittier CA 90602 (562) 698-8348	Food Bank Monday-Friday 1:00-2:45pm **must live in the area, need to bring picture ID or a bill with home address
Service Area 7	<b>Salvation Army Crops Community Center</b> 12000 E. Washington Blvd. Santa Fe Springs, CA (562) 696-9562	Food Bank Tuesday, Wednesday & Thursdays 1:00-4:00pm **must live in the area, need to bring picture ID or a bill with home address
Service Area 8	<b>Catholic Charities</b> 123 East 14th Street, Long Beach, CA 90813 (562) 591-1351	Monday-Friday 9:00am-12noon Food and Clothing
Service Area 8	<b>Salvation Army</b> 455 E Spring St, Long Beach, CA 90806 (562) 426-7637	Tuesdays-Thursdays 8:00am-12noon Food and Clothing
Service Area 8	<b>Harbor Interfaith</b> 670 W 9th Street San Pedro, CA 90731 (310) 831-0603	Monday-Friday 8:00am-5:00pm Different Services provided at this location

## LEGAL AID SERVICES IN LOS ANGELES COUNTY

Agency	Address	Contact Information	Description of Services
Center For Human Rights and Constitutional Law	256 S. Occidental Blvd. Los Angeles, CA 90057	(213) 388-8693 #307 centerforhumanrights.org	Assist with work permits & green card procedures. <b>Unaccompanied Minors project</b>
Central American Resource Center (CARECEN)	2845 West 7th Street, Los Angeles, CA 90005	(213) 385-7800 carecen-la.org	Citizenship, Permanent Residency, Renewal of Work Permit, Immigrating Family Members, Asylum, DACA
El Rescate (The Rescue)	1501 W. 8th St. Los Angeles, Ca. 90017	(213) 387-3284 elrescate.org	Free case consultation, immigration law, asylum
Esperanza Immigrant Rights Project	1530 James M. Wood Blvd, Los Angeles, CA 90015	(213) 251-3505 esperanza-la.org	Immigration law, current focus only on <b>Unaccompanied Minors</b>
Immigration Center for Women & Children	634 S. Spring Street Los Angeles, CA 90014	(213) 614-1165 icwlaw.org	DACA, ICWC, LOPC, SIS, VAWA, T-visa, U-visa
Kids in Need of Defense (KIND)	350 S. Grand Ave., 32nd Floor Los Angeles, CA 90071	(213) 892-2043 supportkind.org	Adjustment of status, asylum application, removal hearings, Special Immigrant, Juvenile Status, T-visa, U-Visa
LACBA Immigration Legal Assistance Project	300 N. Los Angeles Street Los Angeles, CA 90012	(213) 485-1873 lacba.org	Immigration law, legal referrals
Legal Aid Foundation of Los Angeles	1102 Crenshaw Blvd. Los Angeles, CA 90019	(800) 399-4529 (toll) lafla.org	Citizenship, Permanent Residency, renewal of Work Permit, Immigrating Family Members
Los Angeles Center for Law and Justice	1241 S. Soto Street Los Angeles, CA 90023	(323) 980-3500 lacj.org	<b>Undocumented Minors</b> and survivors of interpersonal violence, DACA, U Visa, VAWA
Neighborhood Legal Services of Los Angeles County	6230 Sylmar Avenue Van Nuys, CA 91401	(800) 433-6251 (800) 896-3203 nlsc.org	Housing, Health, Economic Security, Access to Justice
Public Counsel	610 S. Ardmore Avenue Los Angeles, CA 90005	(213) 385-2977 publiccounsel.org	The largest pro bono law firm in the nation
Southwestern Law School Immigration Law Clinic	3050 Wilshire Blvd. Los Angeles, CA 90010	(213) 738-5710 legalclinic@swlaw.edu	Three clinics for Children's Rights, Immigration Law Clinic
USC Gould School of Law - Immigration Clinic	699 Exposition Blvd. Los Angeles, CA 90089	(213) 740-7331 <a href="http://law.usc.edu">http://law.usc.edu</a>	Pro bono work. Representation to clients in various immigration cases, asylum application for relief under VAWA.



## ADDITIONAL RESOURCES

<p><b>Los Angeles County Office of Education</b>            9300 Imperial Highway            Downey, CA 90242-2890            (562) 922-6111  <a href="http://www.lacoe.edu/home.aspx">www.lacoe.edu/home.aspx</a></p>	<p>Get assistance with children/adolescent problems at school. Will be directed to the right office in the right school district.</p>
<p><b>Public School Directory</b>  <a href="http://www.lacoe.edu/portals/5/lacoe/7013_public_schools_directory.pdf">www.lacoe.edu/portals/5/lacoe/7013_public_schools_directory.pdf</a></p>	<p>Provides information regarding important phone numbers for different departments in Office of Education such as Special Education and Charter Schools.</p>
<p><b>Gang Reduction and Youth Development (GRYD)</b>            Los Angeles County</p> <p>The GRYD Office            City of Bell            (213) 473-7795  <a href="http://www.grydfoundation.org">www.grydfoundation.org</a></p>	<p>GRYD is a multiyear initiative managed by the Los Angeles Mayor's Office. Program objectives are to reduce crime and violence associated with street gangs through the implementation of three core program components: Prevention, Intervention, and Crisis Management. Services are provided throughout Los Angeles County through community agencies.</p>
<p><b>Resettlement Agencies (RA)</b>  <a href="http://www.acf.hhs.gov/programs/civ/resource/voluntary-agencies">www.acf.hhs.gov/programs/civ/resource/voluntary-agencies</a></p>	<p>RAs provide resettlement assistance and sponsorship to refugees entering the United States. The RAs provide services such as reception, basic orientation, counseling, food, shelter and health services to refugees. This website has information regarding several of these agencies.</p>
<p><b>U.S. Immigration</b>  <a href="http://www.immigrationdirect.com">www.immigrationdirect.com</a></p>	<p>Information about applying for visas, green cards, and citizenship. This website is a great tool to obtain direct information about forms, how to complete forms, and where to go with questions. Information in Spanish and English.</p>
<p><b>U.S. Citizenship and Immigration Services</b>  <a href="http://www.uscis.gov/topic/green-card-resources/welcome-united-states">www.uscis.gov/topic/green-card-resources/welcome-united-states</a></p>	<p>Welcome to the United States: A Guide for New Immigrants            This guide contains practical information to help you settle into everyday life in the U.S. It also contains basic civics information and important forms.</p>
<p><b>CalMHSA</b>  <a href="http://calmhsa.org/">http://calmhsa.org/</a></p>	<p>CalMHSA offers various resources for clinicians and mental health consumers. They focus on suicide providing and stigma reduction. You can find various helpful resources on their website.</p>
<p><b>Bienestar Human Services, Inc.</b>  <a href="http://www.bienestar.org/eng/page/29/Home-Page.html">http://www.bienestar.org/eng/page/29/Home-Page.html</a>            Hollywood Center            4955 Sunset Boulevard            Los Angeles, CA 90027            323-660-9680</p>	<p>Offers support groups &amp; individual counseling for gay, lesbian, transgender and HIV positive persons (English and Spanish).</p>
<p><b>L.A. Gay &amp; Lesbian Center (LAGLC)</b>  <a href="https://laglccenter.org">https://laglccenter.org</a></p>	<p>Individual, couples, and group counseling, crisis intervention, short term psychotherapy, anger management, counseling for</p>

<p>1625 North Schrader Boulevard Hollywood, CA 90028 (323) 993-7500 (323)993-7669</p>	<p>substance abuse, domestic violence, and transgender issues, hormone therapy supervision, post-surgical care for transgender individuals, HIV services, lesbian health services, legal services, 12 step.</p>
<p><b>Los Angeles Gender Center</b> <a href="http://www.lagendercenter.com">http://www.lagendercenter.com</a> 1923 1/2 Westwood Blvd. Suite 2 Los Angeles CA 90025 (310) 475-8880</p>	<p>Psychotherapy for individuals, families and groups related to gender identity, sexual orientation and sexual health.</p>
<p><b>AIDS Project LA</b> <a href="http://www.apla.org">www.apla.org</a> 611 S. Kingsley Drive Los Angeles, CA 90005 (213) 201-1621</p>	<p>Counseling, psychotherapy, substance abuse services for individuals with HIV/AIDS.</p>
<p><b>Coalition to Abolish Slavery and Trafficking (CAST)</b> <a href="http://www.castla.org">http://www.castla.org</a> 5042 Wilshire Blvd. Suite 586 Los Angeles, CA 90036 213-365-2906 888-539-2173</p>	<p>The CAST staff assesses for emergency needs, such as food and shelter, followed by a comprehensive assessment and legal interview that also address safety. Attorneys then evaluate the legal needs and provide each client with the necessary information about their case.</p>
<p><b>National Alliance on Mental Illness (NAMI)</b> <a href="https://namisa.org">https://namisa.org</a> 1-800-950-NAMI (6264) Crisis Text Line: 741-741</p>	<p>NAMI, the National Alliance on Mental Illness, is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness.</p>



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